

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA

Visit The Rotary Club of Winchester website at www.winchesterrotary.com

Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

August 18, 2016

TODAY.....Camp Fantastic BBQ

August 25 - 6 PM Board Meeting, GW Hotel
 September 17-18 - **Apple Harvest Festival**
 September 20 - District Governor's Visit, GW Hotel, 5:30 pm
 September 22 - Shrimp Feed, Izaak Walton Park, *No Noon Meeting*
 September 29 - 6 PM Board Meeting, GW Hotel
 October 3 - **Golf Tournament**


OUR PROGRAM TODAY

Public Defender Timothy Coyne and Chief Kevin Sanzenbacher present a program on the new Drug Court.

DISTRICT GOVERNOR'S VISIT—September 20th

See Scott if you would like to join us in the George Washington Hotel's Grand Ball Room for District Governor Chris Runion's visit to Area 1. Social Hour is 5:30 - 6:30pm, Dinner is 6:30-8pm. Ticket cost is \$30.

2017 Rotary International is in Atlanta! - June 10-14

 This is as close as it gets, folks! Area 1 has blocked out an entire hotel and room costs will be about \$250/night. Don't miss this opportunity to attend a historic event as the R.I. Foundation celebrates its 100th anniversary.....
*Doing Good in the World!*

Bring a Friend to Rotary Month

District Governor Chris Runyan declared August as **Bring a Friend to Rotary Month**. Did you? *Will you?*

**New Paul Harris Fellow**

Dan Martin designated his daughter Jackie as a Paul Harris Fellow. He believes Jackie exemplifies many of the attributes of a Paul Harris Fellow because of her commitment to making the world a better place. She was awarded a certificate and pin. Congratulations to both Dan and Jackie!

Addiction Crisis Team (ACT) Committee

October is "Substance Abuse Prevention Month". Committee members Paul Burkholder and John Lamanna have reached out to our Interact clubs at Handley and James Wood to involve them in a community awareness program about the perils of the drug overdose epidemic. We will partner with the Northern Shenandoah Valley Substance Abuse Coalition in this community effort.

LAST MEETING

Joey Bahr spoke to us on his work at the Corps of Engineers. Joey graduated from Lord Fairfax and went on to earn an Engineering degree from Old Dominion University. He's a proud inventor and patent holder of a range finder and site for archery and believes that part of his life exemplifies his curiosity and inventiveness. He worked summers at the Corps of Engineers both as an employee and intern before accepting a full time position as an estimator and scheduler. He has worked in Jordan, Kuwait and Saudi Arabia as a project manager. He has had the pleasure of negotiating at high levels for both the F-16 fighter jet and Apache helicopter and then assuming the responsibilities of project manager. His job as project manager was difficult in that the work was being performed over 6,000 miles away and he had no real authority over the local working population. This odd position required him to employ skills that made projects effective and possible. He felt that building teams of competent people was the key to his success and that our own 4 way test covers much of his philosophy of management. He also feels that maintaining balance in your life and always being yourself is a must for a successful life.



In his overseas experiences he did his best to show respect by learning the local culture and being sure not to offend it. He was an oddity in the Arab world though because he has blue eyes and blond hair and was once asked if it was OK to touch his hair as that person had never seen blond hair.

He has negotiated pricing and cost management for huge projects with major corporations including with the CEOs of those companies.

New Member Induction

Mike Richardson was inducted as a new Rotary member, welcome Mike! Stop & take a minute to welcome him to our club.

**Our Drawing Last Week**

Winner of last week's drawing was guest, Jennifer Stanford...but again, the Ace of Spades remained hidden. The jackpot starts today with \$71.

**Need to make-up an absence? Check out these area club meetings:**

Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
 Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
 Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
 Front Royal - Friday Lunch - Houlihan's - Noon
 Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
 Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
 Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
 Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
 Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
 Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
 Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 8-11-2016

William Aikens
Erik Beatley
Kerri Burkhardt
Don Butler
Tom T. Byrd
Kevin Callanan
David Chandler
Cary Claytor
John Copenhaver
Rob Frogale
Phil Glaize

Jenny Grooms
Dick Helm
Sven Hlywiak
Alex Iden
David Kent
Dick Kent
Pat Kofalt
John Lamanna
Stephanie Landes
Deborah Langfitt
John Lewis
Winston Lutz

Neile Martin
Darla McCrary
Bob Mitchell
Adrian O'Connor
Ron Price
Tom Rockwood
Roy Schwarz
David Sovine
Dick Wiltshire
Kelly Wolfe
Jim Youngblood

Visitors & Guests Last Week

Darcus Breneman from Frederick Co. Rotary
Lisa & Jackie Martin, guests of Dan Martin
Jeffrey Elrick, guest of John Elrick
Linda Mingori, guest of Bernie Schwartzman
Melissa Fortner, guest of Tricia Stiles
Lias Behr, Mark Smith, guests of Julia Connell
Tyler Schank & Jennifer Stanford, guests of Julia Connell

SAVE THE DATE! September 17 & 18

The **Apple Harvest Festival** will be held again at the Frederick County Fair Grounds. We are expected to reach a milestone this year of **\$1 million \$\$\$ raised** over the life of the festival!

AND, what's an apple harvest festival without apple dumplings? We're looking for a provider of those yummy, apple wrapped in pastry, delicious, juices running down to your elbows, gotta-have...well, you know... **IF YOU KNOW OF A CHURCH OR ORGANIZATION** wanting to be the sole provider of apple dumplings at the apple harvest festival (hint: they don't have to be homemade, the local foodservice company sells them) **PLEASE LET DARLA OR PAUL KNOW!**

Call 540-336-9114 or email darla.mccrary1@gmail.com.



BENEFICIARY SELECTED

Our Golf Tournament on Oct. 3 will benefit **Winchester Day Pre-School** whose fence, sidewalk and parking lot will be improved for safety purposes. See Don Louque and company to get involved!

FOUNDATION MINUTE

Conrad continued the discussion of Rotary "peace fellows" and the commitment Rotary has to conflict resolution. There are 7 Universities worldwide which offer a masters in Peace and Conflict Resolution and each school can accept 12 students per year on behalf of the Rotary Foundation. Each student must study in a country other than their own and the foundation picks up all tuition, fees, room and board. The Foundation even covers travel costs to and from the student's home. The curriculum is quite focused and with 168 students being trained every year clearly Rotary is committed to promoting peace throughout the world.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____

Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Make-ups* (Date & Function Attended)

Jenny Baker - 7/28 - Board Mtg.
Tom W. Byrd - 7/28 - Board Mtg.
Cary Claytor - 7/28 - Board Mtg.
Wilson Gilbert - 8/11 - Golf Committee Mtg.
John Huddy - 7/14 - Golf Committee Mtg.
John Huddy - 8/10 - Clarke County
Jaime Karalis - 8/11 - Golf Committee Mtg.
Gerry Kiefer - 7/21 - Akron, OH
Gerry Kiefer - 8/1 & 8/8 - eClub One
Patrick Kofalt - 7/28 - Golf Committee Mtg.
Darla McCrary - 7/11 - SVAH Mtg.
Kit Molden - 8/11 - Golf Committee Mtg.
Guss Morrison - 7/27 - ACT Committee Mtg.
Kip Rutherford - 8/12 - Front Royal
Ben Weber - 8/11 - Golf Committee Mtg.
Kelly Wolfe - 7/14 - Golf Committee Mtg.

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

NEW YEARBOOK IN THE WORKS

The Rotary Yearbook, under the able direction of Karey Starnes and Conrad Koneczny, is being updated.

Did you return your information update form? It was included with your dues recently. Karey has received only half back! Today you can check the current info in the notebook at the Sergeant-At-Arms desk...if it is still correct, please initial and write in "No Changes" This is really important information as we will also use it to update our own website and the district website.

If you have any questions, see Karey, Conrad or Scott. If you have a current photo, send it to Sue Rich at: clearchoiceprinting@gmail.com OR, see Don Karolyi and he will digitize you!

HEALTH REPORT

Terry and Dianne Sinclair are moving to Westminster Canterbury permanently and Terry has enjoyed his return to our Rotary meetings. **Don Stewart's** hernia repair was a success and he is back home at Westminster Canterbury. **Conrad** had his Pet scan and joined us for our meeting but he does have treatments ahead of him, please keep him in your thoughts and prayers.

Health Tip: As Libba works her way down our body her tip of the day was how to identify and help prevent throat cancer. Identifying signs include, sudden and unexplained hoarseness or change in voice, difficulty in swallowing, chronic cough, unexplained weight loss, swelling of the throat, jaw or neck. Other signs include unexplained bleeding from the mouth or nose and or ear pain. Those who smoke or have gastro reflux are at a higher risk of throat cancer as are those who have the HPV virus. Consuming excessive amounts of alcohol is also a contributing factor. Eating vegetables regularly is helpful in preventing throat cancer.



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President-Elect
Secretary
Treasurer

Scott Arthur
Julia Connell
Paul Magness
Cary Claytor

BOARD OF DIRECTORS

2014-17: Dee Dee Barbour, John Elrick, Conrad Koneczny, Karey Starnes
2015-18: Jean Barch, Tom Byrd, Roy Schwarz, Ed White
2016-2019: Jenny Baker, Jaime Karalis, Dick Kent, Kent Mull,

IMMEDIATE PAST PRESIDENT - Tootie Rinker

Cog Wheel Staff: Jenny Baker, Mary Braun, Paul Burkholder,

Tom W. Byrd, Sharen Gromling, Don Karolyi
Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Paul Burkholder

Reporter: Paul Burkholder