

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.rotaryclubofwinchester.org
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

June 21, 2018

June 23-27 - Rotary International Convention, Toronto
 June 28 - Installation of New Officers
 July 5 - No Noon Meeting - Happy Fourth of July!
 July 12, 19, 26 - Meetings in Jim Barnett Park at Rotary Shelter

TODAY

Our program will have 2 parts: Ron Price's son, Alec, will spend a few minutes telling us about his Eagle Scout Project. Afterwards, we will hear from club member Dr. Terry Sinclair, retired surgeon. Terry has been in our club since 1994, has served on the Board, is a Multiple Paul Harris Fellow and has received the Distinguished Service Award.

INTERNATIONAL AFFAIR - What a success!!

We could not have wished for a more perfect evening or a more perfect venue for the **International Affair of Wine and Food Garden Party**. Many thanks to Tootie, Ed, Jenny and all who assisted with the planning of this event. **And a huge THANK YOU goes out to Linda and Mickey Coffman** for opening their beautiful patio and grounds for this event. It was a fabulous evening of great food and wine, fellowship and fun. Everyone agreed that **Dave Kelly** won the prize for the best food with his delicious grilled shrimp. Several commented it was the best they've ever had!

Most importantly, we raised a nice sum of money for the **Tom and Sheila Baker Tribute Fund**. A special Thank You to the entire International Affair Committee for all your work on this event!

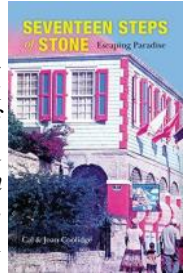


Special Guest June 7th

District Governor Dick Ray, congratulated our club on being under consideration to receive a Global Grant, which he expects to be approved. He also recognized three Winchester Rotarians for receiving District Service Awards. They are Julie Connell, Don Butler, and Gary Chrisman. The Rotary Club of Winchester is in the running for a **Rotary Citation**, based on our strong performance in membership, service and promotion. Since we are among the top ten clubs who could win this award, Governor Ray brought us some "bling", in the form of a neon and LED Rotary sign for use at events such as the Rummage Sale.

OUR LAST PROGRAM

Our speaker June 7th was Cal Coolidge, a fellow Area 1 Rotarian who wrote a book about his experience of living the dream of leaving the fast-paced Washington area and buying a hotel in the Caribbean. **"Seventeen Steps of Stone...Escaping Paradise"**, was co-written with his wife Joan, and published in November 2017.



The book chronicles their excitement about the prospect of leaving the busy life behind, the thrill of finding and closing the deal on a centuries-old hotel on St. Croix, and then their gradual realization that life in "Paradise" was more complicated and challenging than they imagined.

The chapter names give a sense of what is in store for the reader. For example, "Hey it's Easy", "Ugly Truths", "Is it Always This Hot?", "How to spend \$1000 today at the Hardware Store", "Losing \$10,000 Per Month Getting Ready for High Season", and "Exit Strategy".

Cal shared the flavor of his story with a reading from the chapter "The Rat", in which he told the humorous story of how his wife struggled to keep a dead rat out of view from a guest whose breakfast had just been prepared in the kitchen where the rat's carcass lay.

If you have ever dreamed of leaving the busy life behind to become an innkeeper in a remote setting, **"Seventeen Steps of Stone..."** is recommended reading.

RUMMAGE SALE REPORT

Dave Kent thanked everyone for helping make this year's rummage sale a big success. Extending the sale into Sunday resulted in approximately \$4000 additional sales. **The current tally is \$16,500**, a 32 percent increase over last year's figure. Additional funds will come in from a few online sales. Seventy-eight Rotarians worked the rummage sale, contributing a total of 1400 volunteer hours (including some from Blue Ridge Hospice volunteers). *Thanks Dave Kent and Jean Barch for co-chairing this event.*



HAPPY 98th! Don Stewart celebrated his 98th birthday with us at our June 7th meeting. The club enthusiastically sang Happy Birthday, led by Winchester Rotary's premier vocalist Dan Martin. Don received a standing ovation. It was noted that he has more years of perfect attendance than the actual age of most of our club members!

Need to make-up an absence? Check out these area club meetings:

Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
 Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
 Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
 Front Royal - Friday Lunch - Houlihan's - Noon
 Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
 Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
 Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
 Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
 Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
 Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
 Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: Shrimp Feed 6-14	Robert Frogale Jenny Grooms Robert Hall Mark Andrews Jenny Baker Lori Bales Jackie Bates Erik Beatley Mary Braun Kerri Burkhardt Paul Burkholder Tom W. Byrd Frances Crawford Anthony Crosen Marie DiLorenzo Dana Evans Carolyn Fitzwater	Todd Lilley Allison Lowry Bob Mitchell Kit Molden Guss Morrison Kent Mull Debbie Parrish Chuck Peterson Nadine Pottinga Ron Price Earl Riddick Laurie Ann Roby Tom Rockwood Diane Ruckman Sue Scarborough Karen Schultz Roy Schwarz	Irv Shendow Jeannie Shiley Terry Sinclair Dave Smith Jay Smith Jonathan Snowden Jennifer Stanford Martin Tabaka Michelle Thomas Shane Wagoner Larry Weiss William Whirley Michael Williams Stuart Williams Jim Youngblood Ryan Zelaski
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Absentees: 6-7	Jenny Grooms Robert Hall Dick Helm Brian Hester Sven Hlywiak John Huddy Alex Iden Richard Irvin Douglas Joyner Jaime Karalis Don Karolli David Kent Steven Kent Geraldine Kiefer Pat Kofalt Deborah Langfitt Robert Frogale	Todd Lilley Allison Lowry Bob Mitchell Kit Molden Guss Morrison Kent Mull Debbie Parrish Chuck Peterson Nadine Pottinga Ron Price Earl Riddick Laurie Ann Roby Tom Rockwood Diane Ruckman Sue Scarborough Karen Schultz	Roy Schwarz Irv Shendow Jeannie Shiley Terry Sinclair Dave Smith Jay Smith Jonathan Snowden Jennifer Stanford Martin Tabaka Michelle Thomas Shane Wagoner Larry Weiss William Whirley Michael Williams Stuart Williams Jim Youngblood Ryan Zelaski
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Make-ups* (Date & Function Attended)
 Jenny Baker – 6/6 – International Affair Mtg
 Mary Braun – 6/2 – Rummage Sale
 Kerri Burkhardt – 6/12 – Rummage Sale Mtg
 Tom T. Byrd – 6/2 – Rummage Sale
 John Huddy – 5/16 – Rummage Sale
 Don Karolyi – 6/2 – Rummage Sale
 David Kent – 5/23 – Rummage Sale Floating
 Steven Kent – 5/23 – Rummage Sale
 Geraldine Kiefer – 5/31 – Frederick Co. Rotary
 Pat Kofalt – 6/2 – Rummage Sale
 Guss Morrison – 5/6 – International Affair Mtg
 Chuck Peterson – 6/2 – Rummage Sale
 Diane Ruckman – 5/23 – Rummage Sale
 Roy Schwarz – 5/23 – Rummage Sale
 David Smith – 6/2 – Rummage Sale
 Jonathan Snowden – 6/6 – Internatl. Affair Mtg
 Billy Whirley – 6/2 – Rummage Sale
 Michael Williams – 5/23 – Rummage Sale
 Jenny Baker – 6/2 – Rummage Sale
 Jean Barch – 5/24 – Little Theater
 Jackie Bates – 6/2 – Rummage Sale
 Ken Blackwell – 6/2 – Rummage Sale
 Mary Braun – 5/23 – Rummage Sale
 Darcus Breneman – 5/23 – Rummage Sale
 Kerri Burkhardt – 6/2 – Rummage Sale
 Frances Crawford – 6/2 – Rummage Sale
 Nancy Davis – 6/2(2) – Rummage Sale
 Melissa Fortner – 6/2 – Rummage Sale
 Phil Glaize, Jr – 6/2 – Rummage Sale
 Robert Hall – 6/6 – eClub One
 Dick Helm – 6/6 – International Affair Mtg
 Brian Hester – 6/2 – Rummage Sale
 Sven Hlywiak – 6/2 – Rummage Sale
 Heather Hovermale – 6/2 – Rummage Sale
 Jaime Karalis – 6/6 – International Affair Mtg
 Don Karolyi – 5/16 – Mt Pleasant, NC Rotary

Turning in a Make-up?
 Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

NEXT BOARD MEETING
June 28 - 6 pm
"Joint Board Meeting"
 will include outgoing and incoming board members. The meeting will be held at **Julia Connell's home (605 Tennyson Ave)**
All are welcome

Geraldine Kiefer – 5/10 - eClub One
 John Lamanna – 5/18 – Rummage Sale
 Neile Martin – 6/2 – Rummage Sale
 Chuck Peterson – 6/2 – Rummage Sale
 Laurie Ann Roby – 6/6 – International Affair Mtg
 Jennifer Stanford – 6/6 – Clarke Co. Rotary
 Steve Straight – 6/2(2) – Rummage Sale
 Martin Tabaka – 6/2 – Rummage Sale
 Patty Taylor – 6/2 – Rummage Sale
 Michelle Thomas – 6/2 – Rummage Sale
 Ben Weber – 5/22 – Kaleidoscope Meeting
 Michael Williams – 6/2 – Rummage Sale

Health Report

Ridge White is recovering from two planned surgeries at Johns-Hopkins. Your cards and well wishes will be much appreciated.

Rabbi Brown became ill recently, although at the time of this writing we have no details.

Health Tip

Loud music leads to poor eating choices. Well, sort of. A study conducted by Southern Florida University revealed that when given a choice between chocolate cake or fresh fruit, 44% of those listening to loud music chose chocolate cake, whereas 14% of those listening to lower volume music chose the fruit. The type of music didn't matter. Loud classical versus low volume rock did not result in a different outcome than loud rock versus low volume classical. But the question remains as to whether fresh fruit is really a better choice than chocolate cake.



WELCOME!

Our newest Rotarian, Krista Bednarski-Gibbs was introduced for the first time.

Our Drawing June 7th

In our meeting on June 7th, Jimmy Stafford drew the six of Spades, which netted him a whopping \$12. The jackpot will begin at \$358 today.

BEWARE: ROTARY EMAIL SCAM

John Elrick warns of a recent email scam affecting us...

For your safety please note:

1. We will NEVER reset your credentials without notifying you at a meeting or in an official email from the president. This would occur only if we suspected the passwords had been compromised.
 2. Your credentials do NOT expire, but, you can change them if you like.
- If you receive any emails of this nature, please notify John and delete the email.**

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
 Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

President
President-Elect
Secretary
Treasurer

Julia Connell
Paul Magness
Cary Claytor
Dick Kent

BOARD OF DIRECTORS

2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith
 2016-2019 Jenny Baker, Jamie Karalis, Kent Mull, Jonathan Snowden
 2015-2018 Jean Barch, Tom W. Byrd, Roy Schwartz, Ed White

IMMEDIATE PAST PRESIDENT - Scott Arthur

Cog Wheel Staff: Mark Andrews, Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Jenny Baker

Reporter: Chuck Peterson