

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.rotaryclubofwinchester.org
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

August 30, 2018

- Sept. 15 & 16 - APPLE HARVEST FESTIVAL
- Sept. 20 - Board Meeting, VILLAGE SQUARE, 6 pm
- Sept. 27 - Member/Guest Shrimp Feed (No Noon Meeting)
- Oct. 1 - Golf Tournament
- Oct. 25 - Board Meeting, Winchester Country Club, 6 pm
- Nov. 1 - Awards Banquet at GW Hotel (No Noon Meeting)
- November 4 - Daylight Savings Ends Fall Back
- November TBA - Dictionary Project

TODAY

We will hear from Shayla Fitzsimmons about Haiti.

HELP NEEDED

Apple Harvest Festival is Sept 15 & 16...just 2 weeks away! Please check your calendars and sign up for this "All Hands On Deck" event. You can help with Bingo, Parking, Gate, Setup, Tear Down, Apple Theme Booth and so much more! **WE ARE STILL IN NEED OF 80+ members to help out** so please look for clipboards coming around and be generous of your time. Bring your spouse, children & significant other, we appreciate their help too! All Apple Harvest shifts are floating makeups, good throughout Rotary year!



Dan Martin told us he needed 9 helpers at the **Tap & Cork** area...*for help pouring, not drinking!*

BINGO GIFT BASKET REQUESTS

Donations still needed! Any of the following items will make for a great and fun event: Gift Baskets, Free Meals, Event Tickets, Alcohol, Collectibles, Gift or Gas Cards, Movie Passes, Sporting Items, Tools, Electronics, Home Baked Goods, etc. If you would rather give cash, we can do the shopping!

PARKING REQUESTS

Please find some time in the dates shown below and lend a hand. Thank you in advance for your help and please email Paul Burkholder at Keydetman@gmail.com as to when you could help.

Festival Apple Harvest Parking Crew

Set-up - Thursday & Friday - September 13 & 14th
 4:00 PM -6:00 PM 4:00 PM -6:00 PM

Festival - Saturday & Sunday - September 15th & 16th
 10:00 AM - Noon 10:00 AM - Noon
 Noon - 2:00 PM Noon - 2:00 PM
 2:00PM - 4:30 PM 2:00PM - 4:30 PM

We need 5 people each shift!

**If tomatoes are technically a fruit,
 is ketchup a smoothie?**

OUR LAST PROGRAM

J.J. Smith, of **Valley Proteins** gave us an interesting overview of his business. How it started, what they process and how it has changed over the many years since his grandfather, Clyde Smith, started the company in 1949 in Pennsylvania with one truck...collecting & recycling waste animal bones, fat and grease.



Clyde moved to Winchester in 1950 and opened Winchester Rendering to process the after-products he was collecting throughout the valley....in 1961 it became Valley Proteins.

Valley Proteins is the largest privately owned renderer in North America and 2nd largest in the US, 3rd largest worldwide. It consists of fourteen processing and collection facilities, 1950 total employees and 590 trucks. They process over 3 million tons annually and export the rendered fats & proteins worldwide.

It takes about 1-1.5 hours at 240-290 degrees to render animal by-products into edible fats & oils like lard, tallow and poultry grease. These are used in pet, poultry and livestock feeds and also used in lubricants, soaps and biofuels. They can process 100,000 lbs. per hour.

Currently they are making & using biofuels in some of their trucks and boilers. Switching from conventional petroleum-based fuel oils to biofuels saves them an average of approximately 100,000 barrels of oil per year while significantly reducing sulfur emissions. Additionally, by using three million gallons of biodiesel fuel blends in their trucks each year, they save over 10,000 barrels of oil annually. **Recycling waste to energy....Grandpa would be proud!**

Puerto Rico Mission Trip

Club Rotarians and guests are invited to participate in a mission trip to provide manual labor in Puerto Rico for 5-7 days in the fall. See Paul Magness if you are interested in participating.



ARMED FORCES RECOGNITION

David Kent is creating a list of club members who served in the Armed Forces. We'd like to recognize those dedicated folks in the near future, so please see him to make sure you and/or someone you love is on the list.

District Governor's Official Visit

Gary Chrisman invited everyone to attend the official visit of Rotary District 7570 Governor George Karnes on September 5th at Joe's Steakhouse (6-8 pm) in Front Royal. It's \$25 and you can register online.

Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Houlihan's - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. - Wednesday Breakfast - Front Royal Golf Club - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees 8-16

William Aikens
Mark Andrews
Jenny Baker
Lori Bales
Jeff Barbour
Jean Barch
Robbie Barch
Jackie Bates
Eric Beatley
Ken Blackwell
Darcus Breneman
David Chandler
Cary Claytor

Anthony Crosen
Dana Evans
Carolyn Fitzwater
Robert Frogale
Gibbs, Krista
Robert Hall
Dick Helm
Brian Hester
Sven Hlywiak
Alex Iden
Richard Irvin
Marc Jaccard
Patricia James
Don Karolyi

Dwight Kemp
David Kent
Geraldine Kiefer
Chris Lewis
Neile Martin
Chris Merchant
Dick Parrish
Nadine Pottinga
Ron Price
Ken Rice
Mike Richardson
Mary Riley
Laurie Ann Roby
Kip Rutherford

Roy Schwarz
Irv Shendow
Dave Smith
Jonathan Snowden
Steve Straight
David Sweeney
Martin Tabaka
Diana Thorne
Lupe Vea
Ben Weber
Larry Weiss
Michael Williams
Stuart Williams
Ryan Zelaski

Absentees 8-23

William Aikens
Mark Andrews
Scott Arthur
Lori Bales
DeeDee Barbour
Jackie Bates
Eric Beatley
Ken Blackwell
David Chandler
Linda Coffman
Julia Connell

Anthony Crosen
Marie DiLorenzo
Carl Esterhay
Dana Evans
Robert Frogale
Phil Glaize Jr.
Jenny Grooms
Brian Hester
Sven Hlywiak
Marc Jaccard
Patricia James
David Kelly

Dwight Kemp
David Kent
Dick Kent
Steven Kent
Geraldine Kiefer
Chris Lewis
John Lewis
Todd Lilley
Kit Molden
Kent Mull
Debbie Parrish
Ron Price

Earl Riddick
Kip Rutherford
Irv Shendow
Terry Sinclair
Dave Smith
Patty Taylor
John Tyson
Lupe Vea
Ajay Virmani
Ben Weber
Daniel Whitacre
Ryan Zelaski

Visitors & Guests Last Meeting

Maggie Stewart - guest of Don Stewart
Jonathan Reimer, guest of Cary Claytor
Emily Hahn, guest of Bob Hall
Noah Klose, guest of Karen Schultz
Cory Cummings, guest of Karen Schultz

A ROTARY PLATE & A FLOATING MAKE-UP!

President Paul announced if you get Rotary License plates we will offer a one time floating make-up.

Personalized plates cost just \$10 a year in addition to the vehicle registration and special plate fees. Before you create your personalized plate character combination, please review DMV's Personalized Plate Guidelines and Restrictions. After that, you can create a personalized character combination for your vehicle.

Our Last Drawing

UNBELIEVABLE! Karey Starnes won \$23 in last week's drawing...but couldn't find that Ace of Spades! Since the pot had reached \$500, President Paul continued to draw for a JACKPOT winner.....and continued to draw...and continued to draw....over and over!

We were all beginning to wonder if that Ace was really in there! The drawing went all the way down to the LAST card! Bernie Schwartzman was the big winner!

**EVENT MAKE-UP SLIP**

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Make-ups* (Date & Function Attended)

Jenny Baker - 6/17 - International Affair Clean Up
Jeffrey Barbour - 8/23 - Board Meeting
Jean Barch - 8/20 - Apple Harvest Festival Mtg
Bednarski-Gibbs, Krista - 8/17 - Rotary Leadership Institute
Breneman, Darcus - 8/20 - Apple Harvest Mtg
Cary Claytor - 8/20 - Executive Committee
Cary Claytor - 8/23 - Board Meeting
Melissa Fortner - 8/16 - Camp Fantastic
Robert Hall - 8/16 - Camp Fantastic
Marc Jaccard - 8/16 - Camp Fantastic
Dwight Kemp - 8/2 - Family Picnic Clean Up
David Kent - 6/2 - Rummage Sale Floating
Geraldine Kiefer - 8/14 - Rotary of Akron, Ohio
Christopher Merchant - 8/16 - Camp Fantastic
Michael Richardson - 7/16 - Internat. Affair Mtg
Roy Schwarz - 8/7 - Frederick County Rotary
Irv Shendow - 8/7 - Frederick County Rotary
Shane Wagoner - 7/12 - Golf Committee Meeting
Larry Weiss - 8/2 - Family Picnic Clean Up

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

NEXT BOARD MEETING

Sept. 20 - 6 pm The meeting will be held at , **VILLAGE SQUARE**

All are welcome & it counts as a Make-up!

Nadine Pottinga - 7/23 - Rotary of Luray
Martin Tabaka - 8/16 - Camp Fantastic
Patty Taylor - 8/16 - Camp Fantastic
Chris Lewis - 8/16 - Camp Fantastic

Health Report

Libba reported that Anthony Crosen had hip surgery.

Health Tip

Libba told us of her experience with the new shingles vaccine, Shingrix. It's a two step process. You need to get a second vaccination 2 to 6 months after the first. She reported that this new vaccine is more than 95% effective at preventing shingles.

The vaccine for those 50 years and older and there is no maximum age for getting Shingrix. If you had shingles in the past, you can get Shingrix to help prevent future occurrences of the disease. There is no specific length of time that you need to wait after having shingles before you can receive it, but generally you should make sure the shingles rash has gone away before getting vaccinated.

Many health insurances will cover some of the cost of the vaccine. Check with your local pharmacy.

Help Alzheimer's Research

Don't forget our 5 gallon Alzheimer's Contribution jug. Any donations will help Alzheimer's research and they are tax-deductible....checks can be made payable to the Winchester Rotary Club Charitable Foundation.

GOLF TOURNAMENT

It's coming up October 1st! Mark your calendar and dig out your clubs! The beneficiary this year will be the Laurel Center. Hole sponsors are needed...see Don or Brian if you can help.



President
President-Elect
Secretary
Treasurer

Paul Magness
Cary Claytor
Dick Kent
John Elrick

BOARD OF DIRECTORS

2018-2021 Jeff Barbour, Nancy Davis, Dick Helm, Tricia Simpson
2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith
2016-2019 Jenny Baker, Jamie Karalis, Kent Mull, Jonathan Snowden

IMMEDIATE PAST PRESIDENT - Julia Connell

Cog Wheel Staff: Mark Andrews, Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Don Karolyi

Reporter: