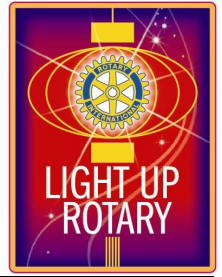
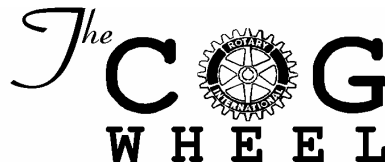


ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



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 Visit The Rotary Club of Winchester website at www.winchesterrotary.com
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

February 5, 2015

- February 14 - Valentine's Day
- February 19 - Board Meeting at GW Hotel, 6pm
- February 21 - Hands Against Hunger
- March 13-15 - District Conference at The Homestead
- March 21 - Kaleidoscope
- March 26 - Board Meeting at GW Hotel, 6pm

Have a program or speaker suggestion? Let Tootie know.

Today's Program - Tomorrow's Rotarians

We will hear from our Dynamic Interact Students and their perspective on their recent RYLA conference.

DISTRICT CONFERENCE

March 13-15th

President Dan announced that there are two "**First Time Attendee**" spots left for the District Conference March 13-15. The club will pay for the first night of lodging and registration to the conference for any member of our club who will be attending their first District Conference.

Jean Barch is our club's liaison to the District Conference this year. She will help organize the weekend for our club members attending at the Homestead. As President Dan said, "*she will be our teacher on the field trip.*"

PRESENTATION TO SPECIAL LOVE

Golf Tournament chair Don Louque III presented a check in the amount of \$12,034.81 to Dave Smith, CEO of Special Love. The funds were raised during our annual golf tournament this past Columbus Day. Dave expressed his gratitude for the contribution and gave a brief history of how our club has helped Special Love through the years.



Our Last Program

Eddie Cassidy, Executive Director of the Council on Alcoholism and Lord Fairfax House spoke to the club about the organization and his involvement. The Lord Fairfax House was established in 1976 and has been located at 512 South Brad-dock Street since 1984. In 1987 Eddie applied for the job as Executive Director with two notable credentials. He was a former golf pro and a recovering alcoholic. There are currently eight clients at the facility and Eddie emphasized, "they aren't bad people trying to be good but sick people trying to get well."

The Lord Fairfax House is manned 7 days a week 365 days a year by a staff of five and operates on an annual budget of \$150,000. They meet their funding needs with help from the United Way and Northwestern Community Services but they are working on establishing ways to become self-sufficient.

Eddie noted that the program is for individuals who want to be there and want to seek help with their addiction. The individual goes through a 90 day program. They are required to have full time employment after 5 days and they are given guidelines for better living.

The Lord Fairfax House has a 52% recovery rate which is a very high mark for addiction recovery. Their goal is to make the individual an asset to our community not a liability.

HANDS AGAINST HUNGER

Saturday, February 21 will be our **Hands Against Hunger** event in Front Royal PLUS a **Food Collection Drive** (with our Interact Club members) at the local Wal-Mart in Winchester. A clipboard will be going around.

Welcome New Members

For the third and final time President Dan introduced the Club's newest members, Kelly Wolfe, Kent Mull and Sven Hylwiak. Welcome Kelly, Kent and Sven. And congratulations Dan for nailing the pronunciation of Sven's name.

Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Houlihan's - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:30 pm

- Linden - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warrenton - Thursday Lunch - Fauquier Springs - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 1-29-2015

William Aikens
Calvin Allen
Jenny Baker
Jackie Bates
Ralph Bayfield
Andrew Beck
Doug Bemert
Mary Braun
Tom T. Byrd
David Chandler
Julia Connell
John Copenhaver
Anthony Crosen

Nancy Davis
Jesse Dingle
Dana Evans
Phil Glaize
Felicia Hart
Dick Helm
Don Karolyi
Dick Kent
Victoria Kidd
John Lewis
Mark Lineburg
Tom Maccubbin
Neile Martin
Dennis McLoughlin
Kit Molden

Kurt Nyberg
Diane Ruckman
Karen Schultz
Irv Shendow
Joseph Shtulman
Terry Sinclair
Karey Starnes
Michael Stepniak
Steve Straight
Michelle Thomas
Cheryl Thompson-Stacy
Amanda Unger
Ajay Virmani
Stuart Williams

Board Meeting February 19 GW Hotel

Attitude Adjustment 5:30 pm Meeting 6 pm

All are welcome, and it counts as a make-up!

INTERNATIONAL AFFAIR IS BACK!



Mark your calendars! Darla McCrary announced that this year's International Affair will be held at Long Branch on May 16th. The event will benefit the Winchester Rescue Mission.

Foundation Minute or so...

Conrad's Foundation minute again focused on maternal and child health. In 2012 Rotarians and the Foundation contributed over \$2,000,000 to the Haiti earthquake relief fund. A part of that fund helped create a mobile prenatal clinic to train midwives. In 2014, the Rotary Club of Western Henrico County, here in Virginia, raised an additional \$10,000 to help purchase a second mobile unit, a bright pink jeep, to carry this effort out to a more rugged terrain.



Yearbooks

Did you get your Rotary Yearbook? If not, check with Chris Lewis at the Sergeant-at-Arms desk.

DISCLAIMER

*We don't make this stuff up! (Ok, most of it.)
Information contained herein is obtained from our members who are accurate most of the time.*

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Make-ups* (Date & Function Attended)

Jenny Baker - 1/28 - Kaleidoscope Mtg.
Kevin Callanan - 1/29 - Kaleidoscope Mtg.
Anthony Crosen - 1/28 - Kaleidoscope Mtg.
Phil Glaize - 9/20 - Apple Harvest Festival
Victoria Kidd - 2/2 - eClub One
John Lamanna - 1/20 - Frederick County
John Lamanna - 1/26 - eClub One
Kit Molden - 1/28 - Kaleidoscope Mtg.
Guss Morrison - 1/13 - Breckenridge Mt., CO
Guss Morrison - 1/22 - Board Mtg.
Irv Shendow - 9/20 - Apple Harvest Festival
Stuart Pierson - 9/20 - Apple Harvest Festival
Sue Rich - 1/22 - Cog Wheel
David Sovine - 1/23 - Front Royal
Karey Starnes - 1/15 - Kaleidoscope Mtg.
Dick Wiltshire - 1/14 - Kaleidoscope Mtg.

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

Libba's Health Report

Libba gave the club the good news that Sharen Gromling has been given a clean bill of health after her cardiac event over the holidays.

Libba's Health Tip focused on detecting the signs of depression. Depression is much more prevalent in our society than many realize. If you or a loved one is showing the following symptoms then you should seek help. Pain in the back and neck, gaining or losing weight, having a short fuse, excessive behavior: drinking, shopping, gambling, facebooking, day dreaming, indecisiveness, poor grooming.

OUR HEALTH THANK YOU!

Our Health recently conducted its end-of-the-year campaign and wishes to thank the many Rotarians who gave generously to this drive. Our Health supports 68 nonprofit partners, 19 residing on the Our Health campus. It is because of the generosity from many of you that we can continue our mission to serve these nonprofits with a safe, affordable campus space; training and technical assistance; volunteer recruitment and placement; grant writing and administration; and, marketing and public relations. Our Health, Sharen Gromling & Don Butler wish to thank everyone for all the good that you do in this community, the region and the world.



Our Drawing Last Week

Darla McCrary pocketed \$16 from the weekly drawing but just like in the game of Hearts the queen of spades was not the card she hoped to draw from the deck. The ace of spades remained elusive pushing this week's pot to \$92.

President
President-Elect
Secretary
Treasurer

Dan Martin
Tootie Rinker
Scott Arthur
Julia Connell

BOARD OF DIRECTORS

Kerri Burkhart, Anthony Crosen, Chris Lewis, John Tyson
Jamie Karalis, Winston Lutz, Paul Magness, Kurt Nyberg
Dee Dee Barbour, Felicia Hart, Conrad Koneczny

IMMEDIATE PAST PRESIDENT - Don Louque, III

Cog Wheel Staff: Jenny Baker, Mary Braun, Jud Breslin, Paul Burkholder,
Tom W. Byrd, Sarah Daywalt, Sharen Gromling, Felicia Hart, Don Karolyi, Victoria Kidd,
Tom Maccubbin, Guss Morrison, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith

Photos: Gene Schultz

Reporter: Tom W. Byrd