

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.winchesterrotary.com
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

November 16, 2017

- Nov 23 - Thanksgiving, No Meeting
- Nov 30 - Board Meeting
- Dec 14 - Holiday Social at WCC, evening event, no noon meeting
- Dec 21 - Evans Home Christmas Party - WCC (pizza lunch)
- Dec 21 - Board Meeting
- Dec 28 - Holiday Break - no meeting

OUR LAST PROGRAM

Allison Lowery is new to Winchester, having moved here just 18 months ago. Before coming to Winchester, Allison lived in the Kensington area of Philadelphia. She is the manager for Manpower.



Allison spoke of how her parents inspired her. Her father instilled the importance of community service. He was a Vietnam veteran, who after being injured on the job as a Philadelphia policeman went to college on the G.I. bill. While in school he helped other vets get their G.I. bill benefits. This ultimately led to a 30 year career as the director of veterans' affairs for Philadelphia. Allison's mother became a nurse, earning her BA degree after having four children. Her father earned a MA degree after the children were born.

After working in jobs ranging from cleaning kennels (it was crappy), an elevator company (lots of ups & downs), and an adhesives company (sticky business), Allison worked in a homeless shelter for kids, and later a residential treatment center which treated whole families.

Allison has two sons, one is attending Lord Fairfax Community College, and the other is at James Wood High School.

She likes working at Manpower because it involves helping people, and she feels this would make her father proud.

TODAY

Our speaker today is Robin Owens of Frederick County Public Schools. Robin will share the successes of the many gifted independent study students from our area high schools.



DICTIONARY PROJECT

This week is American Education Week and our "Rotary Dictionary Elves" have been out delivering dictionaries to third grade classes at our local schools. A VERY BIG THANK YOU to all helping out.



SALVATION ARMY BELL RINGING!

Our club will continue its tradition of ringing the bell for the Salvation Army in honor of Dick Demorest. Our date this year is Saturday, December 9th with 2 hour shifts from 10 AM to 6 PM. Our two locations will be at the Apple Blossom Mall: main entrance by Penny's and restaurant (now closed) and the entrance by H&R Block on the same side. The Handley Interact Club will be at the Sears entrance just past the H&R Block site.

The sign-up sheet is being passed around today by Kent Mull. Questions....call Don Butler (539-0279) or email don@vpgwinchester.com



Larry Weiss says there have been four constants through adult life; Faith, Family, Moving, and Rotary. The role of faith in his life is exemplified by his membership in temple Beth El in Winchester, where he is a lay leader. Larry has been married to his wife Kathy for 42 years, and they have two daughters, one of whom is a VP in the tech field, and the other is a paralegal.

Radio has been Larry's hobby and career for the past 42 years. Larry started in Radio in Meadville, PA, where he was an announcer. While in that role he discovered that his best potential was on the other side of the mic, in management. This led to a series of moves over the years.

In addition to his home state of New York, Larry has lived in Pennsylvania, Florida, Oklahoma, Ohio, and most recently North Carolina. When he lived in Titusville, FL, he got to see space shuttle launches, and recalled seeing the tragic launch of the Challenger in 1986.

He planned to finish out his career in North Carolina, but when the stations he managed in New Berne were sold to a large corporation, he jumped at the chance to work for the smaller, highly respected Centennial Broadcasting, which owns WNCM, AM 1400, and B105 here in Winchester.

Larry has been a member of Rotary over much of his career, including being president of the New Berne, NC, club shortly before moving to Winchester. He recognized several Rotarians who have helped or inspired him along the way, and challenged each of us to recruit new members to our club.

PHIL SPRENKLE AWARD

Congratulations to Cary Claytor, on being chosen as the recipient of this year's Phil Sprenkle award. Cary's impressive list of community leadership activities, along with balancing that with family life and a demanding job as president of H.N. Funkhouser made her a natural choice for this prestigious award.



Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Houlihan's - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 11-09-17

William Aiken	Anthony Crosen	Janice Housey	Martin Tabaka
Lori Bales	Nancy Davis	Dwight Kemp	Diana Thome
DeeDee Barbour	Dana Evans	John Lamanna	Ajay Virmani
Jean Barch	Paul Frank	Darla McCrary	Shane Wagoner
Jackie Bates	Rob Frogale	Kit Molden	Ben Weber
Kerri Burkhart	Phil Glaize, Jr.	Ron Price	Kelly Wolfe
Paul Burkholder	Phillip Griffin II	Jeannie Shiley	
Don Butler	Dick Helm	Terry Sinclair	
	Sven Hlywiak	Dave Smith	

Visitors & Guests Last Meeting

Randy Boies visiting from the Strasburg Rotary Club
 Ernie Carnevale visiting from the Leesburg Rotary Club
 Lesa Mayfield, guest of Gerry Kiefer
 Ben Rothermel, guest of Darcus Breneman
 Lisa Sunderlin, guest of Jimmy Stafford
 Chris Merchant, guest of Mary Braun
 Steve Stoliper, guest of Marie Deloenzo

COATS FOR KIDS

820 coats have been ordered for area children. If you would like to help distribute or donate to this worthy cause, see Eric Beatley.



FOUNDATION MINUTE

John Elrick reminded us that October 24th was World Polio Day. This event draws attention to Rotary's leadership in the fight against polio.

John also encouraged us to take advantage of the up to \$500 match for Paul Harris Fellow points, available now through the end of this year. This gives you the opportunity to get a Paul Harris fellowship for \$500 instead of the usual \$1000. But don't think of it as a discount, it is encouragement to contribute \$500 toward helping children be inoculated against Polio.

SAVE THE DATE - December 1, 2017

We look forward to seeing you at the **Annual District Foundation Banquet**. The registration deadline is November 24th. Lodging is available nearby at Hyatt Place Blacksburg. Join us and enjoy meeting and hearing Past Rotary International President Ron Burton - who will also Chair our Rotary Foundation Board of Trustees in 2019-20. Past RI President Ron is coming from Norman, Oklahoma to honor our own Past RI President Bill Skelton. Come hear the stories that helped mold our District and Rotary International. Come Celebrate Our Support of Our Foundation. Saturday Morning, come have breakfast at Skelton Center to hear our NewGen Peacebuilder Group Peace Project reports, then visit our RYLA Youth Conference. Come be inspired by our Foundation and Youth Service.

Make-ups* (Date & Function Attended)

DeeDee Barbour - 9/17 - Apple Harvest Festival
 Ken Blackwell - 11/1 - Clarke Co Rotary
 Cary Claytor - 9/17 - Apple Harvest Festival
 Bob Hall - 11/7 - eClub One
 Paul Frank - 9/16 - Apple Harvest Festival
 Phillip S Griffin - 9/17 - Apple Harvest Festival
 John Huddy - 9/16 - Apple Harvest Festival
 Doug Joyner - 9/16 - Apple Harvest Festival
 Don Karolyi - 9/16,17 - Apple Harvest Festival
 John Lamanna - 9/21 - Board Meeting
 Darla McCrary - 9/16 - Apple Harvest Festival
 Kit Molden - 11/9 - Golf Committee Meeting
 Jimmy Stafford - 10/27 - Front Royal Rotary
 Stephen Straight - 9/17 - Apple Harvest Festival
 Michelle Thomas - 10/7 - Frederick Co Rotary
 Shane Wagoner - 9/2 - Golf Tournament

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

Next Board Meeting

November 30th 6 PM G W Hotel

Attitude Adjustment 5:30 pm

All are welcome & it counts as a Make-up!

NEW MEMBERS

Katie Childress and Laurie Ruby were introduced for the first time as our newest members. Welcome ladies!

OUR LAST DRAWING

Cary Claytor drew the Jack of Clubs, netting her \$17 and leaving the pot to start at \$302 today.

HEALTH REPORT

Tom Baker is recovering from a successful 6 hour surgery at UVA. This was to repair a problem causing him to lose blood. He will be in ICU for about a week, so no visitors during that time. Please send cards until he is able to see visitors, which hopefully will be near the time you are reading this.

LIBBA'S HEALTH TIP

The event you have been waiting for has arrived. **November is Pomegranate month!** Each red orb contains approximately 600 low-calorie, high-fiber seeds that are loaded with vitamins C and K, which can help prevent heart disease and cancer. The popularity of pomegranates can be traced as far back as ancient Egypt, where they were appreciated for their beauty as well as their health benefits.



From ancient Persia to the Himalayas and beyond, tangy pomegranates are mentioned several times in the Bible, and are one of the world's most popular and cultivated fruits today. After being introduced in California by Spanish settlers in 1769, they're still grown in the American west, although they require very dry air and high temperatures to produce the best flavor.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

President	Julia Connell
President-Elect	Paul Magness
Secretary	Cary Claytor
Treasurer	Dick Kent

BOARD OF DIRECTORS

2016-2019 Jenny Baker, Jamie Karalis, Kent Mull, Jonathan Snowden
 2015-2018 Jean Barch, Tom W. Byrd, Roy Schwartz, Ed White
 2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith

IMMEDIATE PAST PRESIDENT - Scott Arthur

Cog Wheel Staff: Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Don Karolyi

Reporter: Chuck Peterson