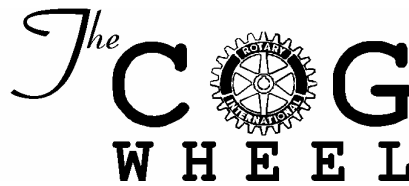


ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA

Visit our NEW Rotary Club of Winchester website at www.winchesterrotary.com

Rotary correspondence should be addressed to P.O. Box 412, Winchester, Virginia 22604

Chartered 1921

August 26, 2010

Calendar

August 26 - Board Meeting, 6-8 p.m., GW Hotel
September 14 - United Way of Caring, 9-5 p.m.
September 18 & 19 - Apple Harvest Arts & Crafts
September 23 - Board Meeting, 6-8 p.m., GW Hotel
September 30 - Member-Guest Shrimp Feed
October 1- Area 1, Shaggin' on the Shenandoah

Today's Program

Group Study Exchange (GSE) leader and Rotary Club of Frederick County member John Zimet will speak on his experience with the *GSE trip to Thailand*.

We Got Your Blood!

On August 9, Rotarians, family and friends donated 46 pints of blood. Tom Rockwood likened the donation of blood at the George Washington Hotel to that of being in Versailles. Special thanks to all the donors, the George Washington Hotel, and Tropical Smoothie.

SHAGGIN' ON THE SHENANDOAH

On October 2 from 12-5, head out to Area 1's fundraiser to benefit school reconstruction in Haiti. Enjoy North Carolina style BBQ while listening to Bill Deal's original Rhondels! More information on our website.

Cards Shower for Dick

Let's shower Dick Demorest with cards to let him know that his Rotary friends are thinking of him. Take a moment to send him a card...his address is P.O. Box 233, Clearbrook, VA 22624.



Last Week's Drawing

Dick Kent won the \$17 raffle but drew the 3 of Hearts and did not win the \$415 Jackpot. Dick immediately donated the money to our Care Package program. The Ace of Spades remains elusive...our jackpot today is \$432.



Last Week's Program

Chad Bales of the Winchester Group gave us a recap of the *Health Care Reform Act and how it will impact you and your business*. He

provided health care reform information that is already in effect and what is coming down the pike in September 2010. Some changes require additional information from the Department of Labor, IRS, and Health and Human Services. Make sure you know what restrictions and exclusion could affect you.



Golf Tournament

Our 11th Annual Golf Tournament is October 4, 2010 from Noon - 6:00 PM and will benefit NW Works' commercial kitchen at their new facility.



YOU CAN HELP MAKE A DIFFERENCE!

Contact Don Louque to learn about the benefits of sponsorship.

Sponsorships that are still available include:

- 2 Title/Major (\$750 includes a team)
- 1 Putting Green (\$500)
- Hole Sponsors (\$200)

Apple Harvest Arts and Crafts Festival

This event is in its 36th year and right around the corner! Considered an all hands on deck event, every club member should help out in some way and there are lots of ways to help. Sign up on the sheet that is passed around at every meeting or contact Bill Hotel at 662-1683. An estimated 6,000 people attend this event with over 100 vendors. Last year, we raised over \$17,000 for local charities. Please do your part and sign up to help!

Need to make-up an absence? Check out these area club meetings:

Clarke County - Wednesday Lunch - Episcopal Parish Hall - Noon
Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
Frederick County - Tuesday Breakfast - Shenandoah Univ. Cafeteria - 7:30 am
Front Royal - Friday Lunch - Houlihan's - Noon
Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
Leesburg - Thursday Evening - Rivercreek Country Club - 6:30 pm
Linden - Wednesday Breakfast, Apple House - 7:00 am

New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
Strasburg - Tuesday Noon - Strasburg Hotel - Noon
Warrenton - Thursday Lunch - Fauquier Springs - 12:15 pm
Winchester Latest - Tuesday Evening - Piccadilly Brew Pub - 6 pm
Woodstock - Wednesday Lunch - American Legion - 12:05 pm

Absentees: 8/19/2010

Calvin Allen	Bill Bayliss	Erik Beatley
Jonathan Brown	Cary Brubaker	Glenn Burdi
Paul Burkholder	Kevin Callanan	Julia Connell
John Copenhaver	Anthony Crosen	Sarah Dayw
Marie DiLorenzo	Lori Fountain	Phil Glaize
Michelle Harris	Hunter Hurt	Marc Jaccard
Jim Laidlaw	John Lamanna	Deborah Langfitt
Teri Lloyd	Dan Martin	Darla McCrary
Alan McKay	Dennis McLoughlin	Bob Mitchell
Kit Molden	Chris Northrup	Court Pifer
Ron Price	Ken Rice	Mary Riley
Tootie Rinker	Wilborn Roberson	Jim Robinson
Peter Schmitt	Taz Schultz	Roy Schwarz
Jeannie Shiley	Terry Sinclair	Dave Smith
Robert Spigner	Michael Stepniak	Richard Talbott
Carl Thomas	John Tyson	David Urso
Jim Webb	Stuart Williams	Wes Williams

Make-ups* (Date & Function Attended)
 Scott Arthur – 7/13, 7/20, 7/27 & 8/17 – Fred. Co.
 Scott Arthur – 8/10 – Rotary E-Club of SW USA
 Scott Arthur – 8/18 – Clarke County
 Sharen Gromling – 8/19 – Camp Fantastic
 Alex Iden – 8/11 – Clarke County
 John Lathrop – 8/18 – Clarke County
 Winston Lutz – 8/12 – Family Picnic Set-up
 Winston Lutz – 8/19 – Camp Fantastic
 Paige Manuel – 7/20 & 8/3 – Golf Committee Mtg.
 Kit Molden – 8/19 – Camp Fantastic
 Richard Reifsnnyder – 8/3 – Frederick County
 Richard Reifsnnyder – 8/3 – Winchester's Latest
 Don Stewart – 8/3 – Frederick County
 Patty Taylor – 8/17 – Frederick County
 Cheryl Thompson-Stacy – 8/18 – Community Ser. Mtg.

Turning in a Make-up?
 Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

Visitors Last Week

Rotarian Chelsea Hester from Winchester's Latest Phil Griffin III brought guest Jenny Brockwell

Camp Fantastic BBQ

Last week many of our members were at Camp Fantastic in Front Royal cooking our famous BBQ chicken for the campers.

Rotarians in the News

- - **Congratulations** to **Michelle Harris** for being honored as a Local Legend,
- - **Hunter Gaunt** was recognized for his work at the MSV
- - **Ben Weber** was just plain crazy and ran with the bulls in Spain

Rubbermaid Sale

The United Way Rubbermaid Product Sale will be held on Saturday, August 28, from 8am-12 noon, at the Belk parking lot in the Apple Blossom Mall. This month's sale will benefit the Adult Care Center. Products available are returned goods, discontinued products and slightly damaged items. For additional information contact the United Way of Northern Shenandoah Valley at 540-536-1610

An investment in knowledge always pays the best interest.

EVENT MAKE-UP CARD

Winchester Rotary Club

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)



WANT TO BE A WRITER?

We could use a couple more volunteer reporters to help with the Cog Wheel.

No glory, no pay...but it's a job that needs to be done every week!

Be a Hero...you won't need super powers - the ability to use spell-check is helpful (not a deal-breaker). Please contact Sue Rich or Chuck Gyauch.

Thank you Anne Lewis, Sharen Gromling and Kelly Rickert for becoming a part of our reporter pool!

Recycling in the yard. .

- ** One pound of red worms can consume half a pound of food waste every day.
- ** Each year, 12% of the yard trimmings produced are composted. Fallen leaves contain 50-80% of the nutrients that a tree extracts from the Earth. By composting them, we're helping the earth replenish itself.
- ** Recycling an average-size family's yard waste can make about 300-400 pounds of finished compost, or humus, a year.
- ** Thirty-five million tons of yard trimmings (including grass, leaves, and tree and brush trimmings) are generated in the U.S. annually.
- ** Grass makes up 70% of all yard waste. If grass clippings are short enough, they quickly decompose and supply the soil with nitrogen and carbon.
- ** When yard waste is buried in landfills, where there is not much oxygen, it releases methane gas, a powerful greenhouse gas that contributes to air pollution and global warming. Methane and other toxins can also condense into liquid and leach into groundwater.

President	Dick Helm
President-Elect	Marc Jaccard
Secretary	Darla McCrary
Treasurer	Don Louque, III

BOARD OF DIRECTORS

William Aikens, Fran Crawford, Rob Froggle, Anne Lewis, Dan Martin, Adrian O'Connor, Mary Riley, Tootie Rinker, Gene Schultz, Dave Smith, Ajay Virmani, Ed White

IMMEDIATE PAST PRESIDENT

Don Butler

Cog Wheel:

Dick Demorest, Sharen Gromling, Chuck Gyauch, Don Karolyi, Anne Lewis, Sue Rich, Kelly Rickert, Michael Whalton