

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



BE THE INSPIRATION

Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.rotaryclubofwinchester.org
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

January 3, 2019

TODAY - NEW MEMBER TALKS

- January 24 - Board Meeting
- February TBA - Rise Against Hunger
- February TBA - Alzheimer Fundraiser TBD
- February 28 - Board Meeting
- March 15-17 - District 7570 Conference at The Homestead



- > Liam
- > Jayden
- > Gavin
- > Jessica
- > Jimmy
- > Alex
- > Rasun
- > Danielle
- > Tommy
- > Angelina

Our Evans Home Program

As Rotarians one of our most rewarding and meaningful programs is sharing Christmas with the children of The Evans Home. Each child enjoyed gifts chosen specifically for them by our Santa Shoppers.

We enjoyed many carols and music of the season provided by Jonathan & Sue Snowden and we all left with the Christmas Spirit*doing good in our world!*



Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Warren County Community Center - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. - Wednesday Breakfast - Front Royal Golf Club - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees 12-20

William Aikens
Mark Andrews
Scott Arthur
DeeDee Barbour
Jeff Barbour
Jackie Bates
Ken Blackwell
Kerri Burkhardt
Tom T. Byrd
David Chandler
Anthony Crosen
Nancy Davis
Bruce Downing

John Elrick
Carl Esterhay
Dana Evans
Carolyn Fitzwater
Robert Frogale
Krista Gibbs
Phil Glaize
Jenny Grooms
Dick Helm
Sven Hlywiak
Alex Iden
Patricia James
Douglas Joyner
Don Karolyi

Geraldine Kiefer
John Lamanna
Deborah Langfitt
Todd Lilley
Dan Martin
Bob Mitchell
Kit Molden
Guss Morrison
Kent Mull
Debbie Parrish
Chuck Peterson
Nadine Pottinga
Ron Price
Mike Richardson

Tom Rockwood
Jeannie Shiley
Dave Smith
Jay Smith
Jonathan Snowden
Steve Straight
Lupe Vea
Ajay Virmani
Larry Weiss
Ed White
Stuart Williams
Dick Wiltshire
Ryan Zelaski

Make-ups* (Date & Function Attended)

DeeDee Barbour – 10/26 – Kaleidoscope Meeting
Jeffrey Barbour – 11/29 – Board Meeting
Tom T. Byrd – 10/9 – Frederick County Rotary Club
Cary Claytor – 12/19 – Woodstock Rotary Club
Linda Coffman – 12/1 – Salvation Army Bell Ringing
Anthony Crosen – 12/11 – Kaleidoscope Meeting
Nancy Davis – 9/19 – Clarke County Rotary
John Elrick – 12/20 – Board Meeting
Geraldine Kiefer – 12/19 – eClub One
John Lamanna – 10/30 – Frederick Co. Rotary Club
Kit Molden – 12/8 – Kaleidoscope Meeting
Nadine Pottinga – 12/20 – Committee Meeting
David Sovine – 12/11 – Frederick Co. Rotary Club
Ben Weber – 12/19 – Kaleidoscope Meeting
Larry Weiss – 12/20 – Clarke County Rotary
Billy Whirley – 12/20 – Committee Meeting

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

NEXT BOARD MEETING

January 24th - 6 pm

The meeting will be held at Winchester Country Club
All are welcome & it counts as a Make-up!

Visitors & Guests Dec. 20th

George Karnes, Rotary District Governor
Kathy Nerangis, guest of Nick Nerangis
Brona Tyson, guest of John Tyson
Diane Sinclair, guest of Terry Sinclair
Jill & Peter, guests of Jaime Karalis
Shannon, Josh & Rita, guests of Don Butler



Do You Have Your Raffle Ticket?

You can't win if you don't play! Today our Jackpot starts at \$216.

Health Report: Libba reported we are all healthy!

Health Tip

DE-STRESS . . . Libba has spent the month teaching us to shed stress by various methods. Meditating by closing your eyes and emptying your mind of clutter for just 90 seconds can be a huge stress reliever.

Continuing with our **Reduce Stress** theme Libba pointed out that the holidays can be very stressful. To reduce **YOUR** stress, enjoy a good laugh regularly, get out amongst friends often, forget perfection, share the joy and volunteer to help those in need - - just be a good Rotarian.

KALEIDOSCOPE

It's just a few months away, March 23rd, 2019. Jenny Baker said the committee is seeking suggestions for beneficiaries.

WELCOME ABOARD, EMILY!

Emily Hahn is our newest member thanks to her sponsors, Bob Hall and Jeff Davis. Take a minute to extend a friendly word of welcome.

Did you know?

Your weekly Cog Wheel newsletters are online at the Winchester Rotary website...and you don't need to login to read them. **AND THEY'RE IN COLOR!**



DISTRICT GOV VISIT

Rotary District Governor George Karnes visited our last meeting. He praised our club for the wide variety of good deeds, projects & charities we support during the year. **Keep up the good work!**

COATS FOR KIDS

John Tyson and his elves distributed hundreds of coats to children at Winchester Day Nursery, & Freemont Street Nursery before Christmas.

Area 1 ACT Committee Update

Thanks to Guss Morrison and Jonathan Snowden for attending the Nov. 29th Coalition meeting. The Task Force reported 20 overdose deaths to date (2018) in our area and 139 non-fatal overdoses. This compares to same time in 2017..38 deaths and 159 non-fatal overdoses.

There will be no Coalition meeting in December. Thanks to John Lamanna for Chairing the Coalition's highly successful "Lunch and Learn" monthly series at Valley Health. There are now 28 participants in Drug Court. Some are in need of winter coats. If you have one that you can spare, please see Don Butler.

DISCLAIMER

We don't make this stuff up! (Ok, maybe a little bit.) Information contained herein is obtained from our members who are fairly accurate most of the time.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

President
President-Elect
Secretary
Treasurer

Paul Magness
Cary Claytor
Dick Kent
John Elrick

BOARD OF DIRECTORS

2018-2021 Jeff Barbour, Nancy Davis, Dick Helm, Tricia Simpson
2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith
2016-2019 Jenny Baker, Jaime Karalis, Kent Mull, Jonathan Snowden

IMMEDIATE PAST PRESIDENT - Julia Connell

Cog Wheel Staff: Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Malinda Henkel, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Malinda Henkel

Reporter: Paul Burkholder