

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.winchesterrotary.com
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

March 30, 2017

- April 6-9 - President Elect Training Seminar at Hotel Roanoke
- April 28 - 6 PM Board Meeting, location TBA
- May 4 - Civic Club Queen's Dinner
- May 11 - Little Theater Night
- May 19 - An International Affair
- May 25 - 6 PM Board Meeting, GW Hotel
- June 1 - Shrimp Feed
- June 3 - Rummage Sale
- June 10-14 - Rotary International Convention in Atlanta, GA

OUR PROGRAM TODAY

Our program today will be presented by the Mayor of Winchester **John David Smith** and its City Manager, **Eden Freeman**. They will present a program on city happenings and the FY18 Budget. We will be among the first to hear details of the city's budget following the Council meeting on March 28th.

Kaleidoscope

Kaleidoscope was last Saturday...with lots of fun and many great Silent Auction deals. Hopefully we will hear who (or whom) took home the "BIG" money!



OUR PROGRAM LAST WEEK...



Travis Nesselrodt of Phelps Funeral and Cremation Services gave a presentation on the "American Funeral Service: The Death of Tradition." Phelps is the newest funeral company in Winchester and draws upon a long tradition of funeral practices dating back to the Civil War, when embalming became more widespread.

By the mid-1900s, carpenters and cabinet makers developed a specialty as undertakers. Cremation, originally practiced by the Romans and the Vikings is frequently used by Hindus and Buddhists; by 2020 over 50% of funerals in the U.S. will include cremation.

Whether choosing a cremation or a traditional burial, Travis advises including a service to provide closure for mourners. A third option presents itself for disposition of the body: that is donation of the body for medical use. A traditional burial (without cemetery fees) averages \$7,500, whereas a direct cremation costs \$2,500. One can also rent a casket and then have a cremation! Funeral homes now are resourcefully looking for other sources of revenue, like cremation jewelry, blankets, CDs, candles, and thumbies.

Travis asserts that over the last 50 years, Americans have changed from a culture accepting death to a culture of denial.

Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Houlihan's - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 3-23-2017

Jacki Bates
Erik Beatley
Kerri Burkhardt
Linda Coffman
John Copenhaver
Carl Esterhay
Callie Fitzwater
Rob Frogale
Wilson Gilbert

Phil Glaize
Brian Hester
Sven Hlywiak
Marc Jaccard
Don Karolyi
David Kent
Winston Lutz
Darla McCrary
Alan McKay
Maria Montgomery

Adrian O'Connor
Libba Pendleton
Nadine Pottinga
Ron Price
Ken Rice
Mike Richardson
Earl Riddick
John Tyson
Ajay Virmani
Ben Weber

Visitors & Guests Last Week

Michael Lewis from Front Royal Rotary
Melissa Fortner, guest of Trish Stiles
Jimmy Stafford, guest of Marie DeLorenzo
Allison Lowry, guest of Kent Mull
Charlie Stansfield, guest of Paul Burkholder

Foundation Points

Gary Chrisman reminds us of Conrad's offer to share several thousand points. His goal is to encourage others to be Rotary sustainers.

Little Theater Night - MAY 11th

Irv Shendow announced that this year's party prior to the Little Theater event will be held at the home of Lori Bales.

TIME TO SORT OUT YOUR STUFF!

Dan Martin reminded the club that the rummage trailer is open for business at Frogale Lumber. Drop off stuff at your convenience. If you need help delivering your contributions give Dan a call. Jean Barch and David Kent will co-chair this year's event. The committee hasn't selected a beneficiary yet.



RULE OF 85 CHANGES

The new RI policy put in place as of July 1, 2016 by the Council on Legislation stated you must have 20 years of Service in Rotary plus your age in order to request the R85 classification.

At the Board meeting last Thursday, March 23, our Board approved a motion to grandfather all members of the Club as of June 30, 2016 under the old Rule of 85 classification. This means if your age plus years in Rotary total 85, then you can apply for this membership classification, and it lowers your dues structure to \$62 per quarter and when you attend the Club Thursday meetings, you pay for your meal.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____

Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Make-ups* (Date & Function Attended)
William Aikens - 3/22 - Kaleidoscope Meeting
Jeff Barbour - 3/10 - Kaleidoscope Mtg.
Darcus Breneman - 3/4 - Hands Against Hunger
Nancy Davis - 3/21 - International Affair Mtg.
Jenny Grooms - 3/23 - Rummage Sale Mtg.
Gerry Kiefer - 3/21 - Frederick County
Pat Kofalt - 3/17 - Rehobeth Beach
Darla McCrary - 3/21 - International Affair Mtg.
David Smith - 3/4 - Hands Against Hunger
David Sovine - 3/23 - Rummage Sale Mtg.
Shane Wagoner - 9/18 - SVAH Event (2)

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

Next Board Meeting April 28 - 6 pm
All are welcome, and it counts as a make-up!

OUR DRAWING

Kent Mull won the weekly drawing.....but the Ace remained in the pack, so the jackpot will start at \$173 today.



LORI'S HEALTH TIP

Lori reminded us of the advent of seasonal allergies. However, allergies can also be related to food, including common allergens like peanuts, tree nuts, fish, shell fish, milk, eggs and soy.

Common physical symptoms include an itchy throat, swollen lips, rashes, etc. Eliminating a suspected food from your diet for 2 weeks can help you to identify a specific food allergy. Note that cooking a food can change its composition enough to eliminate its allergic effect.

District Conference Report

The District 7570 Rotary Conference held March 17-19 saw high attendance from our Club with 16 members traveling to the Homestead. Of the many Rotary Interactors present, 25 came from Handley High School.

Scott reported that our club received a 2nd place award for our website...many thanks to Don Louque & his crew. Plus, it was noted that over the years, 4 District Governors have served from the Winchester area.

Laura Cummings and Don Butler presented information on the Area One Drug Coalition to the District governance and again as a breakout session where 27 attended.

After expending \$1.5 billion in the fight against polio, Rotarians count 3 remaining cases. Scott concluded his report with a quote, *"You do not need to help everyone everywhere, but you do need to help someone somewhere."*

President
President-Elect
Secretary
Treasurer

Scott Arthur
Julia Connell
Paul Magness
Cary Claytor

BOARD OF DIRECTORS

2014-17: Dee Dee Barbour, John Elrick, Conrad Koneczny, Karey Starnes
2015-18: Jean Barch, Tom Byrd, Roy Schwarz, Ed White
2016-2019: Jenny Baker, Jaime Karalis, Dick Kent, Kent Mull,

IMMEDIATE PAST PRESIDENT - Tootie Rinker

Cog Wheel Staff: Jenny Baker, Mary Braun, Paul Burkholder,

Tom W. Byrd, Sharen Gromling, Don Karolyi
Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Steve Straight

Reporter: Mary Braun