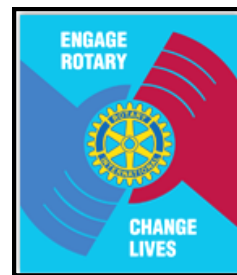
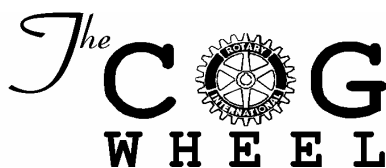


ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
Visit The Rotary Club of Winchester website at www.winchesterrotary.com
Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

February 6, 2014

Mark Your Calendar!

Feb. 22 - Hands Against Hunger

Feb. 27 - Board Meeting at GW Hotel 6 PM

March 14-16 - District Conference at The Homestead

March 22 - Kaleidoscope

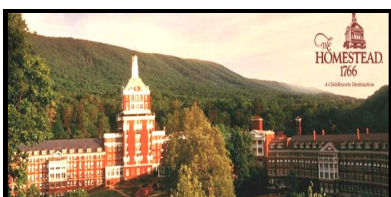
March 27 - Board Meeting at GW Hotel 6 PM

Dan's looking for program/speaker ideas...got one? See Dan

Our Program Today

Frieda Roberson will be telling us about the good work they're doing at Freemont Street Nursery.

Weekend Retreat at the Homestead



Take a weekend off and treat yourself to a mini-vacation among your Rotary friends!

Come join us at The Homestead. If you've been to the conference

before, you know it's fun and educational - *please join us again.*

All First-timer slots for free registration and one night's stay are taken, but President Don is taking alternates for a waiting list. Also, if you plan to attend, please let Dee Dee Barbour know - she is our District Conference representative.

If you have been to the conference before, you know it's fun and educational - *please join us again.*

Hands Against Hunger

The sign up for this important February 22nd service project is being passed around at our meetings. The event will be held from 8:30 - 12 noon at James Wood Middle School. This is an Area 1 project done in conjunction with our Interact Clubs.

Also that day we will staff the *"Fill-the-Truck"* event at Walmart on Pleasant Valley from 9:00 a.m.-2:00 p.m. We need lots of support for this event to help stop hunger both community and world-wide.

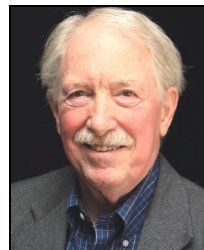


Our Program Last Week

One of our all-time favorite programs - new member talks - was on the agenda for last week. One new member and one not so new member spoke to the club about their life interests and why Rotary is important to them. Both of these members have had experience in other Rotary clubs.



Jenny Grooms, our not so new member, transferred from the Front Royal Club and she told us about the Top 10 Things she is thankful for in life. These include being given her grandma's middle name - Jennings (thus Jenny) and also not being named her grandma's first name, Grace. She stated that at over 6 feet tall, she is not blessed with much "grace". She is also thankful for her rural upbringing, her family, the influence sports had in her life particularly volleyball, her career and this community. For her, Rotary is about service - giving back to others. She is glad she landed in Winchester and we are glad she landed in our club!!



Our second speaker was new member Bob Shriner. This is the second time he has addressed our club in the past year. Recently we enjoyed his talk on the International Fellowship of Motorcycling Rotarians (IFMR). This group has traveled the world together and has allowed Bob to meet many Rotarians from all walks of life.

We are Bob's 4th club and he comes to us with 40 years of service in Rotary! He had a rich career in Public Policy and Economics for such companies as Booz-Allen and Chase Econometrics. He encouraged all of us to make up at Rotary Clubs whenever we travel because we never know when we might meet someone really interesting. Once while in Lebanon he was introduced to three former Prime Ministers of the country at a Rotary make-up. Bob and his wife Rachel - a person he has known since 4th grade and someone he reconnected with while working in DC, have both retired and live at Westminster-Canterbury. He is organizing a spring motorcycle ride for the IFMR and asked anyone interested in joining him to let him know.

Need to make-up an absence? Check out these area club meetings:

Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
Frederick County - Tuesday Breakfast - Shenandoah Univ. Cafeteria - 7:30 am
Front Royal - Friday Lunch - Houlihan's - Noon
Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
Leesburg - Thursday Evening - Rivercreek Country Club - 6:30 pm
Linden - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am

New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
Warrenton - Thursday Lunch - Fauquier Springs - 12:15 pm
Winchester Latest - Tuesday Evening - Piccadilly Brew Pub - 6 pm
Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 01-30-14

Oz Abbey
Andrew Beck
Mary Braun
Paul Burkholder
Don Butler
Tom Byrd
Anthony Crosen
Jeff Dodd
David Frew
Kendra Ghanbari
Wilson Gilbert
Phil Glaize
Phillip Griffin, II

Dick Helm
Jaime Karalis
Dennis Kellison
Dick Kent
Victoria Kidd
Deborah Langfitt
Chris Lewis
John Lewis
Teri Lloyd
Tom Maccubbin
Darla McCrary
John Midolo
Kurt Nyberg
Chuck Peterson

Tom Rockwood
Bernie Schwartzman
Jeannie Shiley
Terry Sinclair
Stephen Slaughter
Dave Smith
Mike Smith
Michael Stepniak
Martin Tabaka
Ajay Virmani
Ben Weber
Stuart Williams
Jim Youngblood

Attendance

President Don reminded us that one of the responsibilities of membership is attendance. Regular attendance is considered a direct measurement of your interest in our club and club members. *Plus, we like to see you!*



Health Report

Bill Hancock was hospitalized for an infection. We are hopeful that he has returned home by now.

Libba's Health Tip

The second most glutinous meal of the year after the Thanksgiving dinner is the *Super Bowl Eat-a-thon*. Did you know that during the Super Bowl the 111 million viewers will consume:

- 11 million pieces of pizza
- 11 million pounds of potato chips
- 4 million pounds of popcorn
- 8 million pounds of avocados
- 52 million cases of beer



YIKES!

Each person will consume on the average 1,200 calories! Libba's tip was to think about this!!

BUT, we hope you at least had some good tasty food...as the game was a rather low calorie - "Football Lite".

Foundation Minute

Conrad's minute turned into a very powerful 30 second spot and left us shocked that he could actually be so brief!



"Did you know that the Rotary Ambassadorial Scholarships, a Foundation initiative, is the world's largest privately funded scholarship? Be proud to be a Rotarian and a contributor to the Foundation!"

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Make-ups* (Date & Function Attended)

DeeDee Barbour - 1/29 - Kaleidoscope Mtg.
Erik Beatley - 1/23 - Board Mtg.
Don Butler - 1/23 - Board Mtg.
Mary Braun - 12/19 - Kaleidoscope Mtg.
Tom Byrd - 1/8 - Clarke County
Anthony Crosen - 1/29 & 1/30 - Kaleidoscope Mtgs.
Jenny Grooms - 1/29 - Kaleidoscope Mtg.
Paul Magness - 1/23 - Board Mtg.
Darla McCrary - 1/23 - Board Mtg.
Adrian O'Connor - 1/2 - Orientation Mtg.
Roy Schwarz - 1/23 - Board Mtg.
Roy Schwarz - 1/28 - Frederick County
Roy Schwarz - 1/28 - Winchester's Latest
Terry Sinclair - 12/2 - International Affair Mtg.
Stephen Slaughter - 1/23 - Board Mtg.
David Sovine - 1/28 - Frederick County
Patty Taylor - 1/28 - Winchester's Latest

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

Next Board Meeting

February 27th

GW Hotel

Attitude Adjustment

5:30 pm

Meeting 6 pm

All are invited, and it counts as a make-up!

HELP WANTED

The Apple Blossom Float Committee needs a few volunteers to help with the float logistics during the Grand Feature Parade. Contact Wilson Gilbert if you can help..

Kaleidoscope - March 22nd

Posters and tickets are now available...see any committee member. Silent Auction Items (\$100 and above) are needed to entice those attending Kaleidoscope.

Proceeds this year are ear-marked for the Capital Campaign for the new Cancer Center at Winchester Medical Center. Did you know that our beneficiary provides 1,400 Comfort Bags to people with cancer each year?

Please consider buying a ticket or donating something irresistible. For tickets, posters or donations, see Jenny Baker, William Aikens, Dick Wiltshire, Sarah Daywalt...or any Kaleidoscope Committee member.

Our Drawing Last Week

Last week Roy Schwarz walked off with \$21 from our weekly drawing! BUT, drew the 4 of diamonds so, again, the Ace of Spades remained hidden. The jackpot begins at \$106 today.



President
President-Elect
Secretary
Treasurer

Don Louque, III
Dan Martin
Tootie Rinker
Scott Arthur

BOARD OF DIRECTORS

Scott Arthur, Erik Beatley, Kerri Burkhart, Gary Chrisman, Julia Connell, Anthony Crosen, Maria Hileman, Dick Kent, Chris Lewis, Paul Magness, Winston Lutz, Tricia Stiles, Steve Slaughter, John Tyson

IMMEDIATE PAST PRESIDENT - Darla McCrary

Cog Wheel Staff: Jenny Baker, Mary Braun, Bill Buettin, Paul Burkholder, Tom Byrd, Sharen Gromling, Don Karolyi, Victoria Kidd, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Wes Williams

Photographer: Don Karolyi

Reporter: Sharen Gromling