ROTARY 4-WAY TEST

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- Will it build GOOD WILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?





Happy New Year!

Last Meeting

13 ZOOM 50 in person

Chartered 1921

Distinct 7570. Area 1. Club

January 11, 2024

OUR SPEAKER THIS WEEK: Skip Phillips NW WORKS

WHAT'S COMING UP. . .

18-Jan Michael Diaz Veterans Service

25-Jan Andy Gyurisin 1-Feb Amelia Stansell

8-Feb

Laurel Ridge Community College Rotary Action Group against slavery

Volunteerism Valley Health

WHAT'S COMING UP

Scott Trinette

Awards Night is being held on February 29th at the George Washington hotel. Details on tickets to follow.

District Conference is being held the weekend of March 15th at Virginia Tech. Registration is limited to just 500 people so register soon if you want to attend.

HEALTH TIP

Shoveling snow can literally be a danger to our lives. After age 50 or even earlier shoveling snow can trigger a massive heart attack or SNOWBUSTERS stroke. With this in mind hire some-



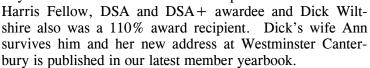
one to shovel for you. One way to find help is to visit The Star's web page and click on Winchester Snow Busters which is a newly organized group of younger people who will help you remove snow. If you must shovel don't go for large scoops or for long periods of time. Be cautious as the life you save may be your own.

HEALTH REPORT

Ed and Libba Pendleton have both contracted the latest version of Covid 19, thus Tricia Simpson gave us the Health Report and Health Tip.

Sadly, Dick Wiltshire passed away December 28th. Visitation will be at Omps Funeral Home Thursday, January 11th from 5 to 7 PM and his service will be Friday at 11:00 AM.

Dick was a long-time Rotarian who joined our club in 1990; he joined the Culpeper Rotary Club in 1978. He was a multiple Paul



It was a lot more fun being 20 in the 70's than being 70 in the 20's

LAST WEEK'S PROGRAM: NEW MEMBER TALKS

Bob DeMay has been married for 60 years and boasts 7 grandchildren. He was born in 1942 in Western Pennsylvania. One of his earliest memories was when his father returned from service during WW II. Bob attended a rural school where more than one class would share a His dad had his own home building business and they moved around a lot. Moving became a con-



sistent theme for Bob his whole life. While living in Florida he saw Black Americans and prejudice for the first time. This coupled with people referring to him as a Yankee sickened Bob's sensibilities and he never forgot it. After high school Bob visited his local Army recruiter where they suggested he join and become involved in electronics. This kicked off a career in electronics and after his service in the army Bob took a job with the RCA Company where he trouble shot computer problems for RCA customers all over the One assignment stood out where he helped with first ever televised Presidential coverage. Names like Huntley and Brinkley depended on Bob to provide accurate computer predictions on election night coverage. Upon retirement from RCA Bob opened his own business which closed because of the 2008 housing crash. Recently Bob has become a water color artist, attending dozens of craft shows each year including our own Apple Harvest Festival. Bob became a Rotarian in

1996 and thus when he moved to Winchester he found our club and is now a member. Welcome Bob!

Lauren Close comes to us via Mechanicsville, Va. and then Shenandoah University where she played Field Hockey as a scholarship student. Lauren has worked for the Winchester **Rescue Mission** for 6 years and has



just recently been named CEO of the mission. Lauren felt the call for mission work and luckily the Rescue Mission fit the bill. Lauren is married and has a 4 1/2 year old son. She loves the Valley and was attracted to our club because of its community service. It helped that both Jay Smith and Brandon Thomas were both involved in the mission and our club. Lauren enjoys snowboarding in the winter and in the warmer months riding her motorcycle. Welcome Lauren

Thank you Dave Miles for the great photos!

Absentees Jan. 4 William Aikens Stanley Augustine Jenny Baker Lori Bales Jackie Bates John Blevins Kim Blosser Jan Bresch Kerri Burkhart Tom T. Byrd

Eric Chrisman

Michelle Cody Linda Coffman Anthony Crosan Nancy Davis Rosalee Delcampo Bob DeMayJohn Dana Evans Sharon Farinholt

Phil Glaize Jenny Grooms Kim Herbstritt Brian Hester Sven Hlywiak Sherry Hudson Alex Iden Doug Joyner David Kent Cheryl Fried Rob Frogale Pat Kofalt Alexis LaPorte Robert Garrett Krista Gibbs

Paul Magness Dan Martin Darla McCrary Chris Merchant Guss Morrison Kent Mull Cary Nelson Steve Parrish Sue Rich Tootie Rinker Madelyn Rodriguez Ben Rothermel

Kip Rutherford

Roy Schwarz Irv Shendow Nancy Silva Jimmy Stafford Karev Starnes Martin Tabaka Michelle Thomas Les Veach Elyus Wallace Ben Weber

Make-ups* (Date & Function Attended) Scott Arthur – 11/13 – Area One Meeting Bob Hall – 12/21 – Board Meeting Sue Rich - 01/04 - Cog Wheel Editor

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

ANNOUNCEMENTS/COMMENTS

Dick Kent related the story of his recent "blackout" experience while driving on I-81 and in heartfelt remarks, he thanked the club for all the prayers and support.

Kevin Callanan reported that we will be holding a Kaleidoscope Event in 2024. Stay tuned for details coming after the new year begins.

EVEN I MAKE-UP SLIP					
The Rotary Club of Winchester					

<i>Print</i> Your Name: _	 	 	 	
Event Attended:				

Date of Event: Committee, Board, Community Event

Date of Missed Meeting: _

(Turn in at Sergeant at Arms Desk)

Our Coats for Kids program distributed over 700 winter coats to local children in need in 2023!



In recent years, the effort has provided over 10,000 coats. The program is funded by club members. Last month, the coats were distributed through Froggy's Closet, Bright Futures, Winchester Day Preschool, Fremont Street Nursery, CCAP, Fredrick Douglass Center and Timber Ridge School. Contributions for next year can be made here at our meeting today with a check made payable to the Winchester Rotary Coats for Kids Fund.

Monthly Volunteer Opportunities: January, 2024

WATTS

Winchester Area Temporary Transitional Shelter (WATTS) is always in need of volunteers and donations. Cold weather means donations of waterproof gloves, winter hats, warm socks and thermals/long johns are always needed. This month WATTS will be at Opequon Presbyterian Church, Braddock St United Methodist Church, Clarke Co Churches (at Clarke Co Ruritan), Grace Lutheran Church, and New Life Christian Church. To volunteer or donate, contact them at https://watts-homelessshelter.org/volunteer/ or email them at execdirector@watts-homelessshelter.org.

FAMILY PROMISE

Help share their vision "to end homelessness one family at a time" by being a mentor for a struggling family. Many struggling families have no positive support system to help them through the challenges of parenting, maintaining a job and a home, relationship issues, money management, etc. To see how you can help, contact Sandi at info@familypromisensv.org or call them at 540-323-8038.

CCAP - Multiple Opportunities

- Opportunity 1: Food Service working in the warehouse, pantry sorting and stocking food: 10 a.m. 1 p.m, Mondays, Wednesdays, Thursdays, and Fridays.
- Opportunity 2: Personal Shoppers and Stockers: 9 a.m. Noon on the 2nd Saturday each month

To volunteer, contact Andrea Cosens at executivedirector@ccapwinchester.com or volunteer coordinator Onna Keller at volcoordinator@ccapwinchester.com or call CCAP at 540-662-4318.

WINCHESTER RESCUE MISSION - Dinner Service

- Date: Thursday, Jan. 4th, from 5 p.m. 6:30 p.m. (first Thursday of each month)
- Details: Rotarians who would like to serve report to the Winchester Rescue Mission (WRM) at 5pm to prepare, with dinner service from 5:30-6:30. The WRM does ask those volunteering to come to the side door and sign in. The WRM provides hair nets (or you can bring a ball cap - recommended) and gloves for serving. Residents of the WRM are responsible for all clean up as part of their sweat equity. The WRM is located at 435 North Cameron Street in Winchester.

PEACE GARDEN AT HANDLEY HIGH SCHOOL

- Date: Anytime
- Details: Weed and tidy the Rotary Peace Garden at Handley High School and/or clean the bird droppings off the Peace Pole using a non-bleach cleaner, e.g., Fantastic, and paper towels.
- NOTE: When school is in session, the Interact Club will also work to keep the garden and Peace Pole clean.

To volunteer, contact Karen Schultz at kschultz@su.edu or Pat Kofalt at pat.kofalt@gmail.com PS - Remember to save your plastic grocery and produce bags to be collected for another Trex bench that a local civic organization is working on. Bags are collected at each Thursday Rotary meeting or call Pat Kofalt (571-334-3089) to arrange an alternate collection time/place.

To volunteer, contact Jay Smith: 540-539-6324

President - Jenny Baker	Secretary - Paul Frank
President-Elect - John Lamana	Treasurer - Bob Hall

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