

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



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 Visit The Rotary Club of Winchester website at www.rotaryclubofwinchester.org
 Address Rotary correspondence to P.O. Box 2686, Winchester, VA 22604

Chartered 1921

August 1, 2019

NEXT WEEK - Family Picnic, Jim Barnett Park (No Noon Meeting)
 August 15 - Camp Fantastic Barbeque
 August 27 - District Governor Visit
 September 21-22 - Apple Harvest Arts & Crafts Festival

TODAY

Today we'll hear from **Susan Brooks** from Navy Federal Credit Union

PLUS...Our very own **Dave Kelly** from Cafe Del Sol will serve us up a delicious meal.

FAMILY PICNIC - NEXT WEEK!

Please remember next Thursday, August 8th is our Annual Family Picnic -- NO NOON MEETING. This is a fun event and a great way to get to know your fellow Rotarians and their families.

JAMAICAN ME WANT TO SERVE

Our fall mission trip to Jamaica is in November. We will be working with the Negril Rotary Club while there providing help in the form of everything from soup kitchen service to painting and child care. Cost should be little more than \$1,000 and entertainment is cheap, so check with him for details.



The travel date is October 31, 2019 returning on November 14, 2019. If you have any interest or need additional information, please call Byron or Kathy Brill at 540-664-1834 or email: kkanter8@gmail.com

WELCOME NEWEST MEMBERS!

Ernie Bliss is our newest Rotarian, but he's no rookie Rotarian, having been a prior member of the Swanton, OH, club and a member-at-large in Europe for 10 years. Honduras.



We also welcomed **David Miles** for the third time as a new member. Say howdy do - to both new members!

Our Program Last Week

Dr. Joey Gawrysiak, aka Dr. Joey, is a professor of **Sports Management at Shenandoah University**. He has taken S.U. into the new but fast growing area of E-Sports. E meaning electronic gaming sports such as Halo and Fort Night. The program is the second in the nation to offer credits and will soon have it's own arena in the old armory building on campus. The "sport" is now a \$1.4 billion industry and such collegiate heavy weights as Ohio State and West Virginia University are also offering classes and teams to compete worldwide. The classes taught at S.U. are not about winning the game but more about managing the sport just as you would any other sports program.



While the average age of a gamer at this point is 17 all demographics are growing quickly and Virginia has recently integrated it into High School conferences for play. Setting up a play station costs about \$2,500 but it is mobile and very cheap to operate. The mobility allows schools to set up in existing buildings or arenas so that larger audiences can be accommodated.

Dr. Joey notes that players exhibit great passion and often this is a sport that can fit a much larger constituency. The sport is a bit controversial because it is not traditional but Dr. Joey predicts that it will become an Olympic sport by the time of the Los Angeles Olympics take place in 2028. He also says that traditional sporting values such as team work, practice and strategies are still in play and very important to the players and teach great lessons for future and new generations to come.

District Governor's Visit - August 27th

Location: The George Washington Hotel

Request: Participants are asked to bring non-perishable items to be donated to local/regional food pantry

Cost: \$35.00 with a cash bar!!!

Social Hour: 6:00 PM - 7:00 PM

Cash Bar: Open from 6:00 PM - 7:15 PM

Dinner: 7:00 PM (estimated start)

Menu Italian Buffet

- 1) Garden salad with two dressings
- 2) Italian Bread
- 3) Lasagna
- 4) Chicken Parmesan (gluten free)
- 5) Pasta Primavera with vegetables
- 6) Cappuccino Chocolate Mousse
- 7) Dinner Drinks: Coffee and Tea

Registration will be on the Dacdb

Need to make-up an absence? Check out these area club meetings:

Clarke County - Wednesday Lunch - Presbyterian Church, Berryville - 12:15
 Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
 Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
 Front Royal - Friday Lunch - Warren County Community Center - Noon
 Hagerstown - Wednesday Lunch - Fountain Head Country Club - 12:15 pm
 Leesburg - Thursday Evening - River Creek Country Club - 6:30 pm

New Market - Wednesday Lunch - The Shenvalee Golf Resort - Noon
 Purcellville - Thursday - Loudoun Golf & Country Club - 7:30 am
 Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
 Warren Co. - Wednesday Breakfast - Front Royal Golf Club - 7:00 am
 Warrenton - Thursday Lunch - Fauquier Springs Country Club - 12:15 pm
 Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:10 pm

Absentees 7-25

William Aikens	Tom W. Byrd	Sven Hlywiak	Dave Smith
Debbie Aldridge	Tiffany Cadoree	Marc Jaccard	David Sweeney
Scott Arthur	Anthony Crosen	John Lamanna	Lupe Vea
Lori Bales	Bruce Downing	Alexis LaPorte	Ajay Virmani
DeeDee Barbour	Dana Evans	Chris Lewis	Ben Weber
Jeff Barbour	Carolyn Fitzwater	Kent Mull	Stuart Williams
Jackie Bates	Rob Frogale	Chuck Peterson	Dick Wiltshire
Ken Blackwell	Wilson Gilbert	Ron Price	Ryan Zelaski
Kim Blosser	Jenny Grooms	Tom Rockwood	
	Robert Hall	Karen Schultz	

Visitors & Guests Last Meeting

Reeman Royston visiting from Clark County Rotary
Will, Sally & Page, guests of Cary Claytor
Justin Wisenall, guest of Ernie Bliss
Zarah Franz, guest of Dan Whitacre
Raul Rodriguez, guest of Paul Burkholder

GOOD JOB!

All the extra wine from the International Affair is SOLD! For sure Rotarians are always ready to step up to complete a task and aid a good cause!



Our Last Drawing

Congratulations....Julia Connell picked up \$15 in our raffle last week. The Ace of Spades is still in the jackpot deck though. Today the jackpot is \$370.....remember, you can't win unless you play.

ARTS & CRAFTS FESTIVAL - SEPT. 21 & 22

SAVE THE DATE! Apple Harvest is just around the corner and we're looking for Bingo Prize donations. Darcus Breneman handed out donations forms last week. If you or your company would like to donate a gift or even CASH CARDS please see Darcus for a form. Both large



ATTENTION NEW MEMBERS (and Old)



Join the Rotary Newsletter Staff! *You don't have to be Clark Kent, Lois Lane or Jimmy Olsen!* Really, it's not hard! It's a great way to help out our club! Each Reporter or Photographer takes a month....And you get a make-up for your "CLUB SERVICE". Please, we really need some help! If you can help us out, contact Sue Rich.

DID YOU KNOW.....

There are app's available to help you find a Club meeting when traveling. You can link to them all from the Rotary Website at:

www.rotary.org/myrotary/en/manage/tools-templates/mobile-apps

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Make-ups* (Date & Function Attended)

Scott Arthur - 6/27 - International Affair
Jenny Baker - 7/15 - International Affair Meeting
DeeDee Barbour - 7/15 - International Affair Meeting
Jean Barch - 6/4 - Rummage Sale
Tom T. Byrd - 7/11 - Frederick County Rotary
Jeff Davis - 7/15 - International Affair Meeting
Wilson Gilbert - 6/4 - Rummage Sale
Robert Hall - 7/16 - eClub One
Marc Jaccard - 6/15 - Rummage Sale
John Lamanna - 7/15 - International Affair Meeting
Ben Rothermel - 7/18 - Rotary of Anchorage, Alaska
Billy Whirley - 7/24 - International Affair Meeting

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

NEXT BOARD MEETING

August 22 - 6pm

Winchester Country Club

All are welcome & it counts as a Make-up!

HEALTH UPDATE

By the time we read this both Bob Demott and Todd Lilly will have undergone surgery. Please keep them in your thoughts and prayers and of course a card is always a nice way to convey your best wishes.

HEALTH TIP

July is horse radish month and who knew the many reasons to consume it. It is a natural diuretic which lends itself to fighting high blood pressure, it kills bacteria and of course it adds great taste to a meal. However contrary to its name do not feed it to a horse as it can be deadly.



This 3,000-year-old plant has been used as an aphrodisiac, a treatment for rheumatism, weight loss, a bitter herb for Pass-over seders and a flavorful accompaniment for beef, chicken and seafood. A member of the mustard family, the root is harvested in the spring and fall and sold in 1,200-pound pallets to processors who grate it, releasing the volatile oils that distinguish horseradish from all other flavors. The ground horseradish is then mixed with distilled vinegar to stabilize the "heat".

Foundation Minute - CHANGE for a Cure

The CART fund (Coins for Alzheimer's Research Trust) is now a part of our club's effort to help fight Alzheimer's disease. Watch for our small blue CART bucket which will be placed in an obvious location so that you can throw your pocket change in to help end this horribly debilitating disease.



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John Elrick
Jaime Karalis

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