

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.rotaryclubofwinchester.org
 Address Rotary correspondence to P.O. Box 2686, Winchester, VA 22604

Chartered 1921

September 5, 2019

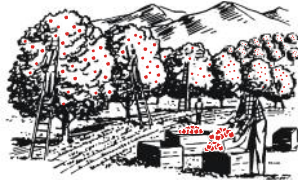
- September 21-22 - Apple Harvest Arts & Crafts Festival
- September 26 - Member & Guest Shrimp Feed,
Isaak Walton Park (No Noon Meeting)
- October 7 - Annual Golf Tournament
- October 24 - Club Elections Begin

TODAY

Today John Flood will bring together histories and mysteries into an informative and entertaining speech.

APPLE HARVEST FESTIVAL

Apple Harvest is just a few short weeks away and work sign-up sheets are circulating...*there's a job for everyone...and it counts as a floating make-up!*



Also...Darcus is still looking for neat Bingo prize donations...gift cards are always a hit...or check your closets for unused items you can re-gift. Home baked goods are welcome too!

YOU CAN HELP MAKE ROTARY MORE VISIBLE!

With custom Rotary license plate frames. \$25/set of 2 Sign up at our Rotary meeting, pay later. 22 sets were ordered last week! **Questions:** Contact Bob Shriner at 703-795-4355 or bob@shriner.com



Need a Make-up!?

“Area Wonders” - A new regional area Rotary Club is meeting TONIGHT from 6-7pm at **Paladin Bar and Grill** in Stephens City (181-A Warrior Drive) -- Plus, if you want to stay after the meeting, you can enjoy live music!

The “Area Wonders” club is now active but they do not have a permanent meeting place. They meet the first & third Thursdays of each month in different fun locations. If you want to attend a meeting, locations can be found on our District website.

DISCLAIMER

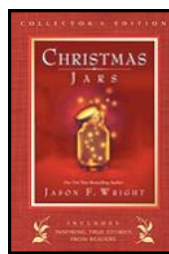
We don't make this stuff up! (Ok, maybe a little bit.) Information contained herein is obtained from our members who are fairly accurate most of the time.

Our Last Program

Jason Wright who has written for such newspapers as the Wall Street Journal, The Washington Post and Washington times spoke to us on his writings.



Jason has also written some 20 books one of which became a New York Times Best Seller, and three (*Christmas Jars*, *Courage to be You* and *Wednesday Letters*) are in line or he hopes to develop into movies.



Christmas Jars is expected to be out within the year and is based upon his own family tradition of putting their everyday change into a jar between October and Christmas and then giving that money to someone in need. His book illuminates both the joy of giving and the help that it can provide. While the book is fictional it is based upon his family's experience. *Courage to be You* is about a woman he met that employed him to write about her own life where she literally went from being very poor to be a 4 X billionaire. *Wednesday Letters*, takes place in the Shenandoah Valley but you will have to read it to find out the plot because a movie deal seems in the distance at this point!

Jason has spoken to Rotary Clubs around the nation including ours and he enjoys that so much because he feels we are exactly the type of group or club that truly changes the world and ones that his characters would be members of. He invites us all to review our own lives and anyone who we have not forgiven or have written off as unworthy and reconsider that position.

CHANGE for a Cure

The CART fund (Coins for Alzheimer's Research Trust) is now a part of our club's effort to help fight Alzheimer's disease. Watch for our small blue CART bucket which will be placed in an obvious location so that you can throw your pocket change in to help end this horribly debilitating disease.



Why is lemon juice made with artificial flavors, while dishwashing liquid is made with real lemons?

Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Presbyterian Church, Berryville - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Warren County Community Center - Noon
- Hagerstown - Wednesday Lunch - Fountain Head Country Club - 12:15 pm
- Leesburg - Thursday Evening - River Creek Country Club - 6:30 pm

- New Market - Wednesday Lunch - The Shenvalee Golf Resort - Noon
- Purcellville - Thursday - Loudoun Golf & Country Club - 7:30 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. - Wednesday Breakfast - Front Royal Golf Club - 7:00 am
- Warrenton - Thursday Lunch - Fauquier Springs Country Club - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:10 pm

Absentees 8-29

William Aikens	Anthony Crosen	Dwight Kemp	Karen Schultz
Debbie Aldridge	Carl Esterhay	Dick Kent	Irv Shendow
Jenny Baker	Dana Evans	Geraldine Kiefer	Terry Sinclair
Lori Bales	Paul Frank	Chris Lewis	Dave Smith
DeeDee Barbour	Rob Frogale	Paul Magness	David Sovine
Jean Barch	Wilson Gilbert	Chris Merchant	Bob Stieg
Jackie Bates	Emily Hahn	Bob Mitchell	Brandan Thomas
Ken Blackwell	Bob Hall	Kent Mull	Diana Thorne
Mary Braun	Dick Helm	Ron Price	Ben Weber
Don Butler	Sherry Hudson	Earl Riddick	Billy Whirley
David Chandler	Alex Iden	Ben Rothermel	Dan Whitacre
	Don Karolyi	Sue Scarborough	Ridge White
			Ryan Zelaski

Visitors & Guests Last Week

Patricia Bliss, guest of Ernie Bliss
 Rick Mabe, guest of Tom Maccubbin
 David Bowman, guest of Rabbi Brown
 Yolanda Shields, guest of Guss Morrison
 Dawn Devine, guest of Neile Martin
 Jason Wright & Darlene Kent, guests of Dick Kent
 Brian Scoll, guest of Nancy & Jeff Davis
 Abby Gibbs, guest of Krista Gibbs
 Michael & Tera Clark, guests of Linda Coffman

JAMAICAN ME WANT TO SERVE

Our fall mission trip to Jamaica is in November. We will be working with the Negril Rotary Club while there providing help in the form of everything from soup kitchen service to painting and child care. Cost should be little more than \$1,000 and entertainment is cheap, so check with him for details.



The travel date is October 31, 2019 returning on November 14, 2019. If you have any interest or need additional information, please call Byron or Kathy Brill at 540-664-1834 or email: kkanter8@gmail.com

OUR LAST DRAWING

Paul Frank was our raffle winner last week, but missed the jackpot when he drew the 8 of diamonds.. This week the jackpot is \$412!

ALL ABOUT MAKE-UPS

Makeups can be earned within two weeks of an absence, either before or after a missed meeting. Each makeup card must legibly indicate the date for which a meeting was missed.

You can have a makeup credited by:

- Attending the meeting of another club.
- Attending a club committee meeting not held in connection with our luncheon meeting
- Participating in a club sponsored community activity
- Attending a club Board Meeting
- Rotary Internet Makeup online at Rotary International's eClub One - limit of 2 per Rotary year - (www.rotaryclubone.org/makeup_how.htm)

Special Floating Makeups good for one year after the date of the event are granted for:

- Working at the Apple Harvest Arts & Crafts Festival for at least four hours.
- Working at the Annual Rummage Sale
- Attendance at the Kaleidoscope
- Attendance at the Rotary District Convention

Each member is responsible for turning in the special makeup form found in every issue of the CogWheel to obtain credit for any of the above makeup opportunities other than a makeup from another Club, which requires the official form from that Club.

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Make-ups* (Date & Function Attended)

DeeDee Barbour – 8/22 – Board Meeting
 Jean Barch – 7/18 - Apple Harvest Meeting
 Kim Blosser – 8/22 – Rotary of Russell-Hampton Co.
 Paul Frank – 7/25 – Board Meeting
 Wilson Gilbert – 6/12 – Rummage Sale Floating
 Dick Kent – 7/25 – Board Meeting
 Geraldine Kiefer – 8/27 – Rotary Club of Akron, Ohio
 Paul Magness – 3/16 – District Conference
 Chuck Peterson – 8/13 – Rotary Club of Staunton
 Ben Rothermel – 8/8 – Family Picnic Crew
 Shane Wagoner – 8/22 – Golf Committee Meeting
 Billy Whirley – 8/8 – Family Picnic Crew
 Ridge White – 8/8 – Family Picnic Crew

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

NEXT BOARD MEETING

October 24th 6pm

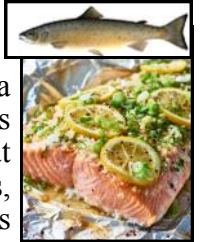
Winchester Country Club

*All are welcome & it counts as a Make-up!***HEALTH TIP**

Sharon Gromling's brother passed away and Dave Smith had surgery to replace a heart valve. Please keep them in your prayers and of course a note is always a nice way to support one another.

HEALTH TIP

Libba has just returned from a wonderful vacation to Alaska where she saw and consumed plenty of Salmon. Salmon is a very, very nutritious food rich in Omega 3's fatty acids, vitamin B and other things that help fight heart disease, thyroid conditions, anxiety, depression and weight control. It is recommended that we eat salmon twice a week and while it helps your health you can simply enjoy the many ways to cook and consume it.

**FOUNDATION MINUTE**

Our club hosted our new Governor **Tim Carter** at the George Washington Hotel. Attendance was quite good with all clubs represented in our district and 18 members from our club.

Governor Carter laid out his goals for his tenure which include fighting hunger both here and abroad. He also updated us on this year's District Conference which sounds both fun (karaoke) and ambitious fighting hunger and dementia. More to come on the conference but we hope our club will be well represented as always!

President
President-Elect
Secretary
Treasurer

Cary Claytor
Dick Kent
John Elrick
Jaime Karalis

BOARD OF DIRECTORS

2019-2022 Jean Barch, Marie DiLorenzo, David Kelly, David Kent
 2018-2021 Jeff Barbour, Nancy Davis, Dick Helm, Tricia Simpson
 2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith

IMMEDIATE PAST PRESIDENT - Paul Magness

Cog Wheel Staff: Jenny Baker, Belinda Barbour, Paul Burkholder,
 Tom W. Byrd, Malinda Henkel, Don Karolyi, Tom Maccubbin,
 Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight, Larry Weiss

Photos: Malinda Henkel

Reporter: Paul Burkholder