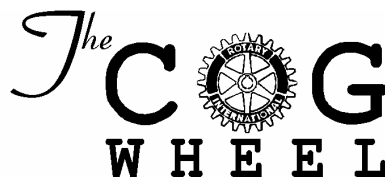


#### ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



#### Last Meeting

14 ZOOM

56 in person

Chartered 1921

Distinct 7570, Area 1, Club

March 7, 2024

## OUR SPEAKER THIS WEEK:

**Kit Redmer, Communication Director for the City of Winchester**

### WHAT'S COMING UP...

- 10 Mar Spring Time Change
- 14-Mar Jenny Grooms New Member Talk
- 21-Mar Dr. Shields of S U S.U.
- 23-Mar Family Chili Cook-Off, 6pm, Isaac Walton League Lodge
- 28-Mar Interactive meeting Jean Barch/Membership team
- 31 Mar Easter Sunday
- 4-Apr Sheriff Behan Winchester Kayla Foreman
- 4-April Pre-Queen's Dinner Civic Club Appreciation Event  
At 5 PM at The Village at Orchard Ridge Chapel
- 11-Apr Kaycee Childress/ George Hummer New Member Talk
- 18-Apr Cabell Angle New Eve Maternity Home

#### FAMILY CHILI COOK-OFF!

Calling all chili chefs: Show us what you've got! Entry fee is \$30. Sat., Mar 23rd, 6pm, at Isaac Walton League Lodge. Grand Prize, blue ribbon and bragging rights go to the winner. This is a fundraiser for our Club, so bring your family out and vote for the best chili our Club has to offer! Besides chili, there will be mac 'n cheese, coleslaw, cornbread, desserts, beer, wine, & lemonade (with vegetarian, vegan & gluten free options). All you can eat for \$25/adult and \$10/under 12, under 5 FREE. Plus there will also be a CHINESE RAFFLE! Check out the website for more details. To sign up or for more info, contact DAN MARTIN (703-434-1021, danmartin1961@yahoo.com) or JEAN BARCH (540-247-8402, barchfam@comcast.net). Watch for flyers on the Thursday meeting lunch tables.



#### LAST WEEK'S AWARDS NIGHT

About 100 Rotarians and their significant others enjoyed a lovely evening celebrating the accomplishments of several club members. Special thanks to Dave Kelly, Tricia Simpson, Ed White and Gary Chrisman for making the evening possible!



The Rotary Club of Winchester  
2024 Awards Banquet



Service Above Self

February 29, 2024  
The George Washington Hotel  
Winchester, Virginia

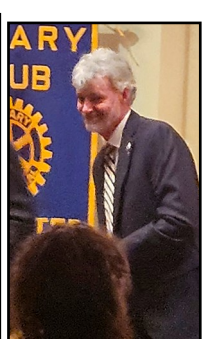
**Major Donor: Chris Lewis**

**William S. Skelton Fellow: Sven Hlywiak**

**Phil Sprenkle: Heather Hovermale**

**Distinguished Service Award:  
Jaime Karalis and Ridge White**

**Distinguished Service Award Plus:  
Tootie Rinker and Dennis McLoughlin**



MORE PHOTOS AT:

<https://www.rotaryclubofwinchester.org/>

**Absentees Feb. 22**

Marc Abrams  
William Aikens  
Stanley Augustine  
Lori Bales  
Cyril Barch  
Jean Barch  
Jackie Bates  
Kim Blosser  
Jan Bresch  
Byron Brill

Kerri Burkhardt  
Paul Burkholder  
Kevin Callanan  
Kaycee Childress  
Eric Chrisman  
Michelle Cody  
Linda Coffman  
Julia Connell  
Andrea Cosans  
Anthony Crosen  
Nancy Davis

Rosalee Delcampo  
Marie DiLorenzo  
John Elrick  
Dana Evans  
Sharon Farinholt  
Ann Fox  
Cheryl Fried  
Rob Frogale  
Robert Garrett  
Krista Gibbs  
Phil Glaze

Phil Griffin  
Jenny Grooms  
Kim Herbstritt  
Sven Hlywiak  
Heather Hovermale  
Sherry Hudson  
Alex Iden  
James Imoh  
David Kent  
Dick Kent

Alexis LaPorte  
Chris Lewis  
Paul Magness  
Chris Merchant  
Kent Mull  
Debra Purrington  
Amy Rice  
Madelyn Rodriguez  
Andy Schwartzman  
Roy Schwarz  
Irv Shendow

**Make-ups\*** (Date & Function Attended)  
Bob Hall - 1/25 - Board Meeting

**Turning in a Make-up?**

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

**Health Tip:****Take a Break**

- Take a deep breath in and then slowly out.
  - Clear your mind.
- Take another deep breath in and then slowly out.
  - Feel your body relax.
- Take another deep breath in and slowly out.
  - Feel yourself letting go and becoming more relaxed.
- Take one more deep breath and slowly breathe out.

**COME OUT FOR A SCREENING - MARCH 28th**

*"The Wooden Bowl,"* a film about Alzheimer's which stars our very own Nick Nerangis and a panel discussion on Alzheimers & caregiving.

>> March 28, 7-8:30 p.m. at Stimpson Auditorium, Shenandoah Univ.

>> \$10 donation to support Seniors First (organized by Shenandoah University)

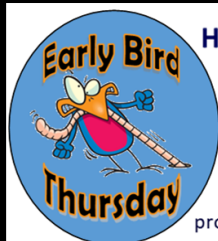
>> Film time: 35 minutes; followed by a discussion panel featuring the Director, Connie Lamothe, Nick Nerangis, Jayne Seymore (local dementia caregiving expert) and Melissa Ochoa (local nurse practitioner AD expert) We'll send an email with the link to buy tickets soon.

**APPLE BLOSSOM QUEEN'S DINNER**

The Apple Blossom Queen's Dinner is coming on April 28th, according to Apple Blossom representative Jill Karalis. It will be emceed by Don Louque, III, and will include drinks! (A coincidence? We think not.)

AND, once again, the Rotary Club of Winchester Board has agreed to 'subsidize' the purchase of Queen's Dinner tickets to ensure our presence is felt at the event.

Don Louque will be selling tickets on behalf of the Club. They can be purchased and picked up starting Thursday, March 21st. Cost is \$50 per ticket and you'll receive a companion ticket for free (**BOGO**). Purchasers should bring a check for \$50 made out to the Rotary Club of Winchester or cash (exact \$\$ preferred). Tickets are limited and first come/first served. If you would like to 'reserve' a pair of tickets, please contact Don Louque at [don\\_louque@hotmail.com](mailto:don_louque@hotmail.com).

**Hey Zoomers: Be a Last-Thursday Early Bird!**

Coming on the last Thursday of each month: [log-in at noon](#) to catch up on news, gossip, and more. Please be sure to turn on your video so we can see you!

If you just want to catch the meeting announcements and program, we'll see you at 12:20. But you won't get a worm...

**ROTARY DISTRICT CONFERENCE**

**Tootie told us** - District Conference is March 15-17 - FREE for first-timers (1 nights stay and conference registration). *"It will open your eyes and change your perspective on Rotary and its impact at the state, national, and international levels. It's also a lot of fun!"*

**KALEIDOSCOPE**

Kevin Callanan reports that Kaleidoscope is organizing now for this year. The event will be held November 8th. If you're interested in joining the committee please see Kevin.

**SNEAKERS AND BOOKS WANTED!**

The **Handley Interact Club** is collecting used tennis shoes, as well as gently used books for children ages kindergarten to 2nd grade. See **Tootie Rinker** for more information and look for the box at our next few meetings!

**BOY SCOUTS FUNDRAISER - COMING UP!**

Our local Boy Scouts will be hosting a fundraiser on March 20th at the Isaac Walton Club. No speeches but great barbecue chicken, bourbon and a celebration of Scouting.



Dan Martin says Dave Kohler's trailer had tubs with banners. In the bottom of the tubs were documents from the 1940's, take some from the sergeant of arms desk!

**FROTHY FRIDAYS ARE BACK!**

**JOIN US** on the last Friday of each month!

We meet at Vibrissa (10 N. Kent St.) on Fridays from 5:30 - 7:00 PM to celebrate.

*Hope to see you there!*



President - Jenny Baker  
President-Elect - John Lamana

Secretary - Paul Frank  
Treasurer - Bob Hall

**BOARD OF DIRECTORS**

2023-2026 Gary Chrisman, John Elrick, Darcus Breneman, Rick Mabe  
2022-2025 Wilson Gilbert, Darla McCrary, Chuck Peterson, Ridge White  
2021-2024 Dave Miles, Jay Smith, Dave Sweeney, Heather Hovermale

**IMMEDIATE PAST PRESIDENT - Jaime Karalis**

Editor: Sue Rich

Reporter: Dave Smith