

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



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 Visit The Rotary Club of Winchester website at
www.winchesterrotary.com

Chartered 1921

March 10, 2016

Mark Your Calendars....

- March 18-20 - Rotary District 7570 Homestead Conference
- March 24 - Board Meeting at GW Hotel, 6 PM
- March 27 - Easter
- April 2 - Kaleidoscope
- April 21 - Board Meeting at GW Hotel, 6 PM
- April 28 - Queen's Dinner (no noon meeting)
- May 28 - Board Meeting at GW Hotel, 6 PM
- June 2 - Shrimp Feed
- June 4 - Rummage Sale
- September 17-18 - Apple Harvest Festival

OUR PROGRAM TODAY

Teresa Rhodes, Executive Director of AbbaCare will be telling us about the organization. AbbaCare is our Kaleidoscope beneficiary this year.



2016 DISTRICT CONFERENCE

You can now register online... visit website:

districtconference7570.com/home



REGISTRATION FEES:

- Multiple day Rotarian after FEB. 15: \$200 (Standard Rate)
- Multiple day Spouse, Guest, or Adult child: \$75
- Multiple day Rotarian where spouse is also a Rotarian: \$150 ea
- Multiple day Rotarian (First timer): \$100

DISTRICT CONFERENCE FIRST TIMERS....

It's next week! Talk to Tootie to take advantage of this great offer to attend the District Conference...

Our Club will now pay for a two night stay at The Homestead, conference registration *PLUS* a food allowance for five first timers. See President Tootie or any officer for more info.



Today - The First Telephone Call - March 10, 1876

Alexander Graham Bell, inventor of the telephone, made the first telephone call 140 years ago, to his assistant, Thomas Watson: *"Mr. Watson--come here -- I want to see you."* What would he think of today's "phones"?

OUR PROGRAM LAST WEEK

Our new member speaker was **Ryan Zelaski** who told us how proud and amazed he is by our Rotary club doing so many positive things in the community and world. Ryan was born in Cincinnati but his father was transferred in his job with Toys-R-Us to Smyrna, Ga. just four weeks later. His mother was a special education teacher. The family lived in Smyrna for several years before Ryan's dad was again transferred and this time to Missouri. Toys-R-Us wanted the family to move again but Ryan's parents decided to change jobs instead and moved to Pittsburgh, Pa. to allow Ryan more stability and he finished high school there. Ryan was only 17 when he graduated and thus was advised to go to a prep school.



He went to Hargrave Military School and participated in a very competitive football program. However while there he had a major spinal injury and had to quit playing football. Upon graduation he was accepted to West Virginia University where he graduated. After graduation he accepted a teaching position in Charleston SC. Fortunately while visiting college friends in Winchester he met his future bride who was living in Stephens City. They married and moved to Charlottesville, Va where he taught and he and his wife had two children. The family decided to move back to the Winchester area to be close to family.

He now works for a local financial advisor group and is active in the West Virginia alumni Association, loves football, college and professional basketball and baseball. He enjoys fishing and family time and has visited 20 states and hopes to visit all 50. He is very excited to be an active Rotarian !!!

KALEIDOSCOPE TICKETS

Co-Chair **Jenny Baker** informed the club that Kaleidoscope tickets are available NOW. Jenny also mentioned the need for volunteers. If you are interested in volunteering at Kaleidoscope on April 2nd sign up now. The beneficiary this year is AbbaCare.



Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Houlihan's - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:30 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 3-03-2016

William Aikens
Jeff Barbour
Jean Barch
Jackie Bates
Erik Beatley
Donna Berger
Kerri Burkhardt
Tom W. Byrd
Phil Glaize
Phillip Griffin, II

Dick Helm
Marc Jaccard
Jim Laidlaw
Deborah Langfitt
Chris Lewis
Alan McKay
Bob Mitchell
Ron Price
Tom Rockwood
Irv Shendow
Jeannie Shiley

Bob Shriner
Karey Starnes
Bob Stieg
David Sweeney
Diana Thorne
Shane Wagoner
Ben Weber
Ed White
Kelly Wolfe
Jim Youngblood

Make-ups* (Date & Function Attended
Jeff Barbour - 2/13 - Hands Against Hunger
Jean Barch - 9/20 - SVAH Event
Andrew Beck - 3/1 - Kaleidoscope Mtg.
Phil Griffin - 2/10 & 2/24 - Naples-Collier, FL
Phil Griffin - 2/17 - Naples Bay, FL
Kit Molden - 3/3 - Kaleidoscope Mtg.
Irv Shendow - 2/24 - Kaleidoscope Mtg.
Jonathan Snowden - 2/25 - Present
Karey Starnes - 2/25 - Board Mtg.

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

Visitors & Guests Last Week

Erv Hill visiting from Smith Valley NV Rotary
Doug Zipp, guest of Bruce Downing
Ann Burkholder guest of her husband Paul

Next Board Meeting March 24th
Attitude Adjustment
5:30 pm Meeting 6 pm
All are welcome, and it counts as a make-up!

Kudos to Bobby Edwards

Byron Brill recognized Bob Edwards whose picture was republished recently in the Winchester Star. The photo had been taken 50 years earlier and showed Bob helping area Boy Scouts (as treasurer). Once again proving Rotarians do good in the world even outside of Rotary.

Health Report - Libba, reports that Rabbi Jonathan Brown had a pacemaker procedure that was successful, it was done in New Jersey. He is expected to fully recover and return to Winchester in 10 days.

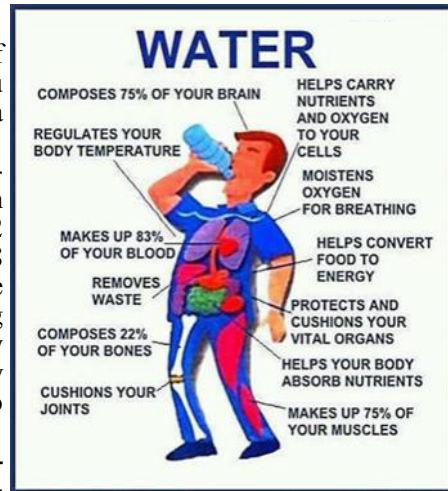
Terry Sinclair continues to improve. He is doing the hard work needed for rehab and expects to move March 9th from the Winchester rehab Center to a healthcare apartment at Westminster Canterbury. He's allowed visitors, but if you want to visit, you need to coordinate with Libba and Dianne so that he is not overwhelmed!!

Health Tip:

Drink one more glass of water each day until you are consuming 8 cups a day (64 ounces).

A study at the University of Illinois found that on average we only drink 4.2 cups per day vs. the 8 cups recommended. The benefits of consuming more water especially before a meal are many including a tendency to consume less calories.

However, Bruce Downing points out that Libba must be married to a younger man because most of us (somewhat) older members know that more water means more trips to the bathroom...especially at night!!!



FOUNDATION MINUTE plus...

When Poland reorganized its public education system during the 1990's English replaced Russian as the required second language. As a result Poland now ranks amongst the worlds top countries proficient n English. However, Poland's more rural and poorer portions of the country have not succeeded as well in learning English. To address this deficiency the Rotary Clubs of Berlin, Germany, Milano, Italy and Warsaw Poland secured a Rotary Global Grant of \$45,000 to promote English proficiency to 1,200 children in rural communities. Additional Rotary clubs and programs also have joined the effort creating an additional 11 after-school education centers with interactive e-learning platforms. Further, Edmonton, Alberta, Canada also secured a Global Grant which allowed for an additional dozen learning centers and all are equipped with the most advanced teaching equipment available.

Rotarian Anna Wiczorek who helped prepare the English curriculum is quoted saying "We are not only teaching English, but we are improving reading, writing and computer skills. The children, many of whom come from broken families, now have a safe place to spend their free time after school. This makes a big difference in their daily lives and will help them define their futures".

This reminds of us of the saying: 'And how the twig is bent the branch will grow'.



Our Drawing Last Week

Our drawing winner last week was Dave Chandler, but he missed the jackpot when he drew the Jack of Hearts...it starts out today at \$115.

Frannie Crawford noted that this is courtship month for skunks so please don't run them over if they are courting in the middle of the road!!



EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____

Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

President
President-Elect
Secretary
Treasurer

Tootie Rinker
Scott Arthur
Julia Connell
Paul Magness

BOARD OF DIRECTORS

2013-16: Jaime Karalis, Winston Lutz, Kurt Nyberg, Roy Schwarz
2014-17: Dee Dee Barbour, John Elrick, Conrad Koneczny, Karey Starnes
2015-18: Jean Barch, Tom Byrd, Ed White

IMMEDIATE PAST PRESIDENT - Dan Martin

Cog Wheel Staff: Jenny Baker, Mary Braun, Paul Burkholder,

Tom W. Byrd, Sharen Gromling, Don Karolyi, Victoria Kidd,
Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Steve Straight

Reporter: Paul Burkholder