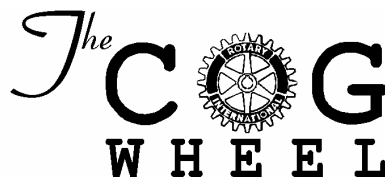


ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Last Meeting

15 ZOOM 55 in person

Chartered 1921

Distinct 7570, Area 1, Club

April 11, 2024

April 11th No Noon Meeting MEMBERSHIP SOCIAL 6-8 PM

Winchester Country Club

- 18-Apr Cabell Angle New Eve Maternity Home
 25-Apr Tim Youmans City Plannina Dept. - Street Names
 25-Apr **BOARD MEETING**
6 pm at Winchester Country Club
 April 26-May 5 Shenandoah Apple Blossom Festival 2024
 2-May Apple Blossom Queen's Dinner

MEMBERSHIP SOCIAL - APRIL 11th

Winchester Country Club, 6-8pm

All Club members are invited to attend to support the Club's efforts in attracting new members. To that end, please consider bringing someone that you think would make a good Rotarian to hear all about Rotary. This is the perfect opportunity for that person you have been trying to get to a lunch meeting but who always seems too busy. Treat them to a social hour where they can relax, mingle and experience a no-pressure informative social gathering in conjunction with the Frederick Co and Northern Shenandoah Valley clubs. Light fare and a cash bar will be provided.

Even if you don't have a possible member to bring, come share your enthusiasm for Rotary with others as we try to attract good quality new members.

Please let a Membership Committee member (Tricia Simpson, Libba, Don Louque, Rick Mabe, Andrea Cossens, Dave Sweeney, Cary Nelson, Jean Barch) or Jenny Baker know if you are planning on coming and if you will have a guest.

ROTARY GOLF

The Rotary Golf Committee is starting to prepare for this October's tournament. If you would like to join the committee or if you have a suggested beneficiary for the 2024 tournament, please reach out to Les Veach, Chairman,



NEXT BOARD MEETING
THURSDAY, APRIL 25 6:00 PM

Winchester Country Club

All are welcome & it counts as a Make-up!

OUR LAST PROGRAM

Winchester City Police Chief Amanda Behan shared updates with the club. She took the lead position in October 2022 as the city's first female police chief and is still one of the 3% of police executives nationally who are female. Approximately 12% of the overall national police force is female, but Winchester's average is up to 22%.



Chief Behan grew up just five miles south of Winchester and credits her hard work ethic to her father and her willingness to put others' needs first to her mother. She said her staff are her number one priority, followed closely by the community she serves and protects.

One of Chief Behan's first orders of business upon accepting the job was to update the force's Vision statement and turn it into a Values statement, describing her force as "community-forward, officer-focused." She said her force used to be reactive but are becoming more proactive by establishing community contacts with groups like Shenandoah University, the Winchester school system, and Valley Health. Her goal is to head off trouble before it starts.

She cited traffic incidents around the city limits as an example, which she was shocked to learn averaged 90 per month. By focusing resources on the most problematic areas, that dropped to 70 with some months as low as the 50's. She also pointed to the increased use of Narcan to save countless lives from opiod overdoses. That led to a discussion on fentanyl, a highly potent (and toxic) narcotic that "is in everything now," according to Chief Behan.

She is also proud of her department's work with the local homeless population, most of whom have mental health issues and substance abuse; roughly 70% of the latter are due to alcohol use. The police force has helped get more addicts into treatment.

Chief Behan had to reduce her budget by 5% last year, which has made it difficult to increase the police force in preparation for projected population growth. She relies on the Winchester Police Foundation to fund community efforts like a K9 unit, the Kids and Cops at Camp program, and the Project Lifesaver, which uses chip technology to track individuals with cognitive impairment and at-risk children.

She credited body cams for keeping her department's "use of force" incidents to a minimum. (There were less than 30 incidents in 2023, and that includes minimal force such as holding someone's arm to lead them.) She said Winchester's police department has always been ahead of the curve when it comes to use of force and had already prohibited hazardous restraint techniques long before the George Floyd incident in May 2020.

Absentees Apr. 4th	Linda Coffman	Jenny Grooms	Rick Mabe	Ben Rothermel
William Aikens	Julia Connell	Kim Herbstritt	Paul Magness	Kit Rutherford
Loir Bales	Anthony Crosen	Sven Hlywiak	Dan Martin	Roy Schwarz
Cyril Barch	Nancy Davis	John Huddy	Chris Merchant	Nancy Silva
Jackie Bates	Rosalae Delcampo	Sherry Hudson	Kent Mull	Jimmy Stafford
John Blevis	Marie DiLorenzo	Doug Joyner	Cary Nelson	Kathy Tagnesi
Kim Blosser	Dana Evans	David Kent	Steve Parrish	Brandon Thomas
Kerri Burkhart	Sharon Farinholt	Dick Kent	Chris Redmer	Michelle Thomas
Eric Chrisman	Rob Frogale	Chris Kyser	Amy Rice	Ajay Virmani
Gary Chrisman	Krista Gibbs	Alexis LaPorte	Tootie Rinker	Elyus Wallace
Lauren Clouse	Phil Glaize	Chris Lewis	Madelyn Rodriguez	James Youngblood

Make-ups* (Date & Function Attended)
 Cyril BArch - 3/19 - HFOH Committee Meeting
 Gary Chrisman - 2/22 - Awards Night Meeting
 Chris Kyser - 3/23 - HFOH Committee Meeting
 Rick Mabe - 3/23 - HFOH Committee Meeting

Turning in a Make-up?
 Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.



APPLE BLOSSOM QUEEN'S DINNER

The Apple Blossom Queen's Dinner is Thursday, May 2nd, according to Apple Blossom representative Jill Karalis. It will be emceed by Don Louque, III, and will include drinks! (A coincidence? We think not.) Don said the Queens dinner tickets are all sold, so no need to ask about them anymore.

LITTLE THEATER NIGHT



Our Winchester Little Theater Night will be held on May 9th. The evening will include dinner at Oakcrest followed by 'The Spitfire Grill' at the Winchester Little Theater. Tickets are \$25 per person.

NEW MEMBER INDUCTIONS

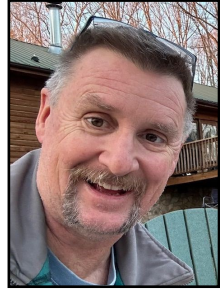
Angie Hausman, Larry Cain, and Pat Finn joined our ranks. Please welcome them to the club next time you see them and stay tuned for their New Member talks!



Angie



Larry



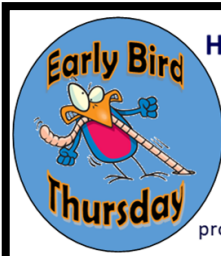
Pat

LUNCH OPTIONS

President Jenny asked club members if they are interested in having gluten free options at lunch. If you want this option please let Jenny know.

2025 DISTRICT CONFERENCE

Mark your calendar! President Jenny encouraged members to start planning for the 2025 District Conference which will be held at The Inn at Virginia Tech - April 4th-6th next year.



Hey Zoomers: Be a Last-Thursday Early Bird!

Coming on the last Thursday of each month: [log-in at noon](#) to catch up on news, gossip, and more. Please be sure to turn on your video so we can see you!

If you just want to catch the meeting announcements and program, we'll see you at 12:20. But you won't get a worm...

HEALTH TIP

Libba shared that April is a good time to talk about cancer awareness and encouraged everyone to get 30 minutes of exercise a day, which has been shown to reduce all types of cancer.

The first official cancer diagnoses occurred in the 1700s and were tied to the use of snuff and the vocation of chimney sweeping. (We now know that pretty much everything else causes cancer eventually...)

APPLE BLOSSOM FLOAT

Wilson Gilbert said that the 2024 Rotary Apple Blossom float will use our Healing Fields of Honor as a primary theme. Wilson said that they are still looking for a few young riders for our float, preferably ages 7-11.



NEW MEMBERSHIP CATEGORIES!

The Board recently approved a new membership category called "ACTIVE SERVICE". This type of membership is for those people who can't commit to attending meetings but want to be involved in service projects and fundraising. Dues are the same as for an E-member (\$88/qtr). This is the perfect category for the person too busy for more meetings but who has a service-minded heart.

"FAMILY MEMBERSHIP" is also a relatively new category. This is for those people who have someone else in the immediate family who would also like to be a Rotarian. Reduced dues of \$68/qtr are applied to the second family member. Do you have a spouse or significant other that is always involved with Rotary? This is a great, inexpensive option for them to truly feel a part of the Club. If you have any questions about membership categories, contact Jean Barch at 540-247-8402 or barchfam@comcast.net

OUR NEXT FROTHY FRIDAY IS APRIL 26th

Frothy Friday will be meeting at a special place this month! Since the Bloomin' Wine Fest on the Old Town Mall is being held the same day, let's all meet at EL CENTRO and enjoy the festive atmosphere. 5:30-7pm



Come earlier if you want to help us save seats. Let's get our Bloom on! **Hope to see you there!**

President - Jenny Baker Secretary - Paul Frank
 President-Elect - John Lamana Treasurer - Bob Hall

BOARD OF DIRECTORS

2023-2026 Gary Chrisman, John Elrick, Darcus Breneman, Rick Mabe
 2022-2025 Wilson Gilbert, Darla McCrary, Chuck Peterson, Ridge White
 2021-2024 Dave Miles, Jay Smith, Dave Sweeney, Heather Hovemale