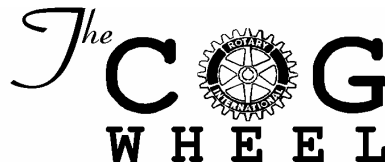


ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.winchesterrotary.com
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

March 22, 2012

Calendar

- TONIGHT-** Board Meeting at GW Hotel, 6 PM
March 24 - Interact planting seedlings, Friendship Park
March 24 - Kaleidoscope benefiting the **Boy Scouts**
May 19 - International Affair benefiting **Our Health, Inc.**

Today's Program



Rick Bragga from Boy Scouts (this year's Kaleidoscope beneficiary) will talk about the newest and 4th wonder of the high adventure world in scouting (according to Marc), the Summit Bechtel Family National Scout Reserve at New River Gorge, West Virginia!

Last Week's Program

Last week's program was a two-fer (actually, more like a .95/.05-fer). Delsie McCoy, a Health Educator for Valley Health's Wellness Services Department, shared some tips on healthy living - in a talk that could've been entitled, "Health Basics That You Probably Know But Will Wish You'd Taken to Heart" (The bottom line is that most of us should get our wills in order.) Seriously, how many people have to tell you to eat your fruits and vegetables and get off the couch (or out from behind your desk) for 30 minutes a day before you just do it! Part 2 of the program was a short presentation by Molly Farinholt and Marisa Madelina of the James Wood Interact members on their club's housing project in Haiti.



Rummage

Been trying to organize a yard sale, maybe even convince a few neighbors to go in together with you on a block-wide event? Three words: *Are you crazy?* We'll take the stuff off your hands, you'll make more in tax savings than you would've gotten in sales receipts, you'll help out the Fremont Street Nursery, and you'll save yourself a ton of time and trouble! So get your stuff to Rob Frogale or Dan Martin and, as the mafia dons say, "Foggettaboudit."



Kaleidoscope - THIS SATURDAY!

K A L E I D O S C O P E



...you've been warned!

In all likelihood, Kaleidoscope ticket sales are done and you're either in or you're out, you're either about to make history or you're going to sit at next week's meeting with red marks all over your forehead from smacking yourself all weekend, crying "How could I have been so dumb?!" Better to cross your fingers and check with Kaleidoscope committee members (William Aikens, Kerri Burkhart, Irv Shendow, Dick Wiltshire, or Jenny Brockwell) and beg for a ticket to **WIN \$25,000!** They say you can't take it with you, but they never said you couldn't give spending it a good shot...

Last Week's Drawing

Ajay Virmani earned a little tip money by winning \$22, but the real prize eluded even him when he drew the six of diamonds. Today's grand payday is over \$181!



Rotary Foundation Minute

In part 2 of a cliff-hanging account, Bill Huehn shared the story of how Past District Governor Joe Ferguson turned \$10,000 in "point money" from our club (built through donations to the R.I. Foundation) and turned them into matching funds for a worthy project. The moral of the story was that *you* earn points every time you donate to the foundation and those points can be used to make you (or someone you designate) a Paul Harris Fellow. It can also be used by our club to provide matching funds—for more info, talk to Bill, Gary, Conrad, or any of our R.I. Foundation representatives.

A Garden on the Move

Carl Thomas still needs a few more folks to help move the **NW Works** garden to their new home off Shawnee Drive (the old Melnor building). He already has help with the "heavy lifting," he just needs planters on Wednesday, March 28th. Call Carl at 869-0000 if you can help.



Need to make-up an absence? Check out these area club meetings:

- | | |
|---|---|
| Clarke County - Wednesday Lunch - Episcopal Parish Hall - Noon | New Market - Wednesday Lunch - The Shenvalle - 12:10 pm |
| Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm | Purcellville - Thursday - Bethany United Methodist Church - 7:00 am |
| Frederick County - Tuesday Breakfast - Shenandoah Univ. Cafeteria - 7:30 am | Strasburg - Tuesday Noon - Strasburg Hotel - Noon |
| Front Royal - Friday Lunch - Houlihan's - Noon | Warrenton - Thursday Lunch - Fauquier Springs - 12:15 pm |
| Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm | Winchester Latest - Tuesday Evening - Piccadilly Brew Pub - 6 pm |
| Leesburg - Thursday Evening - Rivercreek Country Club - 6:30 pm | Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm |
| Linden - Wednesday Breakfast, Apple House - 7:00 am | |

Absentees: 3/15/2012

Erik Beatley
Doug Bement
Glenn Burdick
Paul Burkholder
David Chandler
Terry Coffman
John Copenhaver
Anthony Crosen
Bob DeMott
Rob Frogale
Phil Glaize

Phillip Griffin, II
Dennis Kellison
Bill Knowles
Conrad Koneczny
Jim Laidlaw
Deborah Langfitt
Teri Lloyd
Tom Louthan
Alan McKay
Carrie Nowell
Kurt Nyberg
Ron Price

Ken Rice
Kelly Rickert
Trish Ridgeway
Tim Roberts
Gene Schultz
Karen Schultz
Steve Slaughter
Bob Stieg
Carl Thomas
Cheryl Thompson-Stacy
Ben Weber
Ed White

Make-ups* (Date & Function Attended)

Julia Connell – 2/23 – Rummage Sale Mtg.
Bob Hall – 3/12 – eClub Online
Jaime Karalis – 3/1 – International Affair Mtg.
Jim Laidlaw – 9/18 – Apple Harvest
John Lathrop – 3/8 – Stuart-Sunrise, FL
John Lathrop – 3/13 – Frederick County
John Lathrop – 3/14 – Clarke County
Sherry Riley – 2/23 – Rummage Sale Mtg.
Roy Schwarz – 2/21 – Frederick County
Patty Taylor – 2/23 – Rummage Sale Mtg.
Ed White – 3/15 – eClub Online

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

Visitors and Guests Last Week

Marion Karalis guest of her son Jamie
Molly Farinholt and Marisa Maddelana guests of Sharon Farinholt
Diana Crites guest of Don Butler
Sue Scarborough guest of Cary Brubaker/Don Louque

Libba's Health Tip of the Week

So if you can "drink in moderation," according to past health tips, how much is that? For men it's 2-3 drinks a day, for women, it's 1-2. A drink is 12 oz. of beer, 5 oz. of wine, and 1.5 oz. of liquor. Consuming food with your drinks is also a good idea!

Fun Facts About the First Day of Spring



The vernal (or spring) equinox was two days ago. While traditionally considered the most "balanced" day of the year (equal hours of daylight and nighttime), that usually occurs just before (and just after the autumnal, or fall, equinox, which is Sept. 22nd this year). Here are a few other fun facts from *About.com*:

If you were standing on the equator during either the vernal or autumnal equinox, you would see the sun pass directly overhead, the only two times in the year when that is true.

The two equinoxes are also the only times during the year when the sun rises due east and sets due west.

There is a persistent myth that at the vernal equinox, and only at the vernal equinox, can you stand a raw egg on its end. There is an equally persistent rebuttal that says it's never possible to balance a raw egg on its end. Neither assertion is true—with a little patience (or sometimes a lot), you can balance a raw egg on its end at any time of year. The first day of spring has nothing to do with it.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____

Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Next Board Meeting - TONIGHT!

5:30 Attitude Adjustment.....6 PM Meeting
at the George Washington Hotel.

All are invited to attend board meetings,
and it counts as a make-up!

Photogs Wanted!

Attention Ansel Adams wannabes: if you enjoy capturing history - or just like recording random human foibles - we can use you in our club photographer pool. See Don Karolyi today - and start packing your camera...even a cell phone will do!



President

Marc Jaccard

President-Elect

Darla McCrary

Secretary

Don Louque III

Treasurer

Dan Martin

BOARD OF DIRECTORS

Scott Arthur, Eric Beatley, Gary Chrisman, Fran Crawford,
Rob Frogale, Brooke Herndon, Dick Kent, Adrian O'Connor,
Tootie Rinker, Gene Schultz, Dave Smith, Tricia Stiles

IMMEDIATE PAST PRESIDENT - Dick Helm

Cog Wheel Staff: Jenny Brockwell, Paul Burkholder, Sharen Gromling,
Chuck Gyauch, Don Karolyi, Chuck Peterson, Sue Rich, Kelly Rickert,
Gene Schultz, Dave Smith, Wes Williams

Photos by: Don Karolyi

Reporter: Dave "Jimmy Olsen" Smith