

### ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



### Last Meeting

16 ZOOM      56 in person

Chartered 1921

Distinct 7570, Area 1, Club

December 7, 2023

## OUR PROGRAM THIS WEEK

Andy Gail - Literacy Volunteer Winchester Area  
Rotary Board Elections

### WHAT'S COMING UP...

- 7 Dec. - Rotary Elections will start. An email will be sent out Thursday with a link where members can vote.
- 14 Dec - Rotary Holiday Evening Social, 6-8 pm - **No Noon Meeting** at Winchester Country Club
- 21 Dec Special Noon Meeting: Evans Home Christmas Party

**ROTARY YEARBOOKS are ready!**  
Pick up yours at the Sgt. of Arms Desk.

**PLEASE** shred your old yearbook....  
or turn it in to the Sgt. of Arms Desk and  
we will have it shredded.

### COATS FOR KIDS CAMPAIGN UNDERWAY



Our club has ordered over 500 new coats to distribute to children in need throughout the Winchester community this year. We work with Froggy's Closet, Bright Futures, Winchester Day

Preschool, Fremont Street Nursery, CCAP, Frederick Douglas Center, and Timber Ridge School to keep kids warm. "Coats for Kids" is funded by YOUR contributions to the Winchester Rotary Coats for Kids Fund at the Community Foundation of the Northern Shenandoah Valley. Contributions can be made at our meetings in December with a check made payable to the Winchester Rotary Coats for Kids Fund, or you can mail a check to the CFNSV, PO Box 1910, Winchester, VA 22604. You can also donate online at this link:

[https://cfnsv.fcsuite.com/erp/donate/create/fund?fund\\_id=1051](https://cfnsv.fcsuite.com/erp/donate/create/fund?fund_id=1051)

### TREX BENCH FOR THE JOHN HANDLEY HIGH SCHOOL PEACE GARDEN

Pat Koffalt reported we now have over 400 pounds toward our goal of 500 pounds!

We have until Valentine's Day (Feb. 14) to reach this goal. But at the rate our members have been collecting and delivering stretchable plastic, we should reach the goal before Christmas 2023!



### LAST WEEK'S PROGRAM

Rotary Club of Winchester  
All-Time Giving to  
The Rotary Foundation  
as of November 30, 2023

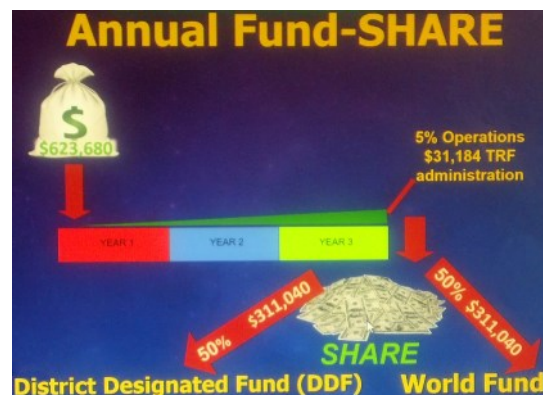
**Total: \$1,119,992**

Gary Chrisman gave us an overview of the Rotary Foundation and its importance to the world. The Rotary Foundation has operations in more countries than the UN and is the only charity with a perfect score of 100 and maintains a perfect 4 star rating. This means your money is effectively deployed. Unlike the Rotary International, the Rotary Foundation is a 501(c)3 meaning donations qualify for a tax deduction. Its sole mission is to help us advance the 7 areas of focus. These include water and sanitation, peace initiatives, disease prevention, food insecurity, education, maternal and child care and the recently added environment initiatives. The Foundation collected \$627 million dollars last year of which \$46 thousand came from our club and we have donated \$1,119,992 over the years.

During December our club will match dollar for dollar donations up to \$500. This means you donate \$500 the club matches it and you earn the Paul Harris award. If you are interested see Gary. Members may donate as little as \$25/quarter or a \$100/year which makes you a sustainer. \$1,000 cumulative makes you a

Paul Harris Fellow.

There are also opportunities for bequests and recognition of someone you'd like to honor.



**Absentees Nov. 30**

Marc Abrams	Kevin Callanan	Phil Glaize	Alexis LaPorte	Andy Schwartzman
William Aikens	Linda Coffman	Kim Herbstritt	Chris Lewis	Roy Swarz
Scott Arthur	Julia Connell	Brian Hester	Don Louque	Nancy Silva
Stanley Augustine	Andrea Cosans	Sven Hlywiak	Neile Martin	Jimmy Stafford
Jenny Baker	Anthony Crosan	Heather Hovermale	Dan Martin	Karey Starnes
Lori Bales	Nancy Davis	Sherry Hudson	Darla McCrary	Martin Tabaka
Jackie Bates	Rosalée Delcampo	Don Karolyi	Kent Mull	Kathy Tagnesi
Erik Beatley	John Elrick	David Kelly	Cary Nelson	Michelle Thomas
Darcus Breneman	Dana Evans	David Kent	Debra Purrington	Les Veach
Kerri Burkhart	Rob Frogale	Dick Kent	Amy Rice	Ajay Virmani
	Krista Gibbs	Trey Kern	Madelyn Rodriguez	Elyus Wallace
				Ben Weber

**Make-ups\* (Date & Function Attended)**

Sue Rich - 10/23 - Cog Wheel  
David Sweeney - 10/15 - Warren County Rotary Club

**Turning in a Make-up?**

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

**FROTHY FRIDAYS**

Because of the holidays Frothy Fridays are discontinued until January. We will notify you when they resume.

**SERVICE PROJECTS NEWSLETTER**

Every month a Service Projects Newsletter is sent out to all our Winchester Rotary Club members to make them aware of possible service opportunities here in our community. If you know of a non-profit or you run a non-profit that has a need, please pass it on to us. The service to our community can be as simple as mowing the grass/raking leaves to helping man a table at a fundraiser. The newsletter goes out at the beginning of each month and an attempt is made to vary the non-profits featured. To submit a service opportunity for the newsletter, contact Jean Barch: ([barchfam@comcast.net](mailto:barchfam@comcast.net)) or Dave Miles: ([dave@drdavemiles.com](mailto:dave@drdavemiles.com))

**DICTIONARY PROJECT**

Once again this year our club, with support from the Frederick County club, celebrated National Education week by distributing a dictionary free to every third grade student in Frederick County. The Frederick County Rotary handles the Frederick County Schools, and our club covers Winchester Public Schools and the private schools located in the county. This project could not be completed without help from our Handley Rotaract Club and the staff at Handley Library, who work together to process the books and add the Rotary 4 Way Test to each book.



**HEALTH REPORT**

Libba had reported previously that Karey Starnes had moved to Texas to be closer to her family. That move is complete and if you'd like her contact information, see Libba.

**HEALTH TIP**

The period between Thanksgiving and New Year's Day is commonly known as "Blue Christmas." This is because so many of us experience depression and anxiety during this time. Who helps these people is often first responders and this can be a difficult job during a time when they'd like their holiday to be a happy one. With that in mind, be sure to thank and encourage rescue squad personnel, firemen, police and emergency room workers of all stripes.

To keep yourself healthy during the holidays remember to wash your hands to prevent the spread of germs, practice kindness, and smile. Dress appropriately for the weather, moderate drinking and eat a little something healthy before going to a party. This will curb your appetite for the holiday goodies.

Lastly but importantly be careful with candles and home fires...as when left unattended can start a house fire.

**ROTARY BOARD NOMINEES Voting Dec. 7**

**Treasurer: Darcus Breneman**

**Board of Directors Candidates for 2024-2027**

- |                |               |
|----------------|---------------|
| Dan Abel       | John Huddy    |
| Cyril Barch    | Dave Kelly    |
| Robin Cardillo | Fritz Polite  |
| Melinda Henkle | Diane Ruckman |

**An email will be sent out Thursday with a link where members can vote.**

**YOU CAN HELP!**

'tis the season for our annual children's holiday party - and this year, we're so excited to give back to the Evans Home for Children and Family Promise of the Northern Shenandoah Valley. Please save the date for our Noon Luncheon on Dec. 21st, where the kids will join us to open their Christmas gifts!

There are 4 boys who will join us from the Evans Home, and 5 children (1 boy, 4 girls) from Family Promise, along with their 5 caregivers. Each year, our club members donate money so that we can help give these children a great Christmas. They provide Christmas Wish Lists, and volunteers from our club shop for them. **(PS - 2 shoppers are still needed!)**

Please consider donating to this very worthy cause and help make these very deserving children's Christmases brighter. **Here is a link where you can donate online directly to this cause:** <https://www.rotaryclubofwinchester.org/index.php/index.php/store/evans-home-2024-christmas/>

If you have any questions or would like to volunteer to be a shopper, please contact **Tricia Stiles** at [patriciadstiles@gmail.com](mailto:patriciadstiles@gmail.com). We are also accepting cash and check donations at our Rotary Club meeting this week and our Holiday Social (Dec. 14).

Thank you for your generosity in helping make a wonderful Christmas for these 9 children and their caregivers.

- |                                      |                               |
|--------------------------------------|-------------------------------|
| <b>President - Jenny Baker</b>       | <b>Secretary - Paul Frank</b> |
| <b>President-Elect - John Lamana</b> | <b>Treasurer - Bob Hall</b>   |

**BOARD OF DIRECTORS**

- |           |  |
|-----------|--|
| 2023-2026 | Gary Chrisman, John Elrick, Darcus Breneman, Rick Mabe     |
| 2022-2025 | Wilson Gilbert, Darla McCrary, Chuck Peterson, Ridge White |
| 2021-2024 | Dave Miles, Jay Smith, Dave Sweeney, Heather Hovermale     |

**IMMEDIATE PAST PRESIDENT - Jaime Karalis**

Editor: Sue Rich      Reporter: Paul Burkholder

**EVENT MAKE-UP SLIP**

The Rotary Club of Winchester

Print Your Name: \_\_\_\_\_

Event Attended: \_\_\_\_\_

Date of Event: \_\_\_\_\_

Committee, Board, Community Event

Date of Missed Meeting: \_\_\_\_\_

(Turn in at Sergeant at Arms Desk)