

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Last Meeting

21 ZOOM 53 in person

Chartered 1921

Distinct 7570, Area 1, Club

February 15, 2024

OUR SPEAKER THIS WEEK:

Michael Williams Early Act

WHAT'S COMING UP...

- 22-Feb Rusty Holland Concern Hotline
- 22-Feb BOARD MEETING 6 PM Winchester Country Club
- 29-Feb **No Noon Meeting** - Awards Banquet in the evening
- 7-Mar Amelia Stansell Rotary Action Group against slavery

OUR AWARDS BANQUET will be held on **February 29th** at the George Washington Hotel. No noon meeting that day. **Dave Kelly** told us that vegan and gluten free options will be available AND an open bar (with 2 bartenders)! Sign up online or at the club.

WATTS - A MINI SERVICE PROJECT

Jean Barch reminded us to donate to the **Winchester Area Temporary Transitional Shelter (WATTS)**, our charity this month. We're providing snacks, hygiene items, and monetary support.



Our area's temporary homeless shelter program needs supplies to replenish its shelves after this last bout of cold weather. **This Thursday, FEB 15th** is the last day we will be collecting donations at our meetings: Hygiene Items (small deodorants, razors, shaving cream, small hand lotions, chapstick) and Food/Snacks (coffee, powdered creamer, sugar, disposable coffee cups/plates/utensils, paper towels, tuna/chicken salad "lunch-to-go" packs, shelf-stable snacks). And of course, CASH donations are always welcome. Bring your donations to the meeting. Contact Jean Barch (520-247-8402) or Dave Miles (757-334-3771) with questions or to make alternate arrangements.

LAST WEEK'S PROGRAM

Scott Trivette, is the Program Manager for Volunteer Services at Valley Health. He was born in the foothills of North Carolina and has a wife, Teresa, and four children.



He has served in healthcare as both a chaplain and a patient and took the position with Volunteer Services six months ago. He encouraged club members to become volunteers if they'd like to know more about him.

Scott said he found an instant connection with Rotary based on our mutual dedication to service. He has served as a volunteer firefighter and knows the importance of service. Valley Health needs 400 volunteers daily to help across the board and "we're halfway there." He said people in the area are unaware that there is a need. He elaborated on the connections that can be made in the course of volunteering.

Some of the duties that volunteers can provide include transportation, a service which hasn't been available due to lack of resources. Training is available and there are many other opportunities available. The Valley Health website has information on volunteering, including a list of needs and an application to join their ranks. Any amount of time is appreciated but one 4-hour shift per week is preferred.

NEW MEMBER TALK



Donna Parish gave her New Member Talk. She thanked her sponsor, including her husband, Steve, and described herself as "a small town girl from GA," where she met a guy and moved to Virginia (yes, it was Steve). Married almost 20 years, loves to travel, takes care of both her mom and her mother-in-law. She got involved through Steve and is enjoying the camaraderie, charity work. Worked in retail for 20 years prior to being a caregiver. Recently been to Alaska, Greece, and Cabo, hopes to do more traveling in the future. Hopes to grow in Rotary, appreciates the friendships she has made so far.

BAGPIPES FOR THE BAND - *Concert Rescheduled*.....Watch for a NEW DATE coming.

100 YEARS AGO in October 1924 our club sponsored a series of concerts by the **Royal Scottish Highlander Band** as a fundraiser to purchase musical instruments and uniforms for the band at the newly opened **John Handley High School**. To commemorate the upcoming anniversary of this event, the **Handley 100th Anniversary Celebration Committee** is proud to present, with support from **Winchester Rotary**, a joint concert performance by the **Winchester Pipe and Drums** and the **Handley High School Concert Band**. The concert will be held in **Handley's Patsy Cline Theater**. **ADMISSION IS FREE**. This event is part of the Alumni Music Series of the Handley100th Celebration. Hopefully a large contingent from our club will be on hand as our club again comes out in force to support our community.



Absentees Feb. 08

Marc Abrams	Michelle Cody	Cheryl Fried	David Kent	Fritz Polite
William Aikens	Linda Coffman	Rob Frogale	Dick Kent	Jon Reimer
Scott Arthur	Julia Connell	Krista Gibbs	Trey Kern	Madelyn Rodriguez
Stanley Augustine	Andrea Cosans	Phil Glazie	Alexis LaPorte	Nancy Silva
Jenny Baker	Nancy Davis	Malinda Henkel	Chris Lewis	Jimmy Stafford
Lori Bales	Rosalee Delcampo	Kim Herbstritt	Paul Magness	Karey Starnes
Jackie Bates	Robert DeMay	Sven Hlywiak	Dan Martin	Martin Tabaka
Paul Burkholder	Marie DiLorenzo	Sherry Hudson	Chris Merchant	Brandon Thomas
Eric Chrisman	Dana Evans	Alex Iden	David Miles	Michelle Thomas
Lauren Clouse	Sharon Farinholt	Doug Joyner	Kent Mull	Elyus Wallace
	Ann Fox	Jaime Karalis	Steve Parrish	Ridge White
				James Youngblood

Make-ups* (Date & Function Attended)

Scott Arthur - 1/22 - Area One Meeting
 Jenny Baker - 11/30 - Board Meeting
 Gary Chrisman - 2/1 - Awards Banquet Meeting
 Dave Kelly - 2/1 - Awards Banquet Meeting
 Ed White - 1/18 - Awards Banquet Meeting
 Ridge White - 11/30 - Board Meeting

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

HEALTH TIP

Les Veach told us of the benefits of intermittent fasting, which include weight loss, reduction in blood sugar, lower blood pressure.

CAN YOU HELP?

Trey Kern made a plea for McKenna Newcome, a star athlete at James Wood, who was recently diagnosed with a rare kidney disorder and needs a kidney transplant. A GoFundMe site has been set up to assist with her expenses and has so far raised \$39,305.

SIGN OF THE TIMES

We finally found our meeting sign, the one that recent Past Presidents have distributed monthly to recognize Rotarians going above and beyond the call of duty. President Jenny presented her inaugural award to Jean Barch for all her help behind the scenes keeping our activities going.

ROTARY ROAD TRIP

President Jenny is looking for someone to organize the next Rotary Road trip - this time, we'll take Andy Gyurisin up on his offer of a grand tour of Laurel Ridge Community College and perhaps enjoy dinner at either Vault & Cellar or Wayside Inn in Middletown? If you would like to organize this outing (Feb/March timeframe) please email Jenny at jennybrockwellbaker@gmail.com



BOY SCOUTS FUNDRAISER

Our local Boy Scouts will be hosting a fundraiser on March 20th at the Isaac Walton Club. No speeches but great barbecue chicken, bourbon and a celebration of Scouting.

Thank you Dan Abel & Dave Miles for the meeting photos!

NEXT BOARD MEETING
THURSDAY, FEBRUARY 22 6:00 PM
Winchester Country Club
 All are welcome & it counts as a Make-up!

Early Bird Thursday

Hey Zoomers: Be a Last-Thursday Early Bird!

Coming on the last Thursday of each month: [log-in at noon](#) to catch up on news, gossip, and more. Please be sure to turn on your video so we can see you!

If you just want to catch the meeting announcements and program, we'll see you at 12:20. But you won't get a worm...

ROTARY DISTRICT CONFERENCE

Gary Chrisman reminds us about the District Conference, coming up on March 15-17. Gary said we have six scholarships for first-time attendees and added, "It will open your eyes and change your perspective on Rotary and its impact at the state, national, and international levels. It's also a lot of fun!"

KALEIDOSCOPE

Kevin Callanan reports that Kaleidoscope is organizing now for this year. The event will be held November 8th. If you're interested in joining the committee please see Kevin.

PHIL SPRENKLE AWARD

Karen Schultz is soliciting names of worthy consideration for this award. Candidates should be mid career and demonstrate exemplary Vocational skills balanced by a life of community service. Phil Sprenkle was a long-time member of our club. The award will be given at the Awards Banquet.

FROTHY FRIDAYS ARE BACK!

JOIN US on the last Friday of each month!

We meet at Vibrissa (10 N. Kent St.) from 5:30-7:00 PM to celebrate having survived our latest blast of Old Man Winter. Hope to see you there!



President - Jenny Baker	Secretary - Paul Frank
President-Elect - John Lamana	Treasurer - Bob Hall

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2022-2025	Wilson Gilbert, Darla McCrary, Chuck Peterson, Ridge White
2021-2024	Dave Miles, Jay Smith, Dave Sweeney, Heather Hovermale

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