

- ROTARY 4-WAY TEST**
1. Is it the TRUTH?
 2. Is it FAIR to all concerned?
 3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
 4. Will it be BENEFICIAL to all concerned?



Last Meeting	
21 ZOOM	51 in person

Chartered 1921

Distinct 7570, Area 1, Club

February 1, 2024

OUR SPEAKER THIS WEEK:

Interact club presentation on the students experience at RYLA

WHAT'S COMING UP . . .

- 8-Feb Scott Trinette Volunteerism Valley Health
- 15-Feb Michael Williams Early Act
- 22-Feb Rusty Holland Concern Hotline
- 22-Feb **BOARD MEETING 6 PM Winchester Country Club**
- 29-Feb No Noon Meeting - Awards Banquet in the evening

OUR AWARDS NIGHT will be held on **February 29th** at the George Washington Hotel. No noon meeting that day. Details on tickets to follow.

WATTS - A MINI SERVICE PROJECT

Our area's temporary homeless shelter program needs supplies to replenish its shelves after this last bout of cold weather. The Impact Committee will be collecting donations at our meetings FEB 1st & 8th of the following things: Hygiene Items (small deodorants, razors, shaving cream, small hand lotions, chapstick) and Food/Snacks (coffee, powdered creamer, sugar, disposable coffee cups/plates/utensils, paper towels, tuna/chicken salad "lunch-to-go" packs, shelf-stable snacks). And of course, monetary donations are always welcome. Bring your donations to the meetings. Contact Jean Barch (520-247-8402) or Dave Miles (757-334-3771) with questions or to make alternate arrangements.



LAST WEEK'S PROGRAM

Kim Blosser, PhD who is the 5th president of **Laural Ridge Community College** spoke to us on this valuable community asset. The college was founded in 1970 in Middletown, Va. It has since grown to three location with the latest built in Warrenton and Luray/Page County. These three campuses serve over 8750 unduplicated credit students and more than 12,150 individuals in professional development, business and industry courses annually. Classes are developed for local residents based upon the changing needs of the communities within the system geography. For instance diesel mechanic school is not just for truck maintenance but also for maintaining diesel generators that run continuously at data centers, hospitals and etc. The school also provides onsite employee development throughout Winchester City, Frederick, Warren, Clarke, Fauquier, Page, Rappahannock and Shenandoah Counties. Earning your associates degree from one of Virginia's Community colleges guarantees the student acceptance to one of Virginia's many fine four year Colleges and Universities given proper classes with proper grades were taken and achieved. Class credits can be earned piecemeal or by attending classes full time. Classes range from nursing, drone pilot certification, welding, computer programming and more literally addressing the gambit of community educational needs. The Governor's School for our area is also located at two of the campuses.



Andy Gyurisin spoke briefly about his role as a fundraiser which our club has supported in past. There are other needs available such as instruction or materials necessary for certain classes like brick and mortar items. Members may contact Andy for giving opportunities.



OUR GOLF TOURNAMENT PROCEEDS: \$11,275

Last week, the Rotary Golf Committee presented the proceeds from the 2023 Rotary Golf Tournament to the beneficiary, **The Shenandoah Valley Discovery Museum**. A check in the amount of \$11,275 was presented. The funds will be used to help pay for a new Water exhibit at the Discovery Museum. Presenting the check are Les Veach, Chair of the Golf Committee and Don Louque, Committee member. Present to accept the check are Tammy Stevenson, Director of Development and Marketing, Jonathan Reimer, Club member and Discovery Museum Treasurer, and Dawn Devine (not pictured), Executive Director of the Museum.

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Absentees Jan. 25

William Aikens	Kaycee Childress	Krista Gibbs	Chris Kyser	Amy Rice
Scott Arthur	Eric Chrisman	Phil Glaiize	Alexis LaPorte	Madelyn Rodriguez
Stanley Augustine	Linda Coffman	Phil Griffin	Chris Lewis	Ben Rothermel
Lori Bales	Nancy Davis	Jenny Grooms	Paul Magness	Nancy Silva
Cyril Barch	Rosalee Delcampo	Kim Herbstritt	Dan Martin	Jonathan Snowden
Jackie Bates	Jon Elrick	Sven Hlywiak	Darla McCrary	Karey Starnes
John Blevis	Dana Evans	John Huddy	Chris Merchant	David Sweeney
Byron Brill	Sharon Farinholt	Sherry Hudson	Kent Mull	Martin Tabaka
Archie Castle	Paul Frank	James Imoh	Steve Parrish	Brandan Thomas
	Rob Frogale	David Kent	Debra Purrington	Michelle Thomas
	Robert Garrett	Dick Kent	Jon Reimer	

Make-ups* (Date & Function Attended)
Jonathan Snowden – 1/25 – Board Meeting

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

HEALTH REPORT

Libba reported that Wilson Gilbert has recovered from his dangerous bout with sepsis. He hopes to return to meetings starting with the board meeting.

Winston Lutz had hip surgery and is recovering well.

ROTARY LUNCH BUNCH!

President Jenny has asked us to once a month take out a fellow Rotarian for lunch, a glass of wine, coffee, or maybe tea. Also try to sit at a different table each meeting so that you can meet different members and get to know them better.

ROTARY ROAD TRIP

President Jenny is looking for someone to organize the next Rotary Road trip - this time, we'll take Andy Guyrisin up on his offer of a grand tour of **Laurel Ridge Community College** and perhaps enjoy dinner at either Vault & Cellar or Wayside Inn in Middletown? If you would like to organize this outing (Feb/March timeframe) please email Jenny at jennybrockwellbaker@gmail.com



BOY SCOUTS FUNDRAISER

Our local Boy Scouts will be hosting a fundraiser on March 20th at the Isaac Walton Club. No speeches but great barbecue chicken, bourbon and a celebration of Scouting.

FROTHY FRIDAYS ARE BACK!

JOIN US on the last Friday of each month!

We meet at Vibrissa (10 N. Kent St.) from 5:30-7:00 PM to celebrate having survived our latest blast of Old Man Winter. Hope to see you there!



NEXT BOARD MEETING
THURSDAY, FEBRUARY 22 6:00 PM
Winchester Country Club
All are welcome & it counts as a Make-up!

Early Bird Thursday
Hey Zoomers: Be a Last-Thursday Early Bird!
 Coming on the last Thursday of each month: [log-in at noon](#) to catch up on news, gossip, and more. Please be sure to turn on your video so we can see you!
 If you just want to catch the meeting announcements and program, we'll see you at 12:20. But you won't get a worm...

HEALTH TIP

January 31st was National Hot Chocolate day. Cocoa was first discovered by the Myah Indians around 1500 BC but wasn't enjoyed as a hot drink until around 1657 in England. From there sugar etc. began to be added making the taste we are all familiar with now. Cocoa is a good stimulant that contains anti oxidants and helps increase blood flow. It was also used as a trading item and what some solders during the Revolutionary war were paid with. So enjoy a guilt free cup of hot chocolate just be sure to brush your teeth as the sugar can promote tooth decay.



KALEIDOSCOPE

Kevin Callahan reports that Kaleidoscope is organizing now for this year. The event will be held November 8th. If you're interested in joining the committee please see Kevin.

PHIL SPRENKLE AWARD

Karen Schultz is soliciting names of worthy consideration for this award. Candidates should be mid career and demonstrate exemplary Vocational skills balanced by a life of community service. Phil Sprenkle was a long-time member of our club. The award will be given at the Awards Banquet.

ROTARY DISTRICT CONFERENCE

The District Conference is being held **March 15** at Virginia Tech. The hotel hosting the event is already filled but there are two hotels across the street convenient to the event. As is the tradition of our club, we will pay for the first 6 members to sign up to attend the conference for the first time.

REMINDER.....

Valentine's Day is coming up....February 14th!



President - Jenny Baker	Secretary - Paul Frank
President-Elect - John Lamana	Treasurer - Bob Hall

BOARD OF DIRECTORS

2023-2026	Gary Chrisman, John Elrick, Darcus Breneman, Rick Mabe
2022-2025	Wilson Gilbert, Darla McCrary, Chuck Peterson, Ridge White
2021-2024	Dave Miles, Jay Smith, Dave Sweeney, Heather Hovermale

IMMEDIATE PAST PRESIDENT - Jaime Karalis

Editor: Sue Rich

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