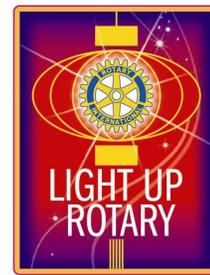
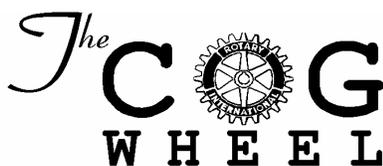


#### ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA  
Visit The Rotary Club of Winchester website at [www.winchesterrotary.com](http://www.winchesterrotary.com)  
Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

September 18, 2014

### Mark Your Calendar!

**TONIGHT** - Board Meeting, GW Hotel 6 PM  
**THIS WEEKEND** - Apple Harvest Arts & Crafts Festival

**NEXT WEEK** - Member Guest Shrimp Feed\*  
**No Noon Meeting**  
*\*bring a canned good to donate!*

**Oct. 13** - Annual Golf Tournament

**November 6** - Awards Banquet

*Have a program or speaker idea? Let Tootie know.*

### Today's Program

Our own Dr. Jim Laidlaw will give us an overview of the history of Winchester Medical Center.



### Apple Harvest Festival **THIS WEEKEND!!!** *"It's all on us."*

So said Paul Burkhart, pointing



out what most of us should already know - that this weekend's **Apple Harvest Arts and Crafts Festival**, scheduled for 10 AM to 5 PM at Jim Barnett Park, depends on our entire club to succeed. This is our largest event of the year, staffing-wise, and the only event we hold that raises discretionary funding for our community partners. We need you, so watch for the sign-up sheets going around - and sign one!



### Children's Backpack Donation

Thanks to a District 7570 Matching Grant, President Dan presented Bridget Coffey with a \$6,000 check to help out with the Children's Backpack Program. We partnered with Christ Episcopal Church and Frederick Douglas Elementary school to provide "food insecure" elementary school students with

nutritious meals via take-home backpacks every weekend of the school year.

This program provides nourishing meals consisting of vegetables, fruit plus other basics. Most items come from donations and food purchased directly from cooperating distributors and local producers.

### Our Program Last Week

Rep. Jill Vogel, now in her second year in the Virginia State Senate, gave us an update on the past year in that body's work. She detailed how the year had started on a positive note with progress made in areas ranging from mental health (due in large part to the recent death of Senator Creigh Deeds' son), criminal justice, drugs, and education. But just when things were getting all touchy-feely, the 2000-lb elephant in the living room, **Medicaid**, reared its ugly head and things went downhill from there. Newly-elected Governor Terry McAuliff had made Medicaid his key issue and refused to approve a budget without considerations for expanding it. Things appeared at a stalemate.

Then, in a move that sounded like something you'd see in an episode of "House of Cards," Democratic Senator Phil Puckett announced his retirement and effectively gave control of the Senate (and both Houses) to the Republicans, who wasted little time in approving a budget with no Medicaid expansion. In the next exciting installment, the Senate will take up the argument anew.

If you think you have a busy schedule, consider this: in their last 8-week session, the Virginia Senate addressed 3000 bills and/or resolutions, a workload that made them more efficient than the Washington DC group in an entire year.



### MEMBER/GUEST SHRIMP FEED

Just a reminder - **DON'T COME HERE NEXT WEEK!** Our Annual Member/Guest Shrimp Feed is at the **Isaac Walton Park** (Rt. 50 east). Fellowship begins around 5:30pm, dinner around 6 pm. Please bring a donation of canned goods for area food banks.



### Our Condolences

Sadly we note that Bernie Demski's wife Suzanne passed away Monday. Our sincere thoughts and prayers are with Bernie and his family.

### *Need to make-up an absence? Check out these area club meetings:*

Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon  
Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm  
Frederick County - Tuesday Breakfast - Shenandoah Univ. Cafeteria - 7:30 am  
Front Royal - Friday Lunch - Houlihan's - Noon  
Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm  
Leesburg - Thursday Evening - Rivercreek Country Club - 6:30 pm

Linden - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am  
New Market - Wednesday Lunch - The Shenville - 12:10 pm  
Purcellville - Thursday - Bethany United Methodist Church - 7:00 am  
Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon  
Warrenton - Thursday Lunch - Fauquier Springs - 12:15 pm  
Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

**Absentees: 08/28/14**

Scott Arthur  
Jean Barch  
Jackie Bates  
Erik Beatley  
Bill Buettin  
Don Butler  
Tom W. Byrd  
John Copenhaver  
Greg Crawford  
Marie DiLorenzo  
Jeff Dodd  
Rob Frogale

Kendra Ghanbari  
Wilson Gilbert  
Phillip Griffin, II  
Felicia Hart  
Dick Helm  
Diana Ketterman  
Conrad Koneczny  
Jim Laidlaw  
John Lamanna  
Deborah Langfitt  
Chris Lewis  
Tom Maccubbin  
Neile Martin

Dennis McLoughlin  
Kurt Nyberg  
Ron Price  
Sue Rich  
Thom Ruffin  
Roy Schwarz  
Joseph Shtulman  
Terry Sinclair  
Dave Smith  
Mike Smith  
Michael Stepniak  
Ben Weber

**Visitors & Guests Last Week**

Miles Davis from the Frederick Co. Rotary Club  
Jill Vogel (Speaker from Warrenton Rotary Club  
Ann Wiltshire, Dick's wife  
Joey Solosky, guest of Ron Price  
Robin Owens & Taylor Brooks, guests of Tricia Stiles  
Larina Jones, guest of Darla McCrary  
Sven Hlywiak, guest of Kevin Callanan  
Carl Esterhay guest of Libba Pendleton  
Kelly Wolf, guest of Erik Beatley  
Andrea Wright, guest of Phil Griffin II  
Sally Voth, guest of Tom Byrd  
Bridget Coffey, guest of Tom Rockwood

**Welcome Newest Members!**

Our apologies to Guss Morrison for missing him in our newest members welcome....guess the Cog Wheel Staff was caught napping in the back of the room. **Welcome TWICE** Guss....*would you like to volunteer to be a reporter?*

**Also Welcome:** Ralf Bayfield, Lori Vogel, and Paul Frank, who were introduced for the first time last week. Take a moment to introduce yourself.

**Golf Committee**



*The Golf Committee is looking for Players, Worker Bees & Hole Sponsors!* Don says we're down to less than a half dozen slots left for foursomes at our October 13<sup>th</sup> club tournament, so sign-up now! We have plenty of room for hole sponsors and the proceeds benefit *Special Love*, the sponsor of Camp Fantastic for children with cancer.

**EVENT MAKE-UP SLIP**

**The Rotary Club of Winchester**

Print Your Name: \_\_\_\_\_

Event Attended: \_\_\_\_\_

Date of Event: \_\_\_\_\_  
Committee, Board, Community Event

Date of Missed Meeting: \_\_\_\_\_

**(Turn in at Sergeant at Arms Desk)**

**Make-ups\* (Date & Function Attended)**

Erik Beatley - 9/11 - Golf Committee Mtg.  
Brooke Herndon - 9/9 - Alexandria, VA  
Marc Jaccard - 8/21 - Camp Fantastic  
Conrad Koneczny - 9/6 - Youth Exchange  
Sue Scarborough - 9/10 - Clarke County  
Bob Stieg - 9/3 - Clarke County  
Patty Taylor - 9/2 - Frederick County  
Ben Weber - 9/11 - Golf Committee Mtg.

**Turning in a Make-up?**

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at [winchesterrotary.com](http://winchesterrotary.com) under Member Login.

**Board Meeting - TONIGHT at the GW Hotel**

Attitude Adjustment 5:30 pm Meeting 6 pm

*All are welcome, and it counts as a make-up!*

**Libba's Health Report**

Tricia Stiles's sister-in-law Patricia, is off her walker and continues to improve. Patricia's grand-daughter, Reese, however, had a setback and there will be at least three more months of critical care. Prayers are welcome, as are donations - a fund has been set up at Capital One Bank, 12806 Shank Farm Way in Hagerstown, MD 21742. Please make checks payable to Patricia Stiles & Reese Burdette.



**Health Tip of the Week:**

Trying to lose weight? Then you should be avoiding not only fatty food but also action movies! A recent study showed that people who ate while watching

the latest shoot-em-up were shown to eat at the same pace as the movie they were watching. Viewers of other genres took in calories at a much slower pace.



**Our Drawing Last Week**

Victoria Kidd netted \$19 with her win, but saw her hopes for bigger winnings dashed when she drew the 6 of spades. Be sure you have a chance at today's mega-millions (ok, it's really \$214).

**President**  
**President-Elect**  
**Secretary**  
**Treasurer**

**Dan Martin**  
**Tootie Rinker**  
**Scott Arthur**  
**Julia Connell**

**BOARD OF DIRECTORS**

Kerri Burkhart, Anthony Crosen, Chris Lewis, John Tyson  
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Dee Dee Barbour, Sarah Daywalt, Felicia Hart, Conrad Koneczny

**IMMEDIATE PAST PRESIDENT - Don Louque, III**

**Cog Wheel Staff:** Jenny Baker, Mary Braun, Bill Buettin, Paul Burkholder, Tom Byrd, Sarah Daywalt, Sharen Gromling, Felicia Hart, Don Karolyi, Victoria Kidd, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith

**Photos: Don Karolyi**

**Reporter: Dave Smith**