

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



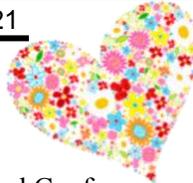
Be a gift to the world

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 Visit The Rotary Club of Winchester website at
www.winchesterrotary.com



Chartered 1921

February 11, 2016



Mark Your Calendars....

SATURDAY - Hands Against Hunger

SUNDAY - Valentine's Day

- Feb 25 - Board Meeting at GW Hotel , 6 PM
- March 18-20 - Rotary District 7570 Homestead Conference
- March 24 - Board Meeting at GW Hotel , 6 PM
- March 27 - Easter
- April 2 - Kaleidoscope
- April 21 - Board Meeting at GW Hotel , 6 PM
- April 28 - Queen's Dinner (no noon meeting)
- May 28 - Board Meeting at GW Hotel , 6 PM
- June 2 - Shrimp Feed
- June 4 - Rummage Sale

OUR PROGRAM TODAY

Our speaker today is Eden Freeman. Ms. Freeman is the City Manager for the city of Winchester.

HANDS AGAINST HUNGER - SATURDAY

Our annual Hands Against Hunger event is scheduled for this Saturday, February 13th at Sherando High School. This is a joint service event with our Interact Clubs. There's always room for more volunteers!

DISTRICT CONFERENCE

You can now register for 2016 District Conference online...visit website:

districtconference7570.com/home



REGISTRATION FEES:

- Multiple day Rotarian: \$170 (Early Bird rate)
- After FEBRUARY 15:** \$200 (Standard Rate)
- Multiple day Spouse, Guest, or Adult child: \$75
- Multiple day Rotarian where spouse is also a Rotarian: \$150 ea
- Multiple day Rotarian (First timer): \$100

DISTRICT CONFERENCE FIRST TIMERS....

President Tootie announced a recent Board of Directors' decision to further incentivize first time conference goers to attend the Rotary District Conference.....

Our Club will now pay for a two night stay at The Homestead, conference registration PLUS a food allowance for five first timers.

OUR PROGRAM LAST WEEK

As President Tootie noted, last week's installation of our newest club member was actually a "Welcome back". Local attorney **Bruce Downing** rejoined The Rotary Club of Winchester. Bruce first joined The Rotary Club of Winchester in 1976.



Gary Chrisman recognized recent Paul Harris and multiple Paul Harris fellows: **Dick Kent, Ajay Virmani, Bill Bayliss, Jay Russell and Jay Smith.**

AND, Former District Governor Byron Brill welcomed **Kurt Nyberg** into The Paul Harris Society.



RUMMAGE SALE

June 4th

Committee chair John Tyson wants your rummage! He made his first announcement regarding this year's rummage sale. The trailer at **Frogale Lumber** opened on February 8th (thank you Robert) so drop off rummage at your own convenience. John announced that the sale will take place on June 4th but there is plenty of work to be done between now and then. This is the most labor intensive event the club puts on annually and though it doesn't generate the most money for the club John emphasized that "we have fun getting it done".



You are the Missing Piece

Look for "Missing Piece" cards at the front desk or on your table and use it to invite a friend or colleague to Rotary. Our club is only as strong as its members, and we need a few more of them!



Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Houlihan's - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:30 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 2-4-2016

William Aikens
Erik Beatley
Mary Braun
Kerri Burkhart
Don Butler
Julia Connell
John Copenhaver
Anthony Crosen
Carl Esterhay
Dana Evans
Paul Frank

Phil Glaise
Phil Griffin
Dick Helm
Sven Hlywiak
Don Karolyi
Dick Kent
Victoria Kidd
Darla McCrary
Alan McKay
Mary Riley
Diane Ruckman
Gene Schultz

Karen Schultz
Roy Schwarz
Jeannie Shiley
Bob Shriner
Terry Sinclair
Dave Smith
Jay Smith
David Sovine
Karey Starnes
Michelle Thomas
Stuart Williams

Make-ups* (Date & Function Attended)
Andrew Beck - 1/7 & 2/4 - Kaleidoscope Mtgs.
Donna Berger - 1/29 - Front Royal
Kerri Burkhart - 1/7 - Kaleidoscope Mtg.
Julia Connell - 1/28 - Board Mtg.
John Elrick - 1/28 - Board Mtg.
Paul Frank - 9/18 - SVAH Event
Rob Frogale - 2/1 - eClub One
Don Karolyi - 9/19 - SVAH Event
Darla McCrary - 9/20 - SVAH Event
Kit Molden - 2/4 - Kaleidoscope Mtg.
Guss Morrison - 1/28 - Board Mtg.
Kent Mull - 1/28 - Board Mtg.
David Smith - 1/28 - Cog Wheel Reporter
Ed White - 1/28 - Board Mtg.

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

Visitors & Guests Last Week

Darcus Brebenab visiting from Frederick County Rotary
John Trueblood, guest of Conrad Koneczny
Bill Bennet, guest of Kent Mull
Lisa Martin guest of her husband Dan (or Dave or Daryl)

FOUNDATION MINUTE

The club welcomed Conrad Koneczny back as well as the foundation minute. Conrad told the club about a friend of a Rotarian in the Rotary club of Ragistro in Brazil whom had 2 month premature twins in need of neonatal care. They went to the hospital in Pariquera-Acu Brazil, which is a poor region near Sao Paulo. This hospital serves over 500,000 people. There were not enough beds in that ICU unit to properly care for the babies. That Rotary club teamed with the Rotary club of Nakatsugawa Japan and secured a Foundation Global Grant of \$172,500. With that money they purchased five ICU beds with incubators and monitoring equipment for the hospital.

The Club wholeheartedly agreed with Conrad...another example of the Rotary Foundation doing good in the world.

National Peppermint Patty Day is observed each year on February 11th.



The oldest commercially-made mint patty or cake was made by the Quiggin's family on the Isle of Man (an island located in the middle of the northern Irish Sea). They had been making the cakes since 1840, but in 1880, four of the sons formed the Kendal Mint Cake Company. In the United States, as early as 1900, peppermint patties were made by regional confectioneries. Companies such as Idaho Candy Company, Trudeau Candie's and Pearson's (which purchased Trudeau in 1951, both were Minnesota companies). Possibly the most known, though not the oldest, York Peppermint Patties were made by the York Cone Company of Pennsylvania.

York Peppermint Pattie's were first made in 1940 and distributed regionally much like other candy makers of the era. York dominated the market because of its firmness and crispness while the others were soft. A former York employee remembered that the final (sample) test of the patty before it left the factory was called a "snap test". If the candy did not break clean in the middle, it did not make it on to candy store shelves.

In 1975 the company was acquired by Peter Paul Cadbury. The factory was moved to Reading, Pennsylvania, to much distress to the workers and residents of York. The popular treat was then distributed across the country.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Next Board Meeting Feb. 25th GW Hotel

Attitude Adjustment

5:30 pm Meeting 6 pm

All are welcome, and it counts as a make-up!

Our Drawing Last Week

The winner of last week's drawing was guest Darcus Brebenab. Not only did she enjoy a nice Rotary lunch but she took home \$26! Our jackpot starts out today at \$31.

Libba's Health Report

Libba welcomed Conrad Koneczny back from his absence and reported the good news that he is now cancer-free. Libba also reported that Terry Sinclair continues to improve and work hard on his physical therapy. He appreciates all of the cards but requests that visits be brief and on Sundays, his one day off from PT.

Libba's Health Tip focused on dealing with knee pain as a result of osteoarthritis. She recommends exercise even if it comes with some pain and drinking plenty of low fat or skim milk to slow down its progression. **Finally lose some weight. For every one pound lost, four pounds of pressure are relieved from your knees.**



Makeups = \$\$\$

You have more reasons than ever to do your makeups - you'll not only get credit for attendance, you'll get actual credit in the form of a \$10 reduction in your quarterly bill!

DID YOU KNOW....There are app's available to help you find a Club meeting when traveling. You can link to them all from the Rotary Website at:

www.rotary.org/myrotary/en/manage/tools-templates/mobile-apps

President
President-Elect
Secretary
Treasurer

Tootie Rinker
Scott Arthur
Julia Connell
Paul Magness

BOARD OF DIRECTORS

2013-16: Jaime Karalis, Winston Lutz, Kurt Nyberg, Roy Schwarz
2014-17: Dee Dee Barbour, John Elrick, Conrad Koneczny, Karey Starnes
2015-18: Jean Barch, Tom Byrd, Ed White

IMMEDIATE PAST PRESIDENT - Dan Martin

Cog Wheel Staff: Jenny Baker, Mary Braun, Paul Burkholder,

Tom W. Byrd, Sharen Gromling, Don Karolyi, Victoria Kidd,
Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Paul Burkholder

Reporter: Tom Byrd