

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.rotaryclubofwinchester.org
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

January 24, 2019

TONIGHT - Board Meeting

- February 11- Alzheimer Fundraiser
- February TBA - Rise Against Hunger
- February 28 - Board Meeting
- March 15-17 - District 7570 Conference at The Homestead

TODAY

We will hear from Brandy Boies about her efforts with the Rotaract Club at LFCC.

SPECIAL RECOGNITION

President Paul offered a special recognition to Dan Martin for all that he does for our club. As Paul said, "Dan seems to be everywhere". Thanks Dan for living the Rotary motto.

KALEIDOSCOPE GALA

Jenny Baker announced that **The Kid's Club of the Northern Shenandoah Valley** (formerly the Boys and Girls Club) will be this year's Kaleidoscope beneficiary. The Kid's club will use the funds to remodel their kitchen and install security cameras. Jenny said that tickets will be available for purchase in the coming weeks.

ALZHEIMER'S FUNDRAISER

Mary Braun reminded the club of the February 11th **Alzheimer's fundraiser** that will be held at the Alamo Draft House. Tickets are \$15 and can be reserved in advance. There will be two guest speakers and a showing of the film. The film, **Away from Her**, will air at 7 pm. The starring cast are Julie Christie, Gordon Pinsent, and Olympia Dukakis.



<https://drafthouse.com/ticketing/0301/121043>

A percentage of the proceeds from that evening will grow our Club's fund to address Alzheimer's. Please join us! If you have questions, contact Mary Braun.

THANK YOU & AN INVITATION

Lauren Cummings of Shenandoah Valley Substance Abuse Coalition would like to thank the Winchester Rotary Club and the Area One Clubs for their support in 2018. Rotary's contribution has been a big factor in helping the recovery community. 2018 saw a decrease in overdose deaths with 22 compared to 40 in 2017. However, 2019 has started with three overdose deaths last weekend.

The next Coalition meeting will be January 31 at 3 pm at the Timbrook Public Safety Bldg. **All Rotarians are welcome.** Newly elected Congresswoman Jennifer Wexton will attend.

Our Program Last Week

Robin Owens, the director of the Frederick County School System's Gifted Independent Study Program returned to our club and brought with her six GIS students. Robin thanked the members of the



club who have participated in the past and noted that our area's professional community is what makes this program possible. Each GIS student selects a local business professional to work with during the semester. This real world hands on experience allows the students to immerse themselves in a field that they are passionate about or interested in as a career. The program provides the student with freedom in the learning process and exposes them to lessons that the classroom just can't provide. Robin revealed that this year's GIS theme is community. Students interested in the program are asked to submit a general application, take an intelligence test and interview.

The program can accommodate 15 students from each of the three county high schools per year. The fields that the students select are varied. The six students who presented to the club were:

- Adrianna:** Millbrook- worked with a local OBGYN
- Alex:** Millbrook- worked with an elementary school guidance department
- Cindy:** Sherando- worked with Our Health
- Evan:** Sherando- worked in the Winchester Medical Center Operating Room
- Allie:** James Wood- worked at the hospital in the Neonatal Unit
- Matthew:** James Wood- worked at the Discovery Museum



Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Warren County Community Center - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. - Wednesday Breakfast - Front Royal Golf Club - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees 1-17

William Aikens
Mark Andrews
Jackie Bates
Paul Burkholder
David Chandler
Linda Coffman
Julia Connell
Marie DiLorenzo
Bruce Downing
Carl Esterhay
Carolyn Fitzwater

Robert Frogale
Wilson Gilbert
Jenny Grooms
Robert Hall
Dick Helm
Brian Hester
Sven Hlywiak
Marc Jaccard
Patricia James
Douglas Joyner
Jaime Karalis
Geraldine Kiefer

Deborah Langfitt
Chris Lewis
John Lewis
Todd Lilley
Don Louque
Dan Martin
Kent Mull
Ron Price
Laurie Ann Roby
Irv Shendow
Jannie Shiley
Bob Stieg

Martin Tabaka
Patricia Taylor
Michelle Thomas
Diana Thorne
Lupe Vea
Ajay Virmani
Ben Weber
Larry Weiss
Billy Whirley
Ridge White
Michael Williams
Stuart Williams

Make-ups* (Date & Function Attended)

Ken Blackwell – 1/10 – Warrenton Rotary
Cary Claytor – 12/27 – Board Meeting
Geraldine Kiefer – 1/10 – eClub One
Don Louque – 1/10 – PR Committee Meeting
Chuck Peterson – 1/10 – PR Committee Meeting
Irv Shendow – 1/8 – Kaleidoscope Meeting
Patty Taylor – 1/8 – Frederick County Rotary
Michael Williams – 1/15 – Frederick County Rotary

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

Visitors & Guests Jan 17

Kim Blosser, guest of Dick Wiltshire
Eleanor, granddaughter of Jean Barch
Jan Bresch, guest of Dave Smith
Brad Riley, guest of Jennifer Stanford
James Imot, guest of John Copenhaver



NEXT BOARD MEETING

TONIGHT! - 6 pm

The meeting will be held at Winchester Country Club
All are welcome & it counts as a Make-up!

HELP NEEDED!

COG WHEEL REPORTERS & PHOTOGRAPHERS NEEDED!

You don't have to be Clark Kent, Lois Lane or Jimmy Olsen to help out! Really, it's not that hard! No after hour meetings involved . . . Cog Wheel reporters & photographers take one month turns and even get a makeup!



Join the team! If you can help, contact Sue Rich (reporters) or Don Karolyi (photographers). Cell phones work great for our meeting photos.

AUDIO/VIDEO COMMITTEE ALSO NEEDS HELP

John Elrick is looking for one club member to join the audio/video committee. The commitment requires showing up for the Thursday meeting at 11:45 once every six weeks to set up the equipment.

RUMMAGE TRAILER

David Kent informed the club that there is a new location for the rummage trailer at Frogale Lumber. Coming from Frogale's entrance the new location will be on the left side of Arbor Court across from the administrative offices where the trailer used to be housed. Our trailer is at the end of the row with a Rotary sign on the steps.

DISTRICT CONFERENCE

The annual District Conference is at the Omni Homestead on March 15-17. Scott Arthur reminded the club that there are numerous sponsorship opportunities. Businesses can donate by contributing promotional items to the Goodie Bags (that will go in a Rotary backpack and be given to all conference attendees). Or, you can donate cash to the DC, that would be great too.

FOUNDATION REPORT

Gary Chrisman gave a brief explanation on the Foundation's sustainer program and reminded everyone that The Rotary Foundation has been rated the number one foundation in the world by Charity Navigator. **100% of every dollar** donated to the foundation is used to do good in the world. The club encourages every member to be a sustainer and that is why the voluntary contribution is listed on your quarterly invoice.



Last Week's Drawing

Pat Kofalt took home \$14 in the weekly drawing. He was not successful in locating the Ace of Spades so the pot grows. Today our Jackpot will be \$267.

Health Tip

Jennifer's health tip related to the dangers around shoveling snow. Because of cold temperatures, blood vessels are constricted and additional strain is put on the heart while shoveling. Although only 7% of shoveling related injuries are related to the heart Jennifer insists that we should take the warnings seriously. Remember...push snow don't lift it and wear a scarf to try to warm the air that is entering the lungs. She also recommends being patient when the snow falls by waiting for some ambitious neighborhood kid to knock on your door and offer to relieve you of your shoveling duties, for a small fee.



HEALTH REPORT

We welcomed back **Dick Wiltshire**. Jennifer reported that **Bob Hall** had heart surgery in Kentucky and is doing well. He will be spending the next few weeks in Kentucky to recuperate but he looks forward to returning to our Thursday meetings next month.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

President
President-Elect
Secretary
Treasurer

Paul Magness
Cary Claytor
Dick Kent
John Elrick

BOARD OF DIRECTORS

2018-2021 Jeff Barbour, Nancy Davis, Dick Helm, Tricia Simpson
2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith
2016-2019 Jenny Baker, Jaime Karalis, Kent Mull, Jonathan Snowden

IMMEDIATE PAST PRESIDENT - Julia Connell

Cog Wheel Staff: Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Malinda Henkel, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Malinda Henkel

Reporter: Tom Byrd