

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.winchesterrotary.com
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

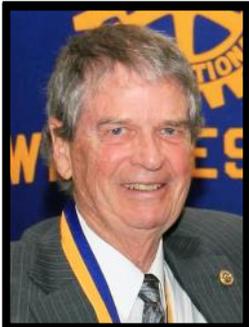
January 18, 2018

NEXT WEEK - Board Meeting, Winchester Country Club 5:30pm

- February 22 - Board Meeting, GW Hotel 6 pm
- March 16-18 - District 7570 Conference
- March 22 - Board Meeting, GW Hotel 6 pm
- March 24 - Kaleidoscope
- April 5-7 - PETS at Hotel Roanoke

TODAY'S PROGRAM

Brook Ilges, will share her ideas on the exciting field of mobile technology and its necessity for growing businesses as well as charitable organizations.



FAREWELL TOM & Thank you!

We mourn the loss of Tom Baker, a lifelong Rotarian and a true example of **"Service Above Self,"** last Friday evening. Tom was a member of our Rotary club for over 45 years. He and his wife, Sheila, have dedicated much of their lives to giving back in a meaningful way to our community, especially to youth programs and children with cancer. As the founder of Camp Fantastic (and its sponsor, Special Love) and the Youth Development Center, Tom truly had a servant's heart. He transformed the pain of losing his oldest child, Julie, into compassion for other pediatric cancer patients and their families. His legacy of service will have far-reaching effects for generations to come.

Memorial donations may be made to Special Love, Inc., 117 Youth Development Ct., Winchester, VA 22602 or Youth Development Center, Inc., 3 Battaile Dr., Winchester, VA 22601 (<https://www.myydc.org>).

BOARD ELECTIONS – Board elections for the 2018-2019 Rotary year are coming up on January 25th. Prepare to be introduced to the following folks over the next couple weeks:

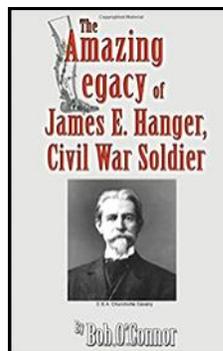
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|-------------------------------|------------------------|
| President: Paul Magness | Secretary: Dick Kent |
| President-Elect: Cary Claytor | Treasurer: John Elrick |

The nominating committee has also proposed the following members for Board of Directors (top 4 will be elected):

- | | | |
|-------------------------|-------------------|--------------|
| Tricia (Stiles) Simpson | Nancy Davis | Jeff Barbour |
| Dick Helm | Jennifer Stanford | Phil Glazie |
| Marie DiLorenzo | Linda Coffman | |

LAST PROGRAM

Author Bob O'Connor shared his book, **"The Amazing Legacy of James Hanger,"** who Bob described as *"the most important soldier to come out of the Civil War,"* despite the fact that he never signed his enlistment, never wore uniform, never had a horse or a gun, and never saw any combat. Hanger's lasting impact comes from the fact that he was the first amputee of the Civil War and eventually went on to become a world famous prosthetist.



Hanger enlisted in 1861 and showed up for duty in the small town of Philippi, West Virginia (which was part of Virginia at the time). Before he even had a chance to get his uniform, the Confederate Army was on the run from advancing Union Soldiers. The union fired three cannon shots over the town of Philippi from the hill that is now the home Alderson Broaddus University, making Philippi the site of the first land battle of the Civil War. (Fort Sumpter sits on the water, after all.)

None of the cannonballs struck a live target, but the third, a 6-lb. cannon ball, ricocheted off a tree and into the barn where Hanger and the cavalry were waiting out a storm. The cannonball struck Hanger in his left leg, resulting in a 45-minute operation that removed the limb seven inches above the knee. The surgeon was one of only 27 who were available at the start of the war. There would be hundreds of surgeons, many of them former butchers, by the war's end. Approximately 60,000 soldiers lost a limb in the Civil War.

Hanger went home to Churchville, Virginia, where he closed himself in his upstairs room and began tinkering on a better artificial leg than the peg leg he had been given in the war. He said it was "more peg than leg." He soon had a working prototype that was the talk of the town (so much so that if he left it downstairs when visitors called, they wouldn't bother asking for him but would visit with the leg instead). Hanger set-up his first factory in Churchville soon after and, in 1861, opened a factory in Staunton, Virginia.

He was one of only two approved prosthetists serving the Confederate Army at that time. As an amputee himself, he had a unique bond with his patients and remained the most successful prosthetic manufacturer throughout his lifetime. Hanger Limbs is now a worldwide multimillion-dollar business. Hanger also advised companies overseas and in the U.S. on best practices and was heavily involved in the formation of the V.A. hospital system. Not bad for a soldier who never fired a gun or served a moment in combat...

Need to make-up an absence? Check out these area club meetings:

- | | |
|---|--|
| Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon | New Market - Wednesday Lunch - The Shenvalle - 12:10 pm |
| Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm | Purcellville - Thursday - Bethany United Methodist Church - 7:00 am |
| Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am | Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon |
| Front Royal - Friday Lunch - Houlihan's - Noon | Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am |
| Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm | Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm |
| Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm | Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm |

Absentees: 1-11-18

William Aikens	Marie DiLorenzo	Jaime Karalis	Diane Ruckman
Jenny Baker	Bruce Downing	Dwight Kemp	Steve Straight
Jackie Bates	John Elrick	Deborah Langfitt	Michelle Thomas
Mary Braun	Dana Evans	Allison Lowry	Shane Wagoner
Kerri Burkhardt	Melissa Fortner	Darla McCrary	Ben Weber
Tom W. Byrd	Paul Frank	Kit Molden	Kelly Wolfe
Kevin Callanan	Rob Frogale	Guss Morrison	Jim Youngblood
Linda Coffman	Jenny Grooms	Kent Mull	
Frances Crawford	Brian Hester	Debbie Parrish	
	Sven Hlywiak	Ron Price	

Visitors & Guests Last Meeting

Don & John Crider, guest of Maria Montgomery
 Ann Burkholder, guest of her husband Paul
 Mark Andrews, guest of Jaime Karalis
 Billy Whirlery, guest of Jeff Barbour
 Mike Ciabuffi, guest of Paul Magness
 Dan Whitaker, guest of Scott Arthur

Kaleidoscope Beneficiary Chosen

The club's Board of Directors met briefly after last week's meeting to approve the selection of the **Northern Shenandoah Valley Substance Abuse Coalition** as the 2018 beneficiary of our Kaleidoscope event on March 24th at Shenandoah Valley Golf Club. This year's event will be an Area 1 event, so ALL your Rotary friends will be there. Don't let them down – buy your ticket!

WINCHESTER ROTARY WEBSITE UPDATE

John Elrick substituted his Foundation Minute with an update on our Rotary website, which is about to be re-born in the next two months. He needs volunteers to help transfer our existing web info to the new site because the company that hosts our current site is going out of business in early March and any data not transferred will be gone, baby, gone. Let John know if you can help – it's primarily cut-and-paste work. You won't need scissors or glue.....



Invite A Friend...Gain a Member

Here's a great way to invite potential club members to get to know us!
 Pick up a card at the check-in table and invite a friend or business associate to join us for a complimentary lunch.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Make-ups* (Date & Function Attended)

Mary Braun – 11/14 – Rotary of Fredericktowne
 Tom W Byrd – 12/21 – Board Meeting
 Dwight Kemp – 1/10 – rotary of Koloa, Kauai
 Darla McCrary – 1/7 – Apple Harvest Committee Mtg
 Kit Molden – 11/20 – eClub One

NEXT BOARD MEETING

JANUARY 25th
5:30 PM - Winchester
Country Club

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.



"Breathe" - POLIO FUNDRAISER MOVIE

Monday, Feb 12th. This should be a fun evening at the Alamo Drafthouse and a great way to raise money for polio.

The Australian film is about a young man struck down by polio, his wife intervenes to help him live a rewarding life. It features an award-nominated cast and has gotten great reviews. Plus it will make a great date movie, just in time for Valentine's Day! See Mary Braun for more details or below is the exclusive website for Rotarians to purchase tickets.

This showing is for our club members and guests only, so please help us fill the theatre! There are only 166 seats available, so order your tickets today

<https://drafthouse.com/winchester/tickets/breathe/0301/105556/showtimes>



Health Tip: S L E E P

Libba gave us lots of suggestions for how to sleep better, assuming you are getting enough sleep to begin with. Almost every sleep position has its potential drawbacks - sleeping on your back is bad news if you have sleep apnea, sleeping on your stomach is bad news if you're trying to avoid a sore back, and sleeping on your right side will not help your acid reflux. So before you go out and buy a new mattress, try sleeping on your left side or on your back with support under your legs to see if you get a better night's sleep!



OUR RAFFLE LAST WEEK

Bernie Schwartzman won \$27 but missed the megabucks (we're closing in on the \$500) when he drew the queen of hearts. The jackpot begins today with \$419.

President	Julia Connell
President-Elect	Paul Magness
Secretary	Cary Claytor
Treasurer	Dick Kent

BOARD OF DIRECTORS

2016-2019	Jenny Baker, Jamie Karalis, Kent Mull, Jonathan Snowden
2015-2018	Jean Barch, Tom W. Byrd, Roy Schwartz, Ed White
2017-2020	Paul Frank, John Lamanna, Libba Pendleton, Dave Smith

IMMEDIATE PAST PRESIDENT - Scott Arthur

Cog Wheel Staff: Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos:

Reporter: Dave Smith