

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



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 Visit The Rotary Club of Winchester website at
www.winchesterrotary.com

Chartered 1921

June 9, 2016

JUNE 11- Rescheduled -Rescheduled Paint Party!

Winchester Rescue Mission, 9 am – Noon

- June 30 - Installation of new officers & 6 PM Board Meeting
- July 7, 14, 21 & 28 - Rotary Shelter, Lunch in the Park
- August 4 - **FAMILY PICNIC**, no noon meeting
- September 17-18 - **Apple Harvest Festival**

Have a program or speaker suggestion? Let Julia know.

OUR PROGRAM TODAY

The Virginia Secretary of Transportation was scheduled to speak, but he had to cancel. Our program will be a Senior Member talk by Nick Nerangis.

RUMMAGE SALE - a HUGE Success!

The Rummage Sale last Saturday was a great success with rummage galore everywhere you looked!

John Tyson says: **"THANK YOU" TO ALL RUMMAGE SALE VOLUNTEERS!** We have survived another wonderful "RUMMAGE SALE EXPERIENCE". A lot of hard work and sacrifice by Rotarians, the Child Safe Center staff and board, family members and friends went into making this year's sale a success. We were fortunate to have good weather all day and while it was a long day, it was worth the effort to support the Child Safe Center. I offer my sincere appreciation for all that you contributed to make this effort a success.

Scott Arthur reports the net proceeds are \$7900!



Photos by Sharen Gromling

PRESENTATION

Co-chairs William Aikens and Jenny Baker presented representatives of Abbacare with a check for \$33,000 as the beneficiaries of Kaleidoscope. The club would like to thank Abbacare for bringing those delicious cakes along to help celebrate the achievement.



OUR PROGRAM LAST WEEK

Sharon Painter, the Veterans Certifying Official at Lord Fairfax Community College, spoke to the club about Veterans Services and the newly established Veterans Mentoring Program at the school.



LFCC's Veteran Services Department helps Veterans, their spouses and dependents use their Veterans' benefits. They offer academic advising, evaluation of military transcripts, help in selecting classes and transfer assistance.

Mrs. Painter joined the LFCC staff in December and is in the process of establishing a Veterans mentoring program. The goal of the program is to give the 150-175 veterans attending LFCC's various branches a community veteran to act as their mentor. The program is funded through the VA Veterans Service Demonstration Project. LFCC is one of five community colleges in Virginia to pilot the program. Mrs. Painter said that in order to become a mentor one must be; a veteran, professionally successful, willing to go through mentoring training, and willing to commit an hour a week to their mentee. Mrs. Painter says that the LFCC foundation is working on providing the mentoring program with its own space at the school for the upcoming fall semester.

RESCUE MISSION PAINTING PARTY

REMINDER, the painting project for the Rescue Mission Spruce-up has been re-scheduled for Saturday, June 11th at 9am. Any and all volunteers are welcome.



SHRIMP FEED - Were you there?

If you weren't, you missed Don Louque and his retreat to the 70's. PLUS a variety of door prizes from wine, to museum passes, to t-shirts, to country ham and more!



If you were, you know what a great time we all had! **EVERYTHING...**the soup, shrimp, coleslaw, corn-on-the-cob were super tasty as usual AND the desserts were extra special home-made treats from Jean Barch!

Thanks to the Shrimp Feed Crew and to all who donated door prizes.



Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Houlihan's - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 5-26-2016

DeeDee Barbour
Jean Barch
Andrew Beck
Donna Berger
Mary Braun
Tom T. Byrd
John Copenhagen
Frances Crawford
Marie DiLorenzo
Dana Evans
Paul Frank

Hunter Gaunt
Phil Glaize
Dick Helm
Doug Joyner
Conrad Koneczny
Chris Lewis
Winston Lutz
Neile Martin
Darla McCrary
Alan McKay
Guss Morrison
Adrian O'Connor
Sue Rich

Mary Riley
Tom Rockwood
Diane Ruckman
Jeannie Shiley
Dave Smith
David Sovine
Karey Starnes
Steve Straight
Diana Thorne
Ajay Virmani
Stuart Williams
Dick Wiltshire

Make-ups* (Date & Function Attended)

Jenny Baker - 5/7 - WLT Social Mtg.
Jeff Barbour - 5/26 - Board Mtg.
Jean Barch - 5/19 - Rummage Sale Prep.
Donna Berger - 4/28 - WLT Social Mtg.
Donna Berger - 5/20 & 5/27 - Front Royal
Kerri Burkhardt - 5/26 - Rummage Sale Prep.
Tom T. Byrd - 5/3 - Frederick County
Marie DiLorenzo - 5/23 - Rummage Sale Prep
Bruce Downing - 5/26 - Rummage Sale Prep.
Paul Frank - 5/26 - SVAH Mtg.
Phil Glaize - 5/21 - Rummage Sale Prep.
Bob Hall - 4/22 - Jamaica Rotary

Dick Helm - 5/26 - Board Mtg.
Conrad Koneczny - 5/24 - Kill Devil Hills, NC
Jim Laidlaw - 5/17 - Frederick County
Deborah Langfitt - 5/23&5/24 - Rummage Sale
Winston Lutz - 5/23 - Rummage Sale Prep.
Darla McCrary - 5/26 - SVAH Mtg.
Maria Montgomery - 5/23 - Rummage Sale
Kent Mull - 5/19 - Present
Mary Riley - 5/18 - Rummage Sale Prep.
Sue Scarborough - 5/18 - Clarke County
Karey Starnes - 5/16 - Rummage Sale Prep.
Dick Wiltshire - 4/2 - Kaleidoscope
Jim Youngblood - 5/24 - Rummage Sale Prep.

Visitors & Guests Last Week

Michael Williams visiting from Front Royal Rotary
Janice Welmer, Club guest
Fred Walk, Club guest
Dina Rodriguez, guest of Ben Weber
Sean Hibbard, guest of Don Butler
George Fantain, guest of Lori Bales

SAVE THE DATE! September 17 & 18

Planning is well underway for this year's **Apple Harvest Festival** to be held at the Frederick County Fair Grounds. **Chair Darla McCrary** noted that 30 paid vendors have already signed up and one of this year's new additions will be a canine obstacle course.



If you would like to join this committee, contact either Darla or Paul >> darla.mccrary1@gmail.com.



Our Drawing May 26th

Marty Tabaka took home \$16 as the winner of the weekly drawing but he didn't pull the Ace of spades so the pot continues to grow. Today's jackpot will begin at \$408.

Next Board Meeting - June 30

Attitude Adjustment 5:30 pm Meeting 6 pm

All are welcome, and it counts as a make-up!

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Rotary Club of Winchester,

Month nine down and there's not much time left! This past month I've "graduated" Spanish high school, said goodbye to some of my closest friends, and attended my last rotary dinner in Spain. My host club was and is nothing short of spectacular. We've had an amazing year and it was like being a part of a giant family.

While I've been visiting some of my favorite places for the last time, I've realized how "Spanish" I've become.. How much I feel like a local. From my favorite cupcake shop to the amazing rooftop museum that views the entire city, I've discovered Madrid's precious gems and feel like it's my second home. I'm going to miss picnics almost everyday in Retiro, kicking back and watching the sunset from my favorite terrace bar, continuously discovering a new park or coffee shop in this never ending city. I'm going to miss waking up and deciding that it was okay to eat chocolate for breakfast because churros con chocolate is a thing, siestas (no more description needed), my favorite traditional Spanish dishes- paella, croquetas, tortilla de patata, jamon, etc., public transportation, and lastly just walking down the city's streets. There's nothing more beautiful than taking a casual stroll through this gorgeous city. Walking down cobblestone streets, the nice warm weather, and the beautiful architecture surrounding, how can I not miss this place? Although I could go on and on about this city and what I love about it, I'm going to end it with one more thing, the people. Everyone has been so nice and welcoming with open arms here. Not just rotary, but anyone from kids at school to people you walk by on the streets. I'll never forget the hospitality of Spain and the beautiful culture that lies within.

Well by the next monthly report I'll be finishing up a tour throughout Europe and heading home to the U.S! Until then, Chao! *Madison Yates*

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____

Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

BIG BIRTHDAY



With the shrimp feed on the schedule for last week, the club took the opportunity at our May 26th meeting to sing an early Happy Birthday to our most senior member, Don Stewart. Don celebrated his 96th birthday on June 7th. Don you are an inspiration to us all.

Libba's Health Tip

Libba's health tip focused on the teeth. And her advice was rather simple brush your teeth twice a day, using a circular motion for two minutes at a time. Libba suggests using a timer or humming a song to make sure that you are brushing long enough. If that song is "Happy Birthday" you will need to sing it roughly eight times. Also make sure you floss every day before bedtime.



ANNOUNCEMENTS

Kerri Burkhardt told us of the upcoming annual **Adult Care Center fundraiser** to be held at the George Washington Hotel on June 12th beginning at 11:30 am.

Stephanie Landis relayed two upcoming events at Westminster-Canterbury on June 15th. The first is a free luncheon to be held from 11:30-1:00 in celebration of **World Elder Abuse Awareness Day**. The second is a free seminar to be held that evening from 6:30-8:00 titled **Connecting with People Who are Living with Dementia**.

President
President-Elect
Secretary
Treasurer

Tootie Rinker
Scott Arthur
Julia Connell
Paul Magness

BOARD OF DIRECTORS

2013-16: Jaime Karalis, Winston Lutz, Kurt Nyberg, Roy Schwarz
2014-17: Dee Dee Barbour, John Elrick, Conrad Koneczny, Karey Starnes
2015-18: Jean Barch, Tom Byrd, Ed White

IMMEDIATE PAST PRESIDENT - Dan Martin

Cog Wheel Staff: Jenny Baker, Mary Braun, Paul Burkholder,

Tom W. Byrd, Sharen Gromling, Don Karolyi, Victoria Kidd,
Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Don Karolyi

Reporter: Tom Byrd