

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.winchesterrotary.com
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

February 2, 2017

- February 23 - 6 PM Board Meeting, location TBA
- March 4 - Hands Against Hunger Food Packing at Sherando HS
- March 16-19 - District Conference
- March 23 - 6 PM Board Meeting, location TBA
- March 25 - Kaleidoscope
- April 6-9 - President Elect Training Seminar at Hotel Roanoke
- April 28 - 6 PM Board Meeting, location TBA
- May 4 - Civic Club Queen's Dinner
- May 11 - Little Theater Night

OUR PROGRAM TODAY

Our program will be presented by Faye Stump, a Library Media Specialist at John Handley High School who will tell us about the **Read Aloud Program** and the Winchester Public School system efforts to incorporate global technology into the schools' curriculum.

OUR PROGRAM NEXT WEEK

Dr. Lynda Dougherty, Fairfax Colon & Rectal Surgery, PC. Will speak to us about; **"Advancements in Colon & Rectal Surgery"**. Dr. Dougherty is the Medical Director of Colon & Rectal Surgery at Inova Hospital and a leader in robotic surgery. Graduate of Medical College of Ohio, fellowship at Cleveland Clinic.

District Conference

Our District Governor Chris Runion reminded us that the Rotary District Conference is March 17-19 at the Homestead. Sign up now so that you get the significant room discount. The conference truly focuses on YOU the club member and there is a great list of speakers lined up as well as the socializing. Governor Runion also presented the Club with a children's book entitled Corduroy as a reminder of our literacy work.



This is a fun and informative event and if you are a first time attendee there are club matching funds to help with the costs.

Kaleidoscope - March 25th

The **Free Medical Clinic** is the 2017 beneficiary of Kaleidoscope. Tickets will be available soon!



LAST WEEK'S PROGRAM

Diana Ketterman, her husband and 22 others are headed to Guatemala to work with orphaned children in Guatemala. Project **Casa Para Ninos Alelu** was started in 1989 by a couple who noticed the large number of children living in the streets of Guatemala. Upon returning to the USA, they packed their pickup and six children and with only \$2,000, traveled back to Guatemala to create a safe home and school for orphans. Since that time the program has grown to house and educate 450 children. However, because of the many court system referrals they are expanding to serve over 2,000 children.

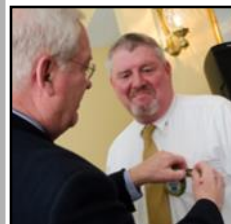
Children who are 7 and under live in a home like environment complete with a house mom and dad. The older children live in dormitories and all children attend school. Most of the kids have been abandoned, abused or prostituted and have a very low level of education. It is not uncommon for very young girls to have their own children.

Diana will be working on career development and her husband will be providing dental services. Last year he pulled 150 wisdom teeth . . . all without pain killers!

Diana is seeking help for the project so that she can adequately provide testing material, pencils paper and other needs. Please donate to this worthy project and help children get an education and live above poverty both now and in the future. Donations are being accepted by our Club, make the check payable to our club charity and put Guatemala in the memo line.

Paul Harris Fellows

The Club's Foundation matching program was highly successful. Last week we inducted **16 members** as either first time or multiple Paul Harris Fellows.



Dan Martin was awarded the **Major Donor Award** which is given to members who over time give \$10,000 or more to the foundation.

Our District Governor Chris Runion assisted in presenting both the Paul Harris Awards as well as the Major Donor Award. This is his third visit and we appreciate his participation!



Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Houlihan's - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 1-26-2017

William Aikens
Jeff Barbour
Jean Barch
Erik Beatley
Kevin Callanan
Davis Chandler
Marie DiLorenzo
Carl Esterhay
Callie Fitzwater

Phil Glaize
Phillip Griffin, II
Jenny Grooms
Dick Helm
Doug Joyner
Jim Laidlaw
John Lewis
Neile Martin
Alan McKay
Bob Mitchell
Kit Molden

Nadine Pottinga
Ron Price
Tom Rockwood
Diane Ruckman
Terry Sinclair
Patty Taylor
Ajay Virmani
Stuart Williams
Kelly Wolfe
Jim Youngblood

Visitors & Guests Last Week

Ernie Carnevale, visiting from Leesburg Rotary
Stoney Mason, guest of Julia Connell
Debbie Parrish, guest of Julia Connell
Michael Clark, guest of Linda Coffman
Donna Stewart, guest of Don Stewart
Lauren Cummings, guest of Don Butler
Chris Goff, guest of Dave Goff

ROTARY TRAINING INFO

The largest RLI training session in Zone 33 will again be held at the Inn at Virginia Tech on **February 4th**. It will be the final opportunity we will have to attend an RLI course in our district. All three levels of RLI and faculty training will be offered in Blacksburg at the Skelton Conference Center on the campus of Virginia Tech. RLI Level I is an excellent opportunity for new Rotarians to get to "know" Rotary.

You can sign up for the courses through the district website. Go to the calendar and scroll to February 4th. Click on the icon and enroll. The District will pay \$45 towards any Rotarians' tuition. Reimbursement forms will be given out during the training. **Help make this one of the most productive RLI training sessions we have had in the district.**

Woody Sadler, PDG, District RLI Chair

Foundation Points

Gary Chrisman reiterated Conrad's plea to become a Paul Harris Fellow and sustainer. Conrad has a great number of Foundation points that he is happy to give away if a member will step up his or her donations to the Foundation. See Gary, Scott or Conrad to negotiate your points and become a Paul Harris Fellow.

ACT COMMITTEE

Don Butler, Chair of our Act Committee reports that a female drug court participant (that our Collaborative Grant is helping fund her housing in order to get her out of her abusive home) is in need of some things such as: **Twin or Full Bed, Mattress Pad, Sheets & Blankets, TV, Portable Clothes Rack, Shower Curtain and Bath Mats, Towels, Kitchen and Bathroom Trash Cans, Clothes Hangers, Cleaning Products, Mop, Broom, Ice Trays, Gift Cards from Walmart might be helpful for sundries and food.** If you have any questions, email Don at don@vpgwinchester.com.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Make-ups* (Date & Function Attended)

Jean Barch - 9/17 - SVAH Event
Linda Coffman - 1/23 - International Affair Mtg.
Dwight Kemp - 12/22 - Board Mtg.
Neile Martin - 1/11 - DECA Judging
Neile Martin - 1/23 - International Affair Mtg.
Nadine Pottinga - 1/12 - PR Committee Mtg.
Ed White - 1/15 - Kaleidoscope Mtg.

Next Board Meeting

February 23

Location to be announced

Attitude Adjustment 5:30 pm
Meeting 6 pm

All are welcome, and it counts as a make-up!



OUR DRAWING

Dee Dee Barbour won the \$70 weekly drawing and after many draws, Paul Frank found the Ace of Spades and won the \$536 jackpot. Congratulations to you both!



Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

Health Report: Don Stewart is back, welcome Don! Conrad Koneczny is struggling in his fight with cancer, cards, calls and prayers are all welcome.

Libba's Health Tip: Our intestines are important organs that help break down our food and keep things moving. Our small intestines are typically 23 feet long and the large intestines are 3 feet long. It normally takes only 2 hours to digest vegetables while meat takes 72 hours so obviously vegetables are healthier for your intestines as are nuts, olive oil, water, fruits and exercise. You should see a doctor if you are experiencing heart burn, sudden weight loss or regular problems with constipation. Also having regular colonoscopies is important if your family has a history of rectal cancer or once you reach age 50.

Little Theater Night - MAY 11th

Irv Shendow is seeking a volunteer to host the cocktail party held before the play. The Club provides all the food and drink as well the labor involved. If you can accommodate 100 people, **rain or shine** and are willing, please contact Irv.

2017 Rotary International is in Atlanta! - June 10-14

This is as close as it gets, folks! Area 1 has blocked out an entire hotel and room costs will be about \$250/night. Don't miss this opportunity to attend a historic event as the R.I. Foundation celebrates its 100th anniversary.

President
President-Elect
Secretary
Treasurer

Scott Arthur
Julia Connell
Paul Magness
Cary Claytor

BOARD OF DIRECTORS

2014-17: Dee Dee Barbour, John Elrick, Conrad Koneczny, Karey Starnes
2015-18: Jean Barch, Tom Byrd, Roy Schwarz, Ed White
2016-2019: Jenny Baker, Jaime Karalis, Dick Kent, Kent Mull,

IMMEDIATE PAST PRESIDENT - Tootie Rinker

Cog Wheel Staff: Jenny Baker, Mary Braun, Paul Burkholder,

Tom W. Byrd, Sharen Gromling, Don Karolyi
Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Jenny Baker

Reporter: Paul Burkholder