

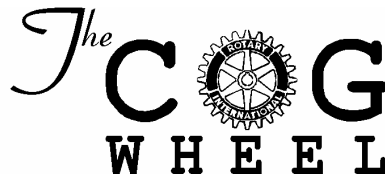
#### ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

#### Last Meeting

10 ZOOM

49 in person



Chartered 1921

Distinct 7570, Area 1, Club

October 26, 2023

## ***OUR PROGRAM THURSDAY***

**Krista Wilson - Program Coordinator for The  
Winchester-Frederick County Behavioral Health Docket:  
Working to reduce recidivism**

### ***WHAT'S COMING UP...***

***THIS EVENING: Board Meeting - 6 PM  
- Winchester Country Club***

- 2-Nov Sandra Webster Family Promise NSV  
sandi@familypromisensv.org
- 9-Nov Ridge White Veterans Recognition/Celebration
- 16-Nov Skip Phillips NW Works
- 23-Nov no meeting
- 30-Nov Gary Chrisman Explanation of Rotary Foundation

### **CHECK PRESENTATION**

President Jenny presented the **Handley Interact Club** a check for **\$500 "seed money"** for the club to continue their community Service work. Julia Kogut is the School sponsor.



President: Landon Hough, Vice President: Laura Salley  
Secretaries: Meredith Lineweaver & Sierra Campbell  
Treasurers: Dahlia Hurtado & Mason Rinker  
Historians: Aarna Lakhani & Felicity Gomez

### **TREX BENCH FOR THE JOHN HANDLEY HIGH SCHOOL PEACE GARDEN**



Pat Koffalt said we're almost half way in our collection last count and he's still gathering bags in his car. The bags will be transformed by TREX into a park bench that we can put at Handley High School.

We'll be collecting the bags until February. Qualified items include store, produce, bread, Ziplock, dry cleaning & ice bags, cereal box liners, case overwrap, plastic e-Commerce mailers and bubble wrap. **Do not include frozen food bags, candy wrappers, six-pack rings, pet food, chip, or net/mesh fruit bags.** If in doubt, then leave it out. The opportunity is to work with our Interact partners to recycle plastic and in the process enhance our environment. Plastic recycling is a great way to protect our environment and is a Rotary Positive Peace Goal. There's a collection box at our Rotary Meetings so start saving your qualifying stretchable plastic now and bring them in.

### **OUR PROGRAM LAST WEEK**

**Aoi Sakurai** is a GSE student visiting Winchester from Japan, from where she departed on August 1st. After a looong flight, she was welcomed to Winchester by



John Lamanna and her host mom, Nadine Johnson, who had a fancy sign



with her name on it. Aoi has enjoyed staying with Nadine and said she has a habit of talking to herself, so Aoi isn't always sure whether Nadine's talking to her or not.

Aoi plays the flute and the piccolo in the Handley HS band and enjoys marching on the field. She also attends Interact meetings and activities and recently enjoyed touring Washington DC. She said she looks forward to going back again so she can visit the museums.

Aoi has had many first-time experiences, including a zipline excursion, hatchet throwing (she said Japan does not have hatchet throwing "because it's dangerous"), and eating Chick-Fil-A. She said she could eat it every day if her host mom would let her.

Aoi also enjoyed Handley's homecoming dance last weekend and put on makeup for one of the first time ever. She danced to most of the songs although she said she did not recognize most of them.

### **RIDES TO ROTARY!**

The **Transportation Committee** offers rides to Rotary meetings and events for anyone needing a lift. Just contact Bob Hall at: [rhalldds@comcast.net](mailto:rhalldds@comcast.net) or call/text him at 540-336-5479 to make arrangements.



**Absentees Oct. 19**

Dan Abel  
William Aikens  
Scott Arthur  
Stanley Augustine  
Jackie Bates  
Erik Beatley  
Kim Blosser  
Darcus Breneman  
Jan Bresch  
Byron Brill  
Kerri Burkhardt  
Kevin Callanan

Archie Castle  
Gary Chrisman  
Julia Connell  
Andrea Cosans  
Anthony Crosan  
Nancy Davis  
Rosalee Delcampo  
Marie DiLorenzo  
John Elrick  
Dana Evans  
Sharon Farinholt  
Paul Frank  
Cheryl Fried

Rob Frogale  
Robert Garrett  
Krista Gibbs  
Phil Glaze  
Jenny Grooms  
Kim Herbstritt  
Brian Hester  
Sven Hlywiak  
Heather Hovermale  
Sherry Hudson  
Alex Iden  
James Imoh  
Doug Joyner

David Kelly  
David Kent  
Trey Kern  
Alexis LaPorte  
Chris Lewis  
Katrina McClure  
Darla McCray  
Chris Merchant  
Guss Morrison  
Kent Mull  
Cary Nelson  
Steve Parrish  
Amy Rice

Madelyn Rodriguez  
Karen Schultz  
Nancy Silva  
Jay Smith  
Karey Starnes  
David Sweeney  
Martin Tabaka  
Michelle Thomas  
John Tyson  
Ben Weber  
Jim Youngblood

**Make-ups\* (Date & Function Attended)**

Dan Abel - 9/17 - Apple Harvest Festival  
Darcus Breneman - 10/14 - Scholarship Committee Mtg.  
Archie Castle - 8/31 - Family Picnic Crew  
Paul Frank - 8/31 - Apple Harvest Meeting  
Darla McCray - 8/31 - Apple Harvest Meeting  
Jonathan Snowden - 10/18 - N Mecklenburg Rotary Club

**Turning in a Make-up?**

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

**FROTHY FRIDAYS Come on by!**

**Join the FUN! Pints for Polio— THIS FRIDAY, Oct. 27: Pints for Polio @ Vibrissa Beer & Kitchen, Winchester - 5:30 - 7:30 p.m.** In support of World Polio Day, the Rotary Club of Winchester and Vibrissa Beer & Kitchen are hosting a "Pints for Polio" event. Vibrissa will contribute \$1 for EVERY DRINK served this Friday, Oct. 27th during happy hour, from 5:30-7:30pm. The Rotary Club of Winchester will match all contributions up to \$300. Proceeds will go toward the fight against this deadly disease through Rotary International. Bring your friends and join us this Friday at Vibrissa in the old Star Building in downtown Winchester (10 N. Kent St.) and raise a glass to ending this terrible disease. Special thanks to Jean Barch for setting this up!

**SPECIAL ROTARY EVENTS**

**MSV Gardens at Night - Thursday, Nov. 16:** Garden Lights at the MSV (7pm tour). We have reserved 50 tickets for the opening night of Garden Lights at the Museum of the Shenandoah Valley for the 7pm tour. Tickets are \$15 per adult, \$5 (ages 5-18), free to ages 4 & under. Limit 4 tickets per Rotarian. If you're interested, please write a check to the Rotary Club of Winchester and give to Bob Hall (this week, please give your check to John Lamanna while Bob is out of town) <https://www.themsv.org/garden-lights/>

**Sunday, Dec. 3: U.S. Army Band Holiday Festival at DAR Constitution Hall, 3-4:30 p.m.** Come join your U.S. Army Band for its festive kick-off to the holiday season at DAR Constitution Hall! All the joy and warmth of the holiday season in a 90 minute concert (no intermission) featuring the men and women of Pershing's Own. Come and immerse yourself in the holiday spirit as we gather together to share traditions and connection. (Free!) If interested, contact Linda Coffman at [lindacoff@hotmail.com](mailto:lindacoff@hotmail.com) to reserve your seat (36 total tickets reserved). <https://usarmyband.ticketleap.com/2023-american-holiday-festival--sun-3pm/> Special thanks to Linda for organizing!

**HEALTH TIP**

Les Veach filled in for Libba and talked about the benefits of laughter for your health. It lowers blood pressure, burns calories, gives you a health perspective, and improves your cognitive abilities. He shared several one-liners as his contribution to our club's daily health.

**THE ROTARY ATTENDANCE RULE OF 85**

Anybody in the Club on June 30, 2016 is grandfathered by our old rule: Age + Years in Rotary = 85, then you can request to change your membership status to R85 and be excused from attendance.

Anybody that joined after that date, would have to meet the New Rule of 85 definition which is: *Rotarians can be excused from attendance if the combined total of their years of membership in one or more clubs plus their age equals at least 85, with their years of membership totaling at least 20.*

If you have any questions please call or email Scott Arthur.

**MEMBERSHIP**

The Board has approved a new "Family Membership" option. A full member can apply to add a second member of the family to their membership. The second family member would have a reduced dues structure, \$65/quarter and \$20 per meal when they attend lunch meetings at the Winchester Country Club.

**HELP PROMOTE OUR CLUB!**

Would you like to let the community know about the great work our club does? You can help by joining the Public Relations Committee. The committee is especially in need of members who know how to post to social media. We also need to keep our website active and up-to-date. To find out more, please contact Chuck Peterson. [chuckpeterson5138@gmail.com](mailto:chuckpeterson5138@gmail.com), or call or text 540-327-5138.



**NEXT BOARD MEETING - TONIGHT!!!**  
**THURSDAY, OCTOBER 26 6:00 PM**

**Winchester Country Club**

*All are welcome & it counts as a Make-up!*

**President - Jenny Baker**      **Secretary - Paul Frank**  
**President-Elect - John Lamana**      **Treasurer - Bob Hall**

**BOARD OF DIRECTORS**

2023-2026 Gary Chrisman, John Elrick, Darcus Breneman, Rick Mabe  
2022-2025 Wilson Gilbert, Darla McCray, Chuck Peterson, Jennifer Stanford  
2021-2024 Dave Miles, Jay Smith, Dave Sweeney, Heather Hovermale

**IMMEDIATE PAST PRESIDENT - Jaime Karalis**

Editor: Sue Rich

Reporter: David Smith