

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.rotaryclubofwinchester.org
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

December 6, 2018

TODAY - Club Elections

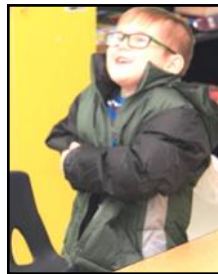
- December 7 - Foundation Banquet, Blacksburg, VA
- December 7-9 - RYLA at Virginia Tech
- December 12 - Coats for Kids Distribution
- December 13 - CHRISTMAS SOCIAL at Winchester Country Club (No Noon Meeting)**
- December 20 - Evans Home Christmas Luncheon
- December 20 - Board Meeting
- December 27 - **No Noon Meeting** – Happy New Year!

PROGRAM FOR TODAY

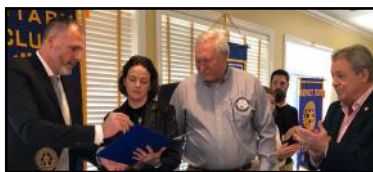
We'll hear from Rieman Royston regarding the Rotary Foundation. We'll also be voting for next year's officers and board members.

COATS FOR KIDS

John Tyson would welcome members to join him on **Dec. 12th** for two different coat presentation ceremonies – 10 am at the Winchester Day Nursery, and 11 am at Freemont Street Nursery. See him if you'd like to see the joy on a child's face as they receive a warm coat for the winter. He has a couple other dates in mind that he'll divulge soon!



WELCOME ABOARD, EMILY!



Emily Hahn became the latest proud member of our club, thanks to her sponsors, Bob Hall and Jeff Davis. Be sure to extend a friendly word of welcome to her today!

THANKS, DAVE!

President Paul extended a warm thank you to Dave Kelly, who hosted our recent Alzheimer's Bourbon Tasting. **The event raised \$3000!** Dave in turn thanked the lovely Dan Martin for helping – and for not singing...



BELATED AWARD

President Paul was pleased to present **Jim Youngblood** with this year's **Cliff Dochterman Award**. This perennial tribute recognizes service to Rotary and Scouting by a member of our club. Jim and his wife have supported many club activities, including this year's Coats for Kids, for which they are one of this year's major sponsors. Congratulations, Jim!



OUR PROGRAM LAST WEEK

Scott Harvard of the *Virginia Bankers Association* spoke to our club about the efforts of the VBA to promote, educate, and collaborate through Virginia banking. He proudly wore his Paul Harris pin from a previous Rotary engagement, commenting that the VBA shares many of the same values as Rotary.

Virginia's banking industry accounts for \$307B in investments, as well as \$12.4 billion in small business loans, \$22B in new home loans, and \$2B in farm loans. It also represents \$3.7B in wages for its 42,000+ employees, who provide more than 200,000 hours of volunteer service annually. Virginia banks donate \$13.7B annually to charity and provide \$627,000 in scholarships.

The First Bank in the United States was founded in Alexandria in 1792. The VBA was founded in 1893 and celebrates 125 years this year - it was founded in response to a panic over worldwide grain prices. It is older than the Federal Reserve, which started in 1913. At that time there were almost 600 Virginia Banks, a number that has dwindled to 77 banks last year, due mostly to consolidation and buyouts by larger banks.

Emerging trends in Virginia banking include: the elimination of paper checks, increased online banking and financial technology everywhere, and cybersecurity, which has to monitor 300,000 malicious emails per month in the state. Government regulations continue to be the VBA's toughest challenge. What started as a 31-page document at the founding of the Federal Reserve has exploded over the past century to over 2,300 pages of regulations in 2010. Though many regulations are a necessary response to unethical behavior, they can go too far and create unnecessary waste and expense, especially for smaller banks that don't have the staffing to administer them.



WE RANG THAT BELL

Thanks to everyone who rang the Salvation Army bell at Apple Blossom Mall last weekend. Our club has kept up this tradition for 30 years and now does so in memory of Dick Demorest, the Winchester Rotarian who managed the *bell ringing troops* for many years prior to Don Butler taking the helm.

Don reports our two sites plus Handley Interact's site raised a total of **\$1,425.35** for those in need in our community. Thanks to President Paul for providing coffee and donuts!! **Don't forget, bell ringing counts as a make-up!!**

Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Warren County Community Center - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. - Wednesday Breakfast - Front Royal Golf Club - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees 11-29

William Aikens
Mark Andrews
Lori Bales
Jean Barch
Robbie Barch
Jackie Bates
Erik Beatley
Mary Braun
Kerri Burkhardt
Cary Claytor

Bruce Downing
Dana Evans
Carolyn Fitzwater
Paul Frank
Robert Frogale
Phil Glaize
Brian Hester
Patricia James
Don Karolyi
Steven Kent
Deborah Langfitt

Todd Lilley
Darla McCrary
Bob Mitchell
Kit Molden
Kent Mull
Nadine Pottinga
Ron Price
Jon Reimer
Lori Ann Roby
Sue Scarborough
Jeannie Shiley

David Sovine
Steve Straight
David Sweeney
Michelle Thomas
Lupe Vea
Ben Weber
Ed White
Ridge White
Michael Williams
Stuart Williams
Ryan Zelaski

Make-ups* (Date & Function Attended)

Jenny Baker – 11/6 – Kaleidoscope Meeting
Robbie Barch – 11/8 – Marketing Committee Mtg
John Huddy – 11/8 – Marketing Committee Mtg
Dwight Kemp – 11/21 – 11/17 – Alzheimer Dinner
Darla McCrary – 10/18 – Bingo Committee Meeting
Kit Molden – 11/6 – Kaleidoscope Meeting
Chuck Peterson – 11/8 – Marketing Committee Mtg
Jonathan Reimer – 11/6 – Frederick County Rotary
Sue Rich – 11/1 – Cog Wheel Reporter
Ben Weber – 10/21 – Golf Tournament

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

Visitors & Guests Last Week

Kevin Cutshall visiting from Woodstock Rotary
Denita Roble, guest of Jaime Karalis
Lisa Whirley, guest of Billy Whirley
Dave Miles, guest of Neile Martin
Triana Griffith, guest of Paul Magnus
Brandon Thomas, guest of Paul Magnus

NEXT BOARD MEETING

DECEMBER 20th - 6 pm

The meeting will be held at Winchester Country Club
All are welcome & it counts as a Make-up!

OUR DRAWING LAST WEEK

John Copenhaver managed to find his tickets just in time to win \$15 raffle but he came up short on the Big Jackpot, which today stands at \$192.

HEALTH REPORT

Libba told us that Paul Frank was recovering from heart surgery performed at UVA. He and Darla just returned home last weekend. He would appreciate notes of encouragement.

HEALTH TIP

Libba reported that last Thursday was official Throw Away Your Leftovers Day. On the off chance that you still have Thanksgiving pickings left over, get rid of them!



You can also combat stress during the holidays by engaging in the following:

Get some sun – photo therapy can combat seasonal attitude disorder (SAD) in the winter.



Get a whiff of citrus – it has neurological benefits!

Walk – a half-hour walk every day keeps the blues away!

Don't overschedule – learning to say no to a few events can help you enjoy the rest of them.

Rule of (squeezing your) Thumb – pinch the webbing between the base of your thumb and your index finger for 30 seconds to ease stress and minor pain. (Unless the pain's located between the base of your thumb and your index finger...)

KALEIDOSCOPE

It's just a few months away, in March 23rd, 2019. Jenny Baker said the committee is seeking suggestions for beneficiaries.

TODAY!

On the slate are: President, Cary Claytor; President-Elect, Dick Kent; Secretary, John Elrick; Treasurer, Jaime Karalis;



Below is our slate of potential Board Members for 2019-2022. We will be voting for 4.

Jean Barch
Mary Braun
Linda Coffman
Marie Dilorenzo

Dana Evans
David Kelly
David Kent
Mike Richardson

EVANS HOME CHRISTMAS

Today is the last day to make a donation toward gifts for our guests from the Evans Home, who will visit on **December 20th**. Thanks to the shoppers who are busy purchasing items from each child's wish list, it will be a joyous day not only for the kids but for all of us.

HOLIDAY CONCERT BUS TRIP

A good time was had by all...thanks to Linda Coffman for arranging this fun outing.



Area 1 ACT Committee Update

Thanks to Guss Morrison and Jonathan Snowden for attending the Nov. 29th Coalition meeting. The Task Force reported 20 overdose deaths to date (2018) in our area and 139 non-fatal overdoses. This compares to same time in 2017...38 deaths and 159 non-fatal overdoses.

There will be no Coalition meeting in December. Thanks to John Lamanna for Chairing the Coalition's highly successful "Lunch and Learn" monthly series at Valley Health. There are now 28 participants in Drug Court. Some are in need of winter coats. If you have one that you can spare, please see Don Butler.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

President
President-Elect
Secretary
Treasurer

Paul Magness
Cary Claytor
Dick Kent
John Elrick

BOARD OF DIRECTORS

2018-2021 Jeff Barbour, Nancy Davis, Dick Helm, Tricia Simpson
2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith
2016-2019 Jenny Baker, Jaime Karalis, Kent Mull, Jonathan Snowden

IMMEDIATE PAST PRESIDENT - Julia Connell

Cog Wheel Staff: Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Malinda Henkel, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Melinda Henkel

Reporter: Dave Smith