

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.rotaryclubofwinchester.org
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

January 17, 2019

- January 24 - Board Meeting
- February 11- Alzheimer Fundraiser
- February TBA - Rise Against Hunger
- February 28 - Board Meeting
- March 15-17 - District 7570 Conference at The Homestead

TODAY

The Gifted Independent Study Students from Frederick County will be speaking to us

ALZHEIMER'S FUNDRAISER

In tandem with our efforts this year to address Alzheimer's, we are offering speakers followed by a film on **February 11**. Please join us and bring guests, too!

Both events convene at the Alamo Draft House. Kicking off at 6:30 p.m., the speakers will include Dr. Mariecken Fowler and Susan Drew who for a brief half hour will share their experience working with Alzheimer's patients.

At 7 p.m., the film, **Away from Her**, will air for your viewing. Starring cast are Julie Christie, Gordon Pinsent, and Olympia Dukakis. Tickets are \$15 and can be reserved at <https://drafthouse.com/ticketing/0301/121043>

A percentage of the proceeds from that evening will grow our Club's fund to address Alzheimer's. Please join us! If you have questions, contact Mary Braun.



RUMMAGE TRAILER

David Kent informed the club that there is a new location for the rummage trailer at Frogale Lumber. Coming from Frogale's entrance the new location will be on the left side of Arbor Court across from the administrative offices where the trailer used to be housed. Our trailer is at the end of the row with a Rotary sign on the steps.

DISTRICT CONFERENCE

The annual District Conference is at the Omni Homestead on **March 15-17**. Scott Arthur reminded the club that there are numerous sponsorship opportunities. Businesses can donate by contributing promotional items to the Goodie Bags (that will go in a Rotary backpack and be given to all conference attendees). Or, you can donate cash to the DC, that would be great too.

Our Program Last Week

Ben Waterman, the Director of Business Development at **Monoflo** in Winchester spoke to the club. Monoflo is North America's premier manufacturer of injection molded plastic products. Ben described how injection molded plastic products deliver products that we all use every day. The most common example being the plastic milk crates that we all see at the grocery store.



Monoflo began manufacturing pig nipple drinkers in 1973. In the 1980's the company expanded into the reusable plastic market following the lead of the Germans and Japanese. During the 80's the automotive industry was the driving force in the reusable plastic industry. By utilizing these reusable plastic devices the auto industry was able to realize cost savings and optimization of the supply chain. The plastics allowed these businesses to reduce waste, reduce expenses, protect their products, and reduce transportation expenses. Soon grocers and convenience stores expanded the market and realized all of the same benefits. Now e-commerce fulfillment is a driving force for the business. Monoflo produces 2.5 to 3 million containers for Amazon each year.

Plastic resin is placed into a mold to create the containers right here in Monoflo's 500,000 square foot Winchester production facility. Ben said that about a million pounds of plastic resin is brought by rail from Texas to Winchester each week. Ben said that Monoflo does recycle the old containers and roughly 15% of their products are made with recycled material. Ben says that if you spot a black milk crate you will know that it is one of the recycled products.



Monoflo has 252 employees and in addition to their locations in Winchester and Kansas they are getting ready to open a third facility in Mexico.

Ben's passion for his work was evident throughout the talk and he showed great pride in revealing that he has landed product on every continent. He used a slide that included penguins and plastic to prove his point. Ben quipped that he hoped we would all catch the "reusable plastic fever".

GREETING COMMITTEE

Don Louque is looking for two more greeters to fill out his roster.

Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Warren County Community Center - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. - Wednesday Breakfast - Front Royal Golf Club - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees 1-10

William Aikens
Debbie Aldridge
Mark Andrews
Jeff Barbour
Jackie Bates
Erik Beatley
Ken Blackwell
Mary Braun
Kerri Burkhardt
Linda Coffman
Anthony Crosen
Marie DiLorenzo

Bruce Downing
Dana Evans
Carolyn Fitzwater
Robert Frogale
Wilson Gilbert
Jenny Grooms
Robert Hall
Dick Helm
Sven Hlywiak
Patricia James
Dwight Kemp
Geraldine Kiefer
John Lamanna

Deborah Langfitt
Todd Lilley
Darla McCrary
Bob Mitchell
Guss Morrison
Kent Mull
Nadine Pottinga
Ron Price
Laurie Ann Roby
Sue Scarborough
Roy Schwarz
Jeannie Shiley
Terry Sinclair

Dave Smith
Martin Tabaka
Patricia Taylor
Michelle Thomas
Lupe Vea
Ajay Virmani
Ben Weber
Billy Whirley
William Whitacre
Michael Williams
Stuart Williams
Ryan Zelaski

Make-ups* (Date & Function Attended)

Anthony Crosen – 1/5/19 – Kaleidoscope Meeting
Darla McCrary – 1/7/19 – Apple Harvest Web Set Up
Roy Schwarz – 12/18 – Frederick County Rotary Club
Irv Shendow – 1/8 – Frederick County Rotary Club
Martin Tabaka – 10/30 – Golf Tournament
Patty Taylor – 10/30 – Frederick County Rotary Club

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

NEXT BOARD MEETING**January 24th - 6 pm**

The meeting will be held at Winchester Country Club
All are welcome & it counts as a Make-up!

Visitors & Guests Jan 10

Alexis LaPort, guest of Darcus Brenerman
Jeremy Mills, guest of Cary Claytor
Ann Burkholder, guest of her husband Paul
Jill Karalis, guest of her husband Jaime
Robin Cardillo, guest of Ed White

HELP NEEDED!**Cog Wheel Reporters & Photographers needed!**

You don't have to be Clark Kent, Lois Lane or Jimmy Olsen to help out! Really, it's not that hard! No after hour meetings involved . . . **Cog Wheel reporters & photographers take one month turns and even get a makeup!**

Join the team! If you can help, contact Sue Rich (reporters) or Don Karolyi (photographers). Cell phones work great for our meeting photos.

**NEW MEMBERS**

President Paul introduced Sherry Hudson to the club. Sherry is the Senior Director of Advancement at the MSV and has transferred to our club from the Frederick County Rotary Club.

President Paul inducted Brandon Thomas and Benjamin Rothermel into the club as our newest members. Brandon is the executive director of the Winchester Rescue Mission and Benjamin is a local attorney specializing in patent and trademark law.



Welcome Sherry, Brandon and Benjamin.!

WEATHER POLICY

President Paul reminded us that in the event of inclement weather the club will follow the Winchester City schools and government schedule. If they are closed due to weather we will not have a meeting.

**EVENT MAKE-UP SLIP**

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)**FOUNDATION REPORT:**

Gary Chrisman thanked all of the members who took part in the board's matching challenge. Gary announced that he delivered a check to the foundation in the amount of \$10,000 thanks to our club's generous contributions.

Last Week's Drawing

David Chandler won \$20 in the weekly drawing but no Ace of spades. Today our Jackpot starts at \$253.

Health Tip

Libba told the club that January is National Soup Month. Libba gave a brief history of soup including its early origins, its popularity in 16th century France and later the development of condensed soup by the Campbell's soup company in 1897. She cited the numerous health benefits of eating soup. Soup eaters increase their fluid intake, get fiber and nutrition and leave the table feeling full. Of course it has been well documented that Chicken Soup is good for the soul.

**HEALTH REPORT**

Libba reported that **Dick Wiltshire** is home recovering after suffering from pneumonia over the New Year. Dick plans to be back attending meetings soon.

Bob Hall had open heart surgery Wednesday in Bowling Green, KY for an ascending aortic aneurism and bicuspid aortic valve. He will be out for up to four weeks – Hospital plus recovery. His surgeon is a good friend so he will stay there for recovery. Bob said to *"tell my Rotary family I am thinking of them"*!

For cards & well wishes, his address until January 23rd:
The Medical Center at Bowling Green
250 Park St, Bowling Green KY, 42101

President
President-Elect
Secretary
Treasurer

Paul Magness
Cary Claytor
Dick Kent
John Elrick

BOARD OF DIRECTORS

2018-2021 Jeff Barbour, Nancy Davis, Dick Helm, Tricia Simpson
2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith
2016-2019 Jenny Baker, Jaime Karalis, Kent Mull, Jonathan Snowden

IMMEDIATE PAST PRESIDENT - Julia Connell

Cog Wheel Staff: Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Malinda Henkel, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Malinda Henkel

Reporter: Tom Byrd