

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



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 Visit The Rotary Club of Winchester website at www.rotaryclubofwinchester.org
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

April 12, 2018

SATURDAY - Hands Against Hunger Food Packing Project
 April 22 - **RE-SCHEDULED** - Plant A Tree Project
 April 26 - Board Meeting, GW Hotel 6 pm
 April 26 - KEG PARTY Polio Fundraiser
 May 3 - Apple Blossom Queen's Dinner (no noon meeting)
 May 10 - Winchester Little Theatre Night
 May 24 - Board Meeting, GW Hotel 6 pm
 June 2 - 8th Annual Rummage Sale
 June 7 - Shrimp Feed, Isaak Walton Park (no noon meeting)
 June 16 - International Affair

TODAY'S PROGRAM

We'll have a "Club Assembly" that will include awarding Paul Harris Fellows, a detailed Rummage Sale update, and a New Member Talk by Heather Hovermale.



HANDS AGAINST HUNGER

Dan Martin showed us a sample of the food packets we will be packing up for Hands Against Hunger this **Saturday, April 14th - 8 AM** at Sherando High School. Each packet contains 6 meals.

Last year the packets were sent to schools in Haiti.

It's amazing that we'll pack 20,000 meals in less than two hours. Isn't that cool? If you would like to help but can't be there, Dan will be "passing the hat" for donations.

KEG PARTY to benefit PolioPlus

Graduation is a few months away, but the party is starting early! **And you're invited...**

Where: Julia's "Sorority" House

(605 Tennyson Ave, Winchester)

When: Thirsty Thursday, April 26 at 6:30 pm

Why: We are still short of our PolioPlus Goal by \$2,500 so all proceeds from the Keg Party will be donated toward our PolioPlus goal of \$5,500.

Come casual and bring your photo ID because we will have Bouncer Paul at the door to card you and collect your cover charge of \$10. Once you've been cleared to enter, you will have the option of drinking your beer from a sophisticated Polio Pint Glass (\$8 for the glass, free refills) or you can drink from a Red Solo Cup for free! We'll be serving sliders, subs, chips, and other snacks. **Plus a bunch of other fun things to do!**



OUR LAST PROGRAM

New member talks had a common theme, both speakers last week are currently planning a wedding.



Steve Kent will marry his fiancé Christine in November. Steve is the third member of the Kent family to become a member of our club joining his father (club Treasurer) Dick and his brother David. Steve works for the family business, Signet Marketing, which the Kents have owned since 2006. Steve paid tribute to his parents for his solid foundation and strong sense of values. He was an avid lacrosse player during his younger years and today enjoys hiking, cooking and the outdoors. Steve spoke fondly of his experience with the Big Brother program. He mentored a boy for eight years and is proud to say that his "little brother" is doing well today and enrolled at LFCC. Steve was named Big Brother of the year in 2013. Like his father and brother Steve is embracing the Rotary experience and attended the District Conference last month.



Katie Childress will marry her fiancé Noah in September. She sounded enthusiastic about her wedding planning and joining the White family, officially. Katie already works for White Properties and specializes in signs and designs. Katie grew up in Frederick County near the Glaze orchards but never picked the "good apples". She graduated from James Wood and got her degree in psychology from Shenandoah University. Katie is an avid skier and follows the motto "keep up so you can keep going". Katie wanted a pet but she and Noah couldn't come to an agreement on cats or dogs so they settled on birds, they now have four. Katie recently served as a board member for the Evans Home and she comes from Rotary roots. Her grandfather was a member in Waverly, VA.

PLANT A TREE PROJECT - NEW DATE



Due to weather concerns the JHHS Interact Club "**Plant A Tree**" project has been re-scheduled to April 22 at noon at the Third Winchester Battlefield Park. Our Club is funding the project and we need some help with the "tree-planting". We will be planting a tree for every Winchester Rotary Club member (176!). With your help, this event will be much more fun and much more efficient.

Need to make-up an absence? Check out these area club meetings:

Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
 Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
 Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
 Front Royal - Friday Lunch - Houlihan's - Noon
 Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
 Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
 Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
 Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
 Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
 Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
 Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 4-5-18

John Elrick	Pat Kofalt	Dave Smith
William Aikens	Dana Evans	Jimmy Stafford
Jenny Baker	Carolyn Fitzwater	Jennifer Stanford
Lori Bales	Melissa Fortner	Steve Straight
Jackie Bates	Paul Frank	Maria Montgomery
Paul Burkholder	Robert Frogale	Debbie Parrish
Don Butler	Phil Griffin, Jr.	Ron Price
David Chandler	Dick Helm	Ken Rice
Cary Claytor	Janice Housey	Earl Riddick
Anthony Crosen	Heather Hovermale	Lory Ann Roby
Bruce Downing	John Huddy	Roy Schwarz
	Geraldine Kiefer	Terry Sinclair

Visitors & Guests Last Week

Robbie Barch, guest of Jean Barch
 Jack Kronenberger, guest of Terry Tierney
 Darlene Kent, guest of Dick Kent
 Christine Wason, guest of Steve Kent
 Nancy Silva, guest of Darcus Breneman

TOM AND SHELIA BAKER TRIBUTE FUND

Ed White informed the club that the board has approved a \$10,000 challenge grant for contributions to the Tom and Shelia Baker Tribute Fund from our club members. Make your donations today and the club will match them.



QUEEN'S DINNER

Don Louque will have tickets soon but he promises a tasty dinner at the new location, Millwood Station. Tickets are \$35 but for club members that price will get you a second ticket for your significant other.

INTERNATIONAL AFFAIR

Tootie Rinker announced that the Tom and Shelia Baker Tribute Fund at the Community Foundation will be the beneficiary of this year's International Affair. Many fine restaurants will pair their foods with fine wines on June 16th from 6-10 at Linda Coffman's home. Tickets will be available in May.

Welcome New Members

President Julia recognized Chris Merchant and Dan Whitacre for the second time. Be sure to take a minute to make our newest members feel welcome.



Invite A Friend...Gain a Member

Here's a great way to invite potential club members to get to know us!
 Pick up a "Missing Piece" card at the check-in table and invite a friend or business associate to join us for a complimentary lunch.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____

Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Make-ups* (Date & Function Attended)

Jenny Baker - 3/24 - Kaleidoscope
 Don Butler - 3/16 - District Conference
 Cary Claytor - 3/16 - District Conference
 Anthony Crosen - 3/24 - Kaleidoscope Prep
 John Elrick - 2/15 - PR Committee Meeting
 John Huddy - 3/22 - PR Committee Meeting
 Alex Iden - 3/24 - Kaleidoscope
 Geraldine Kiefer - 3/22 - Rummage Committee Mtg
 Kit Molden - 2/8 - Kaleidoscope Meeting
 Laurie Ann Roby - 4/2 - International Affair Mtg
 Jonathan Snowden - 4/2 - International Affair Mtg
 Jimmy Stafford - 3/22 - Rummage Committee Mtg
 Michelle Thomas - 3/27 Frederick County Rotary
 Larry Weiss - 3/16 - District Conference
 Billy Whirley - 3/16 - District Conference
 Ridge White - 3/19 - International Affair Meeting

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

NEXT BOARD MEETING

APRIL 26th

GW HOTEL 6 PM

Attitude Adjustment 5:30 pm

All are welcome

& it counts as a Make-up!

HEALTH TIP

Obesity is a problem for two-thirds of all adults in America today. Libba's health tip reminded us all that it's not just what you eat but when you eat. Studies show that time restricted eating can have an effect on weight loss. Libba recommends limiting eating to an eight to twelve hour period during the day. If you start your breakfast at 7am finish up eating for the day at 7pm and it should help you lose weight, lower blood sugar, avoid cancer and heart disease and live a longer life.



Rummage...Junk...Whatever...you got it, we need it!



David Kent informed the club that this year's sale will be a two day extravaganza of rummage. All day Saturday, June 2nd and from 11-2 on Sunday, June 3rd. Move in day at the armory will be Friday, May 18th come lend a hand.

APPLE BLOSSOM Float Committee Help Needed

Wilson Gilbert is leading our Apple Blossom parade float effort and would appreciate the help with the float. Please reach out to Wilson if you can help.



OUR RAFFLE LAST WEEK

Ridge White took home \$20 in the weekly drawing. No luck finding the Ace of Spades so the pot grows...starting at \$168 this week.

DISCLAIMER

*We don't make this stuff up! (Ok, maybe a little bit.)
 Information contained herein is obtained from our members who are fairly accurate most of the time.*

President
President-Elect
Secretary
Treasurer

Julia Connell
Paul Magness
Cary Claytor
Dick Kent

BOARD OF DIRECTORS

2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith
 2016-2019 Jenny Baker, Jamie Karalis, Kent Mull, Jonathan Snowden
 2015-2018 Jean Barch, Tom W. Byrd, Roy Schwartz, Ed White

IMMEDIATE PAST PRESIDENT - Scott Arthur

Cog Wheel Staff: Mark Andrews, Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Don Karolyi

Reporter: Tom Byrd