

- ROTARY 4-WAY TEST**
1. Is it the TRUTH?
  2. Is it FAIR to all concerned?
  3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
  4. Will it be BENEFICIAL to all concerned?



Last Meeting	
20 ZOOM	53 in person

Chartered 1921

Distinct 7570, Area 1, Club

February 22, 2024

## OUR SPEAKER THIS WEEK:

Rusty Holland Concern Hotline

## WHAT'S COMING UP...

**22-Feb BOARD MEETING**  
**THURSDAY NIGHT**  
**6 PM Winchester Country Club**

← 29-Feb **No Noon Meeting** - Awards Banquet in the evening →

## NEXT WEEK!!!

### OUR AWARDS BANQUET

will be held next week February 29th at the George Washington Hotel.

No noon meeting that day. Dave Kelly told us that vegan and gluten free options will be available AND an open bar (with 2 bartenders)!

Tricia Simpson said this week is your LAST CHANCE to sign up for our fun and flashy evening at the GW. See Tricia Simpson or Dave Kelly to get on the list. Payment is at the door and it promises to be a fun evening. Sign up online or at the club.



### FAMILY CHILI COOK-OFF!

Calling all chili chefs: Show us what you've got! Entry fee is \$30. Sat., Mar 23rd, 6pm, at Isaac Walton League Lodge. Grand Prize, blue ribbon and bragging rights go to the winner. This is a fundraiser for our Club, so bring your family out and vote for the best chili our Club has to offer! Besides chili, there will be mac 'n cheese, coleslaw, cornbread, desserts, beer, wine, & lemonade (with vegetarian, vegan & gluten free options). All you can eat for \$25/adult and \$10/under 12. Plus there will also be a CHINESE RAFFLE! Check out the website for more details. To sign up or for more info, contact DAN MARTIN (703-434-1021, danmartin1961@yahoo.com) or JEAN BARCH (540-247-8402, barchfam@comcast.net). See flyers on the Thursday meeting lunch tables.

### LAST WEEK'S PROGRAM

Michael Williams, the current President of the Warren County Rotary Club and a member since 2009, spoke to us about starting an Early Act Club for elementary aged children. Michael has helped start two such clubs, as well as two Middle School clubs, and he expounded upon the benefits of membership for the children who participate.



A typical Early Act Club is open to children ages kindergarten to 5th grade, and they meet once per month for 45 minutes. Michael's own club meets in three different age ranges, but the older members sometimes meet with the younger ones to act as big brothers or big sisters.

At club meetings, the kids have snacks and do on-site projects for the school such as trash clean up, gardening, and other custodial duties, as well as making cards and other artwork for local veterans and senior citizens. Michael's clubs have also proven to be quite adept at fundraising for various local community needs, including spare change drives and food collections.

Michael also takes his club members on field trips to Washington, DC, and to other local attractions. His investment in his own school's club has resulted in membership growth from less than 30 kids to more than 140.

The key to a successful Early Act Club is to have a passionate and engaged faculty member at the school who can help coordinate with the help of a local Rotarian. Michael offered to be a resource for anyone interested in helping.



### WATTS - A MINI SERVICE PROJECT

Thank you all for your donations.....they are all very much appreciated.

### BAGPIPES FOR THE BAND - Concert Rescheduled.....Watch for a NEW DATE coming.



100 YEARS AGO in October 1924 our club sponsored a series of concerts by the Royal Scottish Highlander Band as a fundraiser to purchase musical instruments and uniforms for the band at the newly opened John Handley High School. To commemorate the upcoming anniversary of this event, the Handley 100th Anniversary Celebration Committee is proud to present, with support from Winchester Rotary, a joint concert performance by the Winchester Pipe and Drums and the Handley High School Concert Band. The concert will be held in Handley's Patsy Cline Theater. **ADMISSION IS FREE.** This event is part of the Alumni Music Series of the Handley 100th Celebration. Hopefully a large contingent from our club will be on hand as our club again comes out in force to support our community.

<b>Absentees Feb. 15</b>	Gary Chrisman Dan Abel William Aikens Scott Arthur Stanley Augustine Lori Bales Jackie Bates Darcus Breneman Byron Brill Kerri Burkhart Paul Burkholder	Phil Glaize Jenny Grooms Bob Hall Kim Herbstritt Sven Hlywiak John Huddy Sherry Hudson Doug Joyner David Kelly David Kent Dick Kent	Chris Kyser Alexis LaPorte Chris Lewis Paul Magness Dan Martin Neile Martin Chris Merchant David Miles Kent Mull Cary Nelson Steve Parrish	Chuck Peterson Madelyn Rodriguez Nancy Silva Jimmy Stafford Karey Starnes David Sweeney Brandon Thomas Michelle Thomas Ajay Virmani Ben Weber
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**Make-ups\*** (Date & Function Attended)  
 Gary Chrisman – 1/18 – Awards Night Meeting  
 David Kelly – 1/18 – Awards Night Meeting  
 Ed White – 1/18 – Awards Night Meeting

**Turning in a Make-up?**  
 Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

**Health Report**

Dick Kent is back in Florida and recovered from his pacemaker installation, Bill Huehn had a stroke and is now in the medical unit at Westminster Canterbury but should be moving back to his apartment before the next meeting.

**Libba's Health Tip**

The health benefits of avocados, which are classified as berries, believe it or not. They were first grown in Mexico and Central America but have since spread to the United states. There are 5,000 avocado farms in California alone - which partly explains the water shortage there. A 7oz. serving is packed with protein, fiber, anti-oxidants & minerals (not to mention fats and carbs).

Health benefits include lowering your cholesterol and reducing your chances of heart disease. Avocados are also good for pregnant women and those who are nursing. So, eat more avocados – just maybe not the chips and salsa that come with them.

**ROTARY ROAD TRIP**

President Jenny is looking for someone to organize the next Rotary Road trip - this time, we'll take Andy Gyurisin up on his offer of a grand tour of Laurel Ridge Community College and perhaps enjoy dinner at either Vault & Cellar or Wayside Inn in Middletown? If you would like to organize this outing (Feb/March timeframe) please email Jenny at [jennybrockwellbaker@gmail.com](mailto:jennybrockwellbaker@gmail.com)



**BOY SCOUTS FUNDRAISER**

Our local Boy Scouts will be hosting a fundraiser on March 20th at the Isaac Walton Club. No speeches but great barbecue chicken, bourbon and a celebration of Scouting.

Thank you Les Veack for the meeting photos!

**NEXT BOARD MEETING**  
**THURSDAY, FEBRUARY 22 6:00 PM**  
*Winchester Country Club*  
 All are welcome & it counts as a Make-up!

**Early Bird Thursday**  
**Hey Zoomers: Be a Last-Thursday Early Bird!**  
 Coming on the last Thursday of each month: [log-in at noon](#) to catch up on news, gossip, and more. Please be sure to turn on your video so we can see you!  
 If you just want to catch the meeting announcements and program, we'll see you at 12:20. But you won't get a worm...

**ROTARY DISTRICT CONFERENCE**

Gary Chrisman reminds us about the **District Conference**, coming up on **March 15-17**. Gary said we have a few scholarships for first-time attendees and added, *"It will open your eyes and change your perspective on Rotary and its impact at the state, national, and international levels. It's also a lot of fun!"*

**KALEIDOSCOPE**

Kevin Callanan reports that Kaleidoscope is organizing now for this year. The event will be held November 8th. If you're interested in joining the committee please see Kevin.

**PHIL SPRENKLE AWARD**

Karen Schultz is soliciting names of worthy consideration for this award. Candidates should be mid career and demonstrate exemplary Vocational skills balanced by a life of community service. Phil Sprenkle was a long-time member of our club. The award will be given at the Awards Banquet.

**SNEAKERS AND BOOKS WANTED!**

The **Handley Interact Club** is collecting used tennis shoes, as well as gently used books for children ages kindergarten to 2nd grade. See **Tootie Rinker for more information** and look for the box at our next few meetings!



**OTHER FUN:** Paul Frank referenced the flyers on the tables for a Bingo Night fundraiser at Winchester Day Preschool is hosting on February 22nd. Great prizes available, see Paul for more information.

**FROTHY FRIDAYS ARE BACK!**

***THIS FRIDAY!!!***

**JOIN US** on the last Friday of each month!

We meet at Vibrissa (10 N. Kent St.) from 5:30-7:00 PM to celebrate. Hope to see you there!



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