

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.rotaryclubofwinchester.org
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

January 31, 2019

- February 11- Alzheimer Fundraiser
- February 28 - Board Meeting
- March 15-17 - District 7570 Conference at The Homestead Resort, Hot Springs, VA
- March 23 - Kaleidoscope

TODAY

We will hear from this year's Kaleidoscope beneficiary, **the Kids Club** and **Heather Forman**.

ALZHEIMER'S FUNDRAISER

In tandem with our efforts this year to support Rotarian work to address Alzheimer's, we are offering speakers followed by a film on **February 11**. Please join us and bring guests, too!

The events will convene at the Alamo Draft House. Kicking off at 6:30 p.m., the speakers will include **Dr. Mariecken Fowler** and **Susan Drew** who for a brief half hour will share their experience working with Alzheimer's patients. At 7 p.m., the film, *Away from Her*, will air for your viewing. Starring cast are Julie Christie, Gordon Pinsent, and Olympia Dukakis. Tickets are \$15 and can be reserved at



<https://drafthouse.com/ticketing/0301/121043>

KALEIDOSCOPE

Formerly the Boys and Girls Club, will be this year's Kaleidoscope beneficiary. The funds will be used to remodel their kitchen and install security cameras. Jenny said that tickets will be available for purchase shortly.



Kit Molden & Dan Whitacre are seeking donations for the Kaleidoscope auction.

DISTRICT CONFERENCE

The annual District Conference is at the Omni Homestead on March 15-17. **Scott Arthur reminded the club that there are numerous sponsorship opportunities.** Businesses can donate by contributing promotional items to the Goodie Bags (that will go in a Rotary backpack and be given to all conference attendees). Or, you can donate cash to the DC, that would be great too.

Our Program Last Week

Brandy Boies of Lord Fairfax Community College together with **Kathy Kanter** shared their experience traveling with Rotaract students on a mission trip to Jamaica. Brandy, the past president of the Strasburg club, has 3 girls and served as advisor to dental students who graduated in May of 2018. The students raised funds in addition to Rotary financial support to make their trip possible. Lodging and work occurred at the Negrill Travelers Lodge where a conference room serves as an impromptu dental unit. The two dental chairs donated by Rotary now make possible double the patient load. Fifty children were seen each Saturday morning and another 120 persons were examined at the hotel with others treated at offsite locations, including St. Paul Primary School. The Rotaract students applied their training to screen dental health and to offer cleanings. Kathy Kanter added her thanks to the Club for making this dental mission outreach possible.



THANK YOU & AN INVITATION

Lauren Cummings of Shenandoah Valley Substance Abuse Coalition would like to thank the Winchester Rotary Club and the Area One Clubs for their support in 2018. Rotary's contribution has been a big factor in helping the recovery community. 2018 saw a decrease in overdose deaths with 22 compared to 40 in 2017. However, 2019 has started with three overdose deaths last weekend.

The next Coalition meeting will be today at 3 pm at the Timbrook Public Safety Bldg. **All Rotarians are welcome.** Newly elected Congresswoman Jennifer Wexton will attend.



REMINDER - RUMMAGE TRAILER

There is a new location for the rummage trailer at Frogale Lumber. Coming from Frogale's entrance the new location will be on the left side of Arbor Court across from the administrative offices where the trailer used to be housed. Our trailer is at the end of the row. **Look for a Rotary sign on the steps.**

Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Warren County Community Center - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. - Wednesday Breakfast - Front Royal Golf Club - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees 1-24

William Aikens	Dana Evans	Dwight Kemp	Roy Schwarz
Aldridge, Debbie	Carolyn Fitzwater	Steve Kent	Jeannie Shiley
Lori Bales	Robert Frogale	Deborah Langfitt	Terry Sinclair
Jackie Bates	Krista Gibbs	Chris Lewis	Dave Smith
Ken Blackwell	Wilson Gilbert	John Lewis	Jimmy Stafford
Tom W Byrd	Phil Glaize	Neile Martin	Jenny Stanford
Anthony Crosen	Jenny Grooms	Kent Mull	Lupe Vea
Nancy Davis	Robert Hall	Ron Price	Larry Weiss
Marie DiLorenzo	Malinda Henkel	Ken Rice	Billy Whirley
Bruce Downing	Brian Hester	Laurie Ann Roby	Jim Youngblood
	Marc Jaccard	Sue Scarborough	Ryan Zelaski

Visitors & Guests Jan 24

Kim Blosser, guest of Dick Wiltshire
 Kevin McKanner, guest of Kit Molden
 Lexi LaPorte, guest of Darcus Brenaman
 Heather Merchant, guest Chris Merchant
 Olivia Goulden, guest of Karen Schultz
 Joe Zmitrovich, guest of Cary Claytor
 Robin Cardukko, guest of Jenny Baker
 Patt Peterson, Lauren Cummings, Lauren Clouse,
 guests of Paul Magness

HELP STILL NEEDED!**COG WHEEL REPORTERS & PHOTOGRAPHERS NEEDED!**

You don't have to be Clark Kent, Lois Lane or Jimmy Olsen to help out! Really, it's not that hard! No after hour meetings involved . . . **Cog Wheel reporters & photographers take one month turns and even get a makeup!**

Get a makeup when you report. Join the team! If you can help, contact Sue Rich (reporters) or Don Karolyi (photographers). Cell phones work great for our meeting photos.

AUDIO/VIDEO COMMITTEE ALSO NEEDS HELP

John Elrick is looking for one club member to join the audio/video committee. The commitment requires showing up for the Thursday meeting at 11:45 once every six weeks to set up the equipment.

OLD DUFFERS

According to Roy Schwarz, apparently some in the Club are now eligible to join the Old Duffers group given their relative senility index. Since judgment is the first cognitive function to go, Irv Shendow was welcomed to the group. Congratulations Irv!

Health Tip

To boost brain health, follow the **NEESSS** regimen:

- New things
- Exercise
- Eat healthy
- Stress – lessen it
- Sleep – 7 hours, but don't overdo it!
- Socialize

**Make-ups* (Date & Function Attended)**

Kerri Burkhardt – 1/12(2) – Kaleidoscope Meetings
 Tom W. Byrd – 1/24/- Cog Wheel Reporter
 Linda Coffman – 1/10 – Rotary of Ala Moana
 Anthony Crosen – 1/12 – Kaleidoscope Prep
 Nancy Davis – 1/24 – Board Meeting
 Wilson Gilbert – 12/1(3) – Bell Ringing
 Geraldine Kiefer – 1/15,24 – Board Mtg, Akron Rotary
 Darla McCrary – 1/12 – Clarke County Casino Night
 David Smith – 1/24 – Board Meeting
 David Sovine – 1/22 – Frederick County Rotary

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submit-

NEXT BOARD MEETING**March 28th - 6 pm**

The meeting will be held at Winchester Country Club
All are welcome & it counts as a Make-up!

HEALTH REPORT

Bob Hall is recovering from open heart surgery in Bowling Green, Kentucky to redress an aortic aneurysm. **Marie DiLorenzo** suffered a broken collar bone while skiing in Park City. **Gerry Kiefer** is wrestling with a degenerative disk and sciatica.

Last Week's Drawing

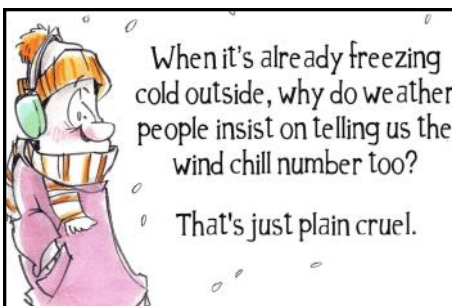
Bob DeMott took home \$17 in the weekly drawing AND drew the ACE OF SPADES for the jackpot. Today our Jackpot begins anew with \$17.

**OTHER HAPPENINGS:**

Linda Coffman brought greetings from a Hawaiian Rotary Club where lunch costs members \$39.75 (the average home costs \$810,000!)

The incoming **GSE team from Taiwan** arrives March 1 and leaves for southern Virginia on March 6. Host families are needed for the one female and four men for five nights. Please see **Darcus Breneman**.

The Area One collaborative grant raised a whopping **\$24,000 for the new Clifford Street women's shelter** that will accommodate women and families. Lauren Cummings, Brandon Thomas and Matt Peterson were in attendance to accept Rotary's check.

**EVENT MAKE-UP SLIP**

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

President
President-Elect
Secretary
Treasurer

Paul Magness
Cary Claytor
Dick Kent
John Elrick

BOARD OF DIRECTORS

2018-2021 Jeff Barbour, Nancy Davis, Dick Helm, Tricia Simpson
 2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith
 2016-2019 Jenny Baker, Jaime Karalis, Kent Mull, Jonathan Snowden

IMMEDIATE PAST PRESIDENT - Julia Connell

Cog Wheel Staff: Jenny Baker, Belinda Barbour, Mary Braun,
 Paul Burkholder, Tom W. Byrd, Sharen Gromling, Malinda Henkel, Don Karolyi, Tom Maccubbin,
 Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Paul Burkholder

Reporter: Mary Braun