

ROTARY 4-WAY TEST

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERNED?

THE ROTARY CLUB OF WINCHESTER, VA #5781

**CREATE
LASTING
PEACE**

THE COG WHEEL

Chartered 1921

District 7570, Area 1

October 22, 2026

Oct. 15 - Attendees: 55 | Zoom: 14



UPCOMING EVENTS



Oct 22: Glen Habbershaw: Toastmasters



Oct 22: BOARD MEETING, 5:30 WCC



Oct 29: Brandi Boies: Laurel Ridge CC



Nov 5: Interactive Game Meeting!



Nov 12: Cynthia Schneider: Chamber CEO



Nov 19: Mark Nantz: Valley Health CEO



**Nov 26: NO MEETING - HAPPY
THANKSGIVING!**



Dec 3: John Jewell: Frederick Co.



Ridge White and **John Lee** (not pictured) picked up 115 pounds of recyclable plastic from **Jo Pugh's** team at Buettner Tire on Friday. Thanks to help from **Pat Finn** and **Pat Kofalt** and a growing community participation including Signet Marketing Solutions and SU, Winchester Rotary now delivers about 150 pounds weekly to Trex and has recycled over 5,000 pounds in the past three years!

MENTORS MEETING

Oct. 22nd | 11am
RSVP TO CHRIS KYSER



LAST WEEK'S PROGRAM

At last week's meeting, Jeff Hodes, a cemetery industry veteran of more than 47 years, explained what "green burial" really means — and why there are many shades of green. He pointed out that natural burial is gaining attention as an environmentally conscious alternative to traditional burial and cremation.



Jeff explained that natural burial generally eliminates three things: chemical embalming, concrete burial vaults, and conventional caskets containing metals or finishes. Instead, biodegradable materials such as pine caskets or burial shrouds allow a simpler return to the earth.

He emphasized that natural burial isn't necessarily new; in many ways, it's a return to practices common before the Civil War. He also discussed newer alternatives, including water cremation and human composting.

A few cemeteries near Winchester, such as Cool Springs in Berryville and Duck Run near Harrisonburg, offer natural burial options, although their environmental practices differ. Jeff underscored the need to understand the differences and choices before making a decision.

THE GREAT STORAGE SHUFFLE



On Saturday, **Jean Barch, Bob Hall, Trey Kern, Pat Kofalt** and **Dan Martin** moved our stored items to their new home in Stonewall Industrial Park, generously provided by **Ridge White**.

HONOR OUR VETERANS - NOV. 2ND

Join fellow Rotarians, Kiwanians, and Elks Club members in accompanying veterans on a special trip to Washington, D.C., to visit the **National Military Monument** which will only be on display until Nov. 12th. This is an opportunity to honor our veterans, hear their stories, and share a meaningful day with them. The bus departs from the **Moose Club on Cork Street at 8:00 a.m.** Most of the 54 seats are reserved for veterans, but there are a few for those that would like to join them. There is no charge to participate. To sign up, contact **Jim Coots** at jamescoots31@gmail.com.



HEALTH REPORT

Darcus reported that **Wilson Gilbert** who has been MIA for some time is currently under the weather, but hopes to return soon. She also welcomed **Ridge White** back after a series of hospital visits.



HEALTH TIP

Sleep is essential to good health, but what if you have no safe place to sleep? For **Shine A Light Day/World Homeless Day**, October 10th, our own **Lauren Clouse** spent a night on a bench outside the Winchester Rescue Mission to raise awareness of the needs of people experiencing homelessness. A powerful reminder that good health begins with shelter and security.

BIRTHDAYS: Tom W. Byrd (14th), Adel Guirguis (18th), Emily Haley (19th).

ANNIVERSARIES: Rick Mabe (7 yrs), Eric Chrisman (7yrs).

ABSENTEES OCT 15TH:

Marc Abrams	Marie DiLorenzo	Lowell Henderson	Selena Littman	Kip Rutherford
William Aikens	Dale Ervin	Kim Herbstritt	Emily Maddox	Roy Schwarz
Jenny Baker	Pat Finn	Sven Hlywiak	Paul Magness	Jay Smith
Lori Bales	Sarah Fishel	Sherry Hudson	Jenni Martin	Jimmy Stafford
Jackie Bates	Ann Fox	George Hummer	Darla McCrary	Kathy Tagnesi
Kim Blosser	John Fox	John Jewell	Chris Merchant	Michelle Thomas
Byron Brill	Paul Frank	Dave Kelly	Cary Nelson	Les Veach
Kerri Burkhart	Rob Frogale	Dave Kent	Steve Parrish	Elyus Wallace
Tom T. Byrd	Krista Gibbs	Dick Kent	Skip Phillips	Ben Weber
Linda Coffman	Jenny Grooms	Erin Kinnaman	Jo Pugh	Jessica White
Julia Connell	David Gurak	Alexis LaPorte	Thomas Racca	Audi Wynn
Anthony Crosan	Emily Haley	Ronnie Lewis	Mary Riley	

WE MISSED YOU!

CASINO COMMITTEE MEETING

Oct. 22nd | 11am



CASINO TICKETS!



Get your tickets by scanning the QR Code or from one of these people:

- **Michelle Cody**
- **Glen Habbershaw**
- **Bob Hall**
- **Malinda Henkel**
- **Trey Kern**
- **John Lamanna**
- **Selena Littman**
- **Diane Ruckman**
- **Irv Shendow**

TREE TO HONOR ROTARIANS

The Community Foundation of the NSV will be planting a tree at the Rotary pavilion in the park right after this Thursday's meeting (about 1:30) to honor its founding Rotarians.

Please plan on attending.

Ace of Spades Jackpot: \$388

JUST 90 MINUTES CAN HELP FEED 100 FAMILIES!

CLICK OR SCAN HERE.



Help prepare meals for more than **100 local families** at the Knights of Columbus Hall **9:30 - 11am**. Whether you're a seasoned cook or have never stepped into a commercial kitchen, there's a place for you. Come help us feed our neighbors at **519 S Cameron St in Winchester**. **We really need additional volunteers!**



THE ROTARY CLUB OF WINCHESTER
P.O. Box 2686, Winchester, VA 22604

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