

### ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



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Distinct 7570, Area 1, Club 5781

February 13, 2020

- February 27 - Board Meeting, Winchester Country Club
- March 10-13 - GSE Team from Turkey in Winchester
- March 12-14 District 7570 Conference at The Homestead Resort, Hot Springs, VA
- March 12 - Rotary Club Social Recruiting Event (No Noon Meeting)
- March 28 - Kaleidoscope
- April 2-4 PETS at Hotel Roanoke

### TODAY

Today will have **Chuck Ashby, Project Search Instructor**, tell us about an exciting program between Valley Health, Winchester & Frederick County Schools called **“Project Search”**. This program identifies special needs students between the ages of 18-21 and teaches them life skills and work skills to prepare them to be placed in employment.

### ROTARY GROUP STUDY EXCHANGE (GSE)

We will be hosting a Group Study Exchange (GSE) Team from Turkey - **March 11-13**. There are five team members, one male leader and four female team members. As of last week, one host family was needed, please reach out to **Darcus Breneman**.

### ROTARY 2020 DISTRICT CONFERENCE AT THE HOMESTEAD - March 13-15

The 2020 District Conference may be the best one yet! Rapid-fire presentations, excellent speakers, informative workshops.



This year the registration fee includes the Friday night dinner and the Saturday lunch – no extra fees! It’s a fun event, a great way to learn about Rotary and the Homestead is a special place to visit

**Please act today to get the Early Bird discount by this Friday, Feb. 14 - <https://www.rotary7570conference.com/registration>**

The website gives all the information you need to know – schedule, activities, and Homestead room booking at reduced rates. When you click on the yellow REGISTER FOR DISTRICT 7570 CONFERENCE button, you are taken to the District website (DACdb) to enter your email and password. If you don’t have a password yet, it is usually your RI Member ID. If you don’t know it, find it above your name on your Rotary magazine, or ask your Club Secretary for your Member ID.

### READING TO KIDS

**John Huddy** is looking for volunteers to read at the **Fremont Street Nursery**.



### Our Last Program



We were treated to two of the best new member talks we've heard in a long time. **Tiffany Cadoree** shared her poignant life story, including how she was abandoned as an infant by an addicted mother with 10 other abandoned children to her credit. Tiffany said she wanted to turn her tough childhood into service to others, but made the mistake of not healing herself first. It wasn't until she started working for the Northern Shenandoah Valley Substance Abuse Coalition under the tutelage of Lauren Cummings that she finally began to find herself. Now she strives to end the stigma of addiction. Her talk was a true coming out in putting her victimhood behind her, and she received a standing ovation for it.

**James Imoh**, a financial investment advisor at Edward Jones, had a tough act to follow but did admirably in describing his appreciation for the three “divine appointments” that led him to where he is today. The first was meeting his wife Marie, who he described as an accomplished and, more importantly, a caring person who has supported him and their three children as she followed her own career. The second was a woman he met in Texas in his first week in the military who helped him find Christ and start his path as a Christian, and the third was the missionary couple who first met James's father in Nigeria at the age of nine. They took him under wing and helped him get a scholarship in the U.S. where he met his wife and they had James in 1970. James also credited his Rotary sponsors, Jay Smith and John Copenhaver, for mentoring him and showing that he was accepted as an equal in our club. James got a well-deserved standing ovation, too.



### UPDATES FROM THE JANUARY BOARD MEETING

**Membership:** Clyde Lamont transferred from the Rotary Club of Clarke.

**Members on Leave of Absence:** Emily Hahn, Diana Ketterman, Stuart Williams, Guss Morrison.

We regret Dwight Kemp has resigned from our club due to the relocation of his job.

### Donations:

- > Our club will match up to \$1000 for donations made for the Australian Wildfires.
- > Our club will donate \$250 to the District Karaoke Competition for Polio.
- > Our club will donate \$5,000 to a Global Grant for vocational training in Negril clubs involved from District 5360 Alberta Canada - Calgary North & Airdrie as well as the Stuart club from district 7570.

### Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Presbyterian Church, Berryville - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Warren County Community Center - Noon
- Hagerstown - Wednesday Lunch - Fountain Head Country Club - 12:15 pm
- Leesburg - Thursday Evening - River Creek Country Club - 6:30 pm

- New Market - Wednesday Lunch - The Shenvalee Golf Resort - Noon
- Purcellville - Thursday - Loudoun Golf & Country Club - 7:30 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. - Wednesday Breakfast - Front Royal Golf Club - 7:00 am
- Warrenton - Thursday Lunch - Fauquier Springs Country Club - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:10 pm

<b>Absentees Feb 6</b>	Linda Coffman	Sven Hlywiak	Diane Ruckman
William Aikens	Anthony Crosen	Sherry Hudson	Sue Scarborough
Debbie Aldridge	Marie DiLorenzo	Richard Irvin	Karen Schultz
Jenny Baker	Dana Evans	Douglas Joyner	Terry Sinclair
DeeDee Barbour	Melissa Fortner	Pat Kofalt	Bob Stieg
Jackie Bates	Paul Frank	Alexis LaPorte	Michelle Thomas
Ken Blackwell	Rob Frogale	Neile Martin	Ben Weber
Kim Blosser	Krista Gibbs	Darla McCrary	Billy Whirley
Darcus Breneman	Robert Hall	Chris Merchant	Dan Whitacre
Paul Burkholder	Dick Helm	Kent Mull	Ed White
Robin Cardillo	Brian Hester	Ron Price	Michael Williams
			Ryan Zelaski

**Visitors & Guests Last Week**

Debbie Callison visiting from Staunton/Augusta Rotary  
 Susie Griffin, guest of Phil Griffin  
 Katrina McClure, guest of Libba Pendleton  
 Steve Cluss & Lauren Cummings, guests of Don Butler  
 Brad Sumner, guest of David Chandler  
 Marie Imoh, guest of James Imoh

**DISTRICT CONFERENCE NOTES**

Want to go? *It will be the last year that the event is held at the Homestead, so don't miss it.* For those on a tight schedule, there is a special offer this year called **"9-5 for \$95"** where you can join the fun for the day on Saturday for the low price of \$95. *Scholarships are also available for first-time Rotarians and their guest.* Please act today to get the Early Bird discount by **TOMORROW-Feb. 14**, and to get Homestead rooms at the low Rotary discount of \$129 per night before the room block is gone!

**SILENT AUCTION** - Each club in the district is asked to donate several items to make this a successful fundraiser. This is a great way to participate in the District Conference even if you are not able to attend. Our club's coordinator for the Silent Auction is **Linda Coffman**. If you are interested in donating one or more items, please contact Linda via email at [lindacoff@hotmail.com](mailto:lindacoff@hotmail.com) or at 540-759-8501. She will arrange to transport your donation. Thank you for your support.

**THE INTERNATIONAL AFFAIR - IN JUNE**

The International Affair Committee invites you to become an active member of a great group of Rotarians who plan and bring about a wonderful event to benefit a non-profit organization in our community. The International Affair of Food and Wine is a tasting event pairing International wines and foods from premier local restaurants.

In the past 5 years it has raised \$15,000 each year for a local charity. Plus it's a really fun group of Rotarians!!! To help out see **Linda Coffman** or **Tootie Rinker**.

**OUR LAST DRAWING**

Last week's drawing winner of \$10 was Scott Arthur...but he drew the seven of spades for the jackpot. Today's jackpot is \$208...you have to play to win...AND it goes to a good cause!



**EVENT MAKE-UP SLIP**

The Rotary Club of Winchester

Print Your Name: \_\_\_\_\_

Event Attended: \_\_\_\_\_

Date of Event: \_\_\_\_\_  
 Committee, Board, Community Event

Date of Missed Meeting: \_\_\_\_\_

(Turn in at Sergeant at Arms Desk)

**Make-ups\*** (Date & Function Attended)

DeeDee Barbour - 1/23 - Board Meeting  
 Robbie Barch - 1/23 - Board Meeting  
 Krista Bednarski Gibbs - 1/30 - Peace Builder Meeting  
 Linda Coffman - 1/23 - Board Meeting  
 Nancy Davis - 1/23 - Board Meeting  
 Marie DiLorenzo - 1/23 - Board Meeting  
 Alex Iden - 2/5 - Clarke County Rotary  
 David Kelly 1/23 - Board Meeting  
 Pat Kofalt - 1/23 - Rummage Sale Meeting  
 Dave Smith - 1/23 - Board Meeting  
 Ed White - 1/28 - Kaleidoscope Meeting

**Turning in a Make-up?**

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

**NEXT BOARD MEETING**

**FEB 27th 6PM**

**at Winchester Country Club.**

*All are welcome & it counts as a Make-up!*

**RUMMAGE SALE UPDATE**

David Kent announced his committee is still looking for a beneficiary for this year's Rummage Sale, so let him know as soon as possible if you know of a local charity in need of a \$15,000 - \$20,000 boost to their fundraising. There's also a new trailer that is now available at Solenberger Hardware to drop off your unwanted treasures and there will be community drop off days on Saturday, February 29th and March 29th from 9 a.m. to 1 pm. If you can help either day to unload people's cars and load the trailer, please see David.

**FOUNDATION MINUTE**

Gary Chrisman updated us on the relief for those suffering in the Australian wildfires. The district governors of Australia are managing a relief fund to make sure that proceeds go to where they are most needed. You can make your gift to the Winchester Rotary Foundation at the address below or you can put your donation in the envelope on your table today. Our board will match up to \$1,000 in donations.



**The mailing address is different than our general Rotary mail box. It is Winchester Rotary Foundation, P.O. Box 228, Winchester 22604.**

**HEALTH UPDATE**

Libba shared the news that **Dave Goff** did well with his open heart surgery on February 2nd and was due for a visit from his children and grandchildren over the weekend. She also mentioned that **Paul Frank** was at a memorial service for his mother and asked us to please keep both of them in your thoughts and on your card list.

**HEALTH TIP FEBRUARY IS HEART HEALTH MONTH**

Her health tip was to wear red last Friday in honor of heart disease awareness. Heart disease is the second leading cause of death behind cancer and accounts for 23% of all deaths. Conditions that lend themselves to heart disease include diabetes, high cholesterol, high blood pressure, and lack of exercise. So watch your diet, get physical.



<b>President</b>	<b>Cary (Claytor) Nelson</b>
<b>President-Elect</b>	<b>Dick Kent</b>
<b>Secretary</b>	<b>John Elrick</b>
<b>Treasurer</b>	<b>Jaime Karalis</b>

**BOARD OF DIRECTORS**

2019-2022 Jean Barch, Marie DiLorenzo, David Kelly, David Kent  
 2018-2021 Linda Coffman, Nancy Davis, Dick Helm, Tricia Simpson  
 2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith

**IMMEDIATE PAST PRESIDENT - Paul Magness**

**CogWheel Staff:** Jenny Baker, Belinda Barbour, Paul Burkholder, Tom W. Byrd, Malinda Henkel, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Dave Smith, Steve Straight, Larry Weiss

Photos: Malinda Henkel

Reporter: Dave Smith