

### ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



BE THE INSPIRATION

Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA  
 Visit The Rotary Club of Winchester website at [www.rotaryclubofwinchester.org](http://www.rotaryclubofwinchester.org)  
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

February 14, 2019

- February 28 - Board Meeting
- March 15-17 - District 7570 Conference at The Homestead Resort, Hot Springs, VA
- March 23 - Kaleidoscope
- March 28th - Board Meeting
- April 4-6 - PETS at Hotel Roanoke



### TODAY

We'll hear from Bob Sherwood on "Retirement Living".

### 104th ANNUAL DISTRICT CONFERENCE

District Conference is coming up at the Homestead on **March 15-17**. President Paul reminded us that there are a few spaces left for first time attendees who will enjoy paid registration and one night paid by the Club. There are also a couple of one night paid spots for those who have previously been to a District Conference. Sign up today and show your support for our District Governor, George Karnes. Currently there are 481 Rotarians attending...*let's make it 500!*

This year will be distinguished by open table dinner reservations, suite surfing, a memorial service on Sunday morning, awards sprinkled throughout the event and free video games and/or bowling Friday and Saturday evening. Tootie Rinker is seeking volunteers to help with Sergeant-at-Arms duties.

**Not ALL business...FUN too!** There are still a few seats left for the Beer and Scotch Tasting. You can still get a conference shirt for \$20. **PLUS**, Gary Chrisman will be *Puddling for Polio* on the Shenandoah River inside the Commonwealth Room at the Homestead! With his goal of \$1,000+, he's looking for sponsors.

**Scott Arthur reminded the club that there are numerous sponsorship opportunities.** Businesses can donate by contributing promotional items to the Goodie Bags (that will go in a Rotary backpack and be given to all conference attendees).

### REACHING OUT

Paul Magness urged fellow Rotarians to invite prospective Rotarians to an event on April 11. It will serve as an opportunity for those interested in Rotary to learn more and to meet members of the Club (There will be no noon meeting that day.) Likewise, Rotarians are entreated to be active mentors and to challenge themselves to enter into new territory.



### Our Program Last Week

**Gary Chrisman, George Karnes and Paul Magness** presented our Paul Harris Fellow Awards.

In preparing for the award presentations, Gary noted that the Club's level of giving is overwhelming. He touted the good accomplished – both locally and globally.

Paul Harris Awards went to 28 persons:

BILL ARMSTRONG	PHF+1
THOMAS GLASS	PHF+1
JENNY GROOMS	PHF+1
RICHARD REEDY	PHF+1
HARRY BENHAM	PHF+2
RON MILLER	PHF+2
SID SIROTA	PHF+2
AJAY VIRMANI	PHF+5
AJAY VIRMANI	PHF+6
SHANE WAGONER	PHF+1
PHILLIP GLAIZE	PHF+2
MARC JACCARD	PHF+2
JOHN LAMANNA	PHF+2
JAMES STAFFORD, III	PHF+2
DIANA THORN	PHF+2
JIMMY STAFFORD	PHF+3
ROBERT DeMOTT	PHF+5
PAUL MAGNESS	PHF+5
NICHOLAS NERANGIS	PHF+5
GARY CHRISMAN	PHF+8
SVEN HLYWIAK	PHF+7
SVEN HLYWIAK	PHF+8
KRISTA BEDNARSKI-GIBBS	PHF CERT & PIN
ROBBIE BARCH	PHF CERT & PIN
ROBIN ANN RINKER	PHF CERT & PIN



**We are so proud of Jean Barch for her support of Rotary and becoming a Major Donor.** Major Donors to The Rotary Foundation are those individuals, married couples, non-Rotary affiliated Foundations and Corporations who contribute an outright or cumulative gift of at least \$10,000 to the The Rotary Foundation, regardless of gift designation: Annual Fund, PolioPlus, Approved Global Grant, the Endowment .

### Need to make-up an absence? Check out these area club meetings:

Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon	New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm	Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am	Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
Front Royal - Friday Lunch - Warren County Community Center - Noon	Warren Co. - Wednesday Breakfast - Front Royal Golf Club - 7:00 am
Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm	Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm	Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

**Absentees 2-07**

William Aikens  
Mark Andrews  
Scott Arthur  
Jenny Baker  
Lori Bales  
Jackie Bates  
Kerri Burkhardt  
Paul Burkholder  
Tom T. Byrd  
Tom W. Byrd  
David Chandler  
Anthony Crosen  
Bruce Downing

Dana Evans  
Carolyn Fitzwater  
Melissa Fortner  
Paul Frank  
Phil Griffin  
Jenny Grooms  
Robert Hall  
Dick Helm  
Malinda Henkel  
Brian Hester  
Alex Iden  
Richard Irvin  
Jaime Karalis  
Don Karolyi

Dwight Kemp  
David Kent  
Richard Kent  
Steven Kent  
John Lewis  
Todd Lilley  
Darla McCrary  
Bob Mitchell  
Ron Price  
Earl Riddick  
Laurie Ann Roby  
Karen Schultz  
Irv Shendow  
Jeannie Shiley

Terry Sinclair  
Jenny Stanford  
Bob Stieg  
Patty Taylor  
Michelle Thomas  
Lupe Vea  
Ajay Virmani  
Ben Weber  
Larry Weiss  
Billy Whirley  
Ridge White  
Michael Williams  
Ryan Zelaski

**Make-ups\* (Date & Function Attended)**

William Aikens - 2/5(5) - Kaleidoscope Meeting  
Jennie Baker - 2/5(2) - Kaleidoscope Meeting  
Anthony Crosen - 2/5 - Kaleidoscope Meeting  
Paul Frank - 1/26(2) - District Conference Meeting  
David Kent - 1/30 - Rummage Sale Prep  
Dick Kent - 1/24 - Board Meeting  
Darla McCrary - 2/3 - District Conference Meeting  
Kent Mull - 2/5 - Kaleidoscope Meeting  
Roy Swwarz - 1/15 - Frederick Co. Rotary Club  
Irv Shendow - 1/22 - Kaleidoscope Meeting  
Ed White - 2/5 - Kaleidoscope Meeting

**Turning in a Make-up?**

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

**HAPPY VALENTINE'S DAY!**

Passing out Valentines is a 600 year-old tradition. Each year, young & old across America give their sweethearts Valentine's Day cards & gifts. The oldest record of a valentine was a poem Charles Duke of Orleans wrote to his wife when he was imprisoned in the Tower of London in 1415.

**VALENTINE'S DAY FUN FACTS**

- > Valentine's Day ranks #1 for fresh flower purchases.
- > Almost half of yearly marriage proposals will happen on Valentine's Day.
- > Half of women would end their relationship if they didn't get something for Valentine's Day!

**HELP STILL NEEDED!****COG WHEEL REPORTERS & PHOTOGRAPHERS NEEDED!**

Cog Wheel reporters rock. Get a makeup when you report or take pictures. Join the team and sign up with Sue Rich. You don't have to be Clark Kent, Lois Lane or Jimmy Olsen to help out! Really, it's not that hard! No after hour meetings involved. . . Cog Wheel reporters & photographers take one month turns and even get a makeup!

If you can help, contact Sue Rich (reporters) or Don Karolyi (photographers). Cell phones work great for our meeting photos.

**AUDIO/VIDEO COMMITTEE ALSO NEEDS HELP**

John Elrick is looking for one club member to join the audio/video committee. The commitment requires showing up for the Thursday meeting at 11:45 once every six weeks to set up the equipment.

**REMINDER - RUMMAGE TRAILER**

There is a new location for the rummage trailer at Frogale Lumber. Coming from Frogale's entrance the new location will be on the left side of Arbor Court across from the administrative offices where the trailer used to be housed. Our trailer is at the end of the row. **Look for a Rotary sign on the steps.**

**KALEIDOSCOPE - MARCH 23rd**

The Kids Clubs, will be this year's Kaleidoscope beneficiary. The funds will be used to remodel their kitchen and install security cameras. Jenny said that tickets will be available for purchase shortly.

Kit Molden & Dan Whitacre are seeking donations for the Kaleidoscope auction.

**HEALTH REPORT**

**Bob Hall** continues to recover from open heart surgery in Bowling Green, Kentucky despite a recent atrial fibrillation episode. He hopes to return home next weekend and thanks Rotarians for their cards and prayers.

**Health Tip**

Libba's reported that a recent presentation by Ms. Snow at LFCC revealed that only 1 in 100 doctors measure patient cognition. Notably, by the age of 85, half of all individuals are afflicted with some form of cognitive deficit. Symptoms may well manifest 10 years before formal diagnosis. The Gates Foundation, along with others, have dedicated \$30 million toward a diagnosis accelerant.

**Last Week's Drawing**

Bernie Schwartzman won \$11 in last week's drawing. Today the Jackpot is \$42.

**OTHER HAPPENINGS:**

The incoming GSE team from Taiwan arrives March 1 and leaves for southern Virginia on March 6. Tootie and Marie are serving as host families. Marie will host a gathering for our guests on March 2.

**Rotary's Apple Blossom float** team is in need of volunteers....see Wilson Gilbert if you can help.

**President Paul** thanked all currently serving on the Sergeant-at-Arms desk.

**EVENT MAKE-UP SLIP**

The Rotary Club of Winchester

Print Your Name: \_\_\_\_\_

Event Attended: \_\_\_\_\_

Date of Event: \_\_\_\_\_  
Committee, Board, Community Event

Date of Missed Meeting: \_\_\_\_\_

(Turn in at Sergeant at Arms Desk)

**President**  
**President-Elect**  
**Secretary**  
**Treasurer**

**Paul Magness**  
**Cary Claytor**  
**Dick Kent**  
**John Elrick**

**BOARD OF DIRECTORS**

2018-2021 Jeff Barbour, Nancy Davis, Dick Helm, Tricia Simpson  
2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith  
2016-2019 Jenny Baker, Jaime Karalis, Kent Mull, Jonathan Snowden

**IMMEDIATE PAST PRESIDENT - Julia Connell**

**Cog Wheel Staff:** Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Malinda Henkel, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Cary Claytor

Reporter: Mary Braun