

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at
www.winchesterrotary.com

Chartered 1921

May 12, 2016

- May 21 - Rescheduled Paint Party! Winchester Rescue Mission, 9 am -?
- May 26 - Board Meeting at GW Hotel, 6 PM
- June 2 - Shrimp Feed
- June 4 - Rummage Sale
- June 30 - Installation of new officers & 6 PM Board Meeting
- July 7, 14, 21 & 28 - Rotary Shelter, Lunch in the Park
- August 4 - FAMILY PICNIC, no noon meeting
- September 17-18 - Apple Harvest Festival

OUR PROGRAM TODAY

Tom Rockwood will bring us up to date on the Student Loan and Scholarship Program.

ROTARY'S NEW COMMITTEE - ACT

Addiction Crisis Team ..Chair Don Butler informed the club of the committee's official name and reported a positive first meeting with the Northern Shenandoah Valley Substance Abuse Coalition. The Team's initial goal is to secure an Area One Collaborative Grant that could provide the Coalition with up to \$24,000 in funding. The Coalition will need to establish clear and specific uses for these funds to be detailed in the Grant proposal. Any club members interested in joining should contact Don Butler.

Little Theatre Night - Last week

Looks like a good time was had by all!



OUR PROGRAM LAST WEEK

Congresswoman Barbara Comstock visited the club and discussed recent achievements by Congress. Mrs. Comstock is in the middle of her second year representing Virginia's 10th Congressional district. She is being challenged by Democrat LuAnn Bennett in this year's November 8th election.

Mrs. Comstock let the club know how much she enjoyed the recent Apple Blossom Festival with a number of her family members. She said they braved the cool temperatures but only took in half of the Grand Feature Parade as her 15 month old granddaughter dictated the family's agenda.

From the recent congressional agenda Mrs. Comstock took pride in legislation that was passed for transportation, education, historic preservation, trade, defense spending and the definition of genocide. Mrs. Comstock pointed out a recent newspaper headline claiming, "Congress is actually working" to emphasize that the legislative branch is not as dysfunctional as many media reports claim.

Mrs. Comstock spent a great deal of her talk addressing the growing concern of heroin addiction in the 10th district and throughout the country. She says that Congress is very close to passing legislation to provide more resources to combat this terrible problem. A comprehensive bill has passed the Senate and awaits a House vote. She says, "this is a bipartisan issue that's hitting everybody". She shared a story about a family friend who is in recovery for heroin addiction to emphasize her point. She recently met with members of the Northern Shenandoah Valley Substance Abuse Coalition to get familiar with how this crisis is affecting our communities.

Mrs. Comstock says that she still has regular communication with her mentor, former long-time 10th District representative Frank Wolf, whom she succeeded. She said that Mr. Wolf's self-imposed "one year break" from discussing congressional issues is over so their recent conversations have included both politics and grandchildren.

RESCUE MISSION PAINTING PARTY

Paul Magness told us that due to the continuous rain, the painting project for the Rescue Mission Spruce-up has been rescheduled for Saturday, May 21st at 9am. Any and all volunteers are welcome.



APPLE BLOSSOM FLOAT

Thanks to Wilson Gilbert, his committee and various volunteers, **The Rotary Club of Winchester took 2nd Place** in the competition for civic and service organizations.



Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Houlihan's - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 5-5-2016	Nancy Davis	Alan McKay
William Aikens	Bruce Downing	Maria Montgomery
Jackie Bates	Dick Helm	Kent Mull
Ralph Bayfield	Sven Hlywiak	Sue Scarborough
Erik Beatley	Alex Iden	Steve Straight
Donna Berger	Don Karolyi	Lori Vogel
Paul Burkholder	David Kent	Jim Youngblood
David Chandler	Dick Kent	Ryan Zelaski
John Copenhaver	Victoria Kidd	
Frances Crawford	Deborah Langfitt	

Make-ups* (Date & Function Attended)
 Jean Barch - 9/18 - SVAH
 Andrew Beck - 3/17 - Kaleidoscope Mtg.
 Andrew Beck - 4/2 - Kaleidoscope (2)
 Tom T. Byrd - 4/26 - Frederick County
 Bob Hall - 4/14&21 - RC Jamaica
 Maria Montgomery - 4/14 - Rummage Mtg.
 Kent Mull - 4/21 - Board Mtg.
 Kelly Wolfe - 4/2 - Kaleidoscope

Turning in a Make-up?
 Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchestertorotary.com under Member Login.

Visitors & Guests Last Week

- Erv Hill visiting from Smith Valley, Nevada Rotary
- Michael Williams visiting from Front Royal Rotary
- Mike Richardson, guest of Chris Lewis
- Shawn Hibbard, guest of Don Louque
- Kristina Simpson, guest of Don Louque
- Mike Ciabucro, guest of Paul Magness
- Addison Williams, guest of Stuart Williams
- Callie Fitzwater, guest of Don Butler
- Langdon Greenhalgh, guest of Tom Byrd
- Chris Collins, guest of Phil Griffin II

Next Board Meeting May 26th
Attitude Adjustment 5:30 pm
Meeting 6 pm
All are welcome, and it counts as a make-up!

RUMMAGE SALE

Chair John Tyson informed the club that the beneficiary of this year's Rummage Sale will be the **Child Safe Center**. John also let everyone know that his team will pick up your rummage but he requested that those with "large" rummage items wait until next week to call for a pick-up or after the committee moves into the armory at Shenandoah University on **May 16th**. John also reminded the club that tax receipt forms will be available as donations are tax deductible.



Libba's Health Report

Libba let the club know that **George Henzel** traveled to Charlottesville to meet with specialists. Unfortunately he has learned that his cancer is growing again. Please keep George in your thoughts and prayers and send him a supportive note when you have a chance.



Libba's Health Tip focused on the eyes. She recommends that we all wear UV blocking sunglasses, even on cloudy days, get regular eye exams and follow the 20-20-20 rule. For those of us stuck in front of a computer most days every 20 minutes take a 20 second break and focus your eyes on something 20 feet away.

Rotary Foundation Info:

Gary Chrisman reminded the club that they have until May 26th to take advantage of the club's offer to receive matching points for donations made to the Foundation in order to become a Paul Harris fellow. If you are unsure of how many points you currently have check with Gary.

In Conrad's foundation minute he offered information concerning the country of Liberia and cases of HIV among pregnant women. Incidents in Liberia are high and the Rotary Club of Los Altos, California and the Rotary Club of Sinker, Liberia teamed up and obtained a Global Grant from the Foundation. With this they have set up testing and treatments in 23 clinics in their country. The aim is to reduce HIV infections in pregnant women by 95%.



Our Drawing Last Week

Conrad Koneczny took home \$19 in last week's drawing. The ace of spades remained in the deck so today's jackpot will begin with \$271.

Apple Harvest Festival - September 17 & 18

Planning is already underway for this year's **Apple Harvest Festival** to be held at the Frederick County Fair Grounds. Chair Darla McCrary noted that 30 paid vendors have already signed up and one of this year's new additions will be a canine obstacle course.

If you would like to join this committee, contact either Darla or Paul >> darla.mccrary1@gmail.com.

EVENT MAKE-UP SLIP
 The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

President	Tootie Rinker
President-Elect	Scott Arthur
Secretary	Julia Connell
Treasurer	Paul Magness

BOARD OF DIRECTORS
 2013-16: Jaime Karalis, Winston Lutz, Kurt Nyberg, Roy Schwarz
 2014-17: Dee Dee Barbour, John Elrick, Conrad Koneczny, Karey Starnes
 2015-18: Jean Barch, Tom Byrd, Ed White

IMMEDIATE PAST PRESIDENT - Dan Martin

Cog Wheel Staff: Jenny Baker, Mary Braun, Paul Burkholder,
 Tom W. Byrd, Sharen Gromling, Don Karolyi, Victoria Kidd,
 Tom Maccubbini, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Jenny Baker Reporter: Tom Byrd